



OLV Uslar

Orientierungslauf-Leichtathletik Verein Uslar e.V.

INVITATION 5 DAYS ORIENTEERING

05. - 10. JULY 2026

IN USLAR-ESCHERSHAUSEN / GERMANY

Spend a beautiful and eventful week of orienteering vacation in the Uslar region in the Solling-Vogler Nature Park.

Competition center:

Sports facility in Uslar, district of Eschershausen

Open from Friday, 03.07.2026, 12:00 to Saturday, 11.07.2026, 12:00.

Competitions:

All stages in Uslar and Eschershausen, i.e. short distances.

Starts between 10:00 and 12:00.

Sunday	05.07.	Sprint distance, Uslar
Monday	06.07.	Middle distance
Tuesday	07.07.	Long distance
Wednesday	08.07.	Rest day
Thursday	09.07.	Long distance
Friday	10.07.	Middle distance

Categories:

M/W10 accompanied, M10, M12, M14, M16, M18, M20, M21E, M21K (short), M35, M40, M45, M50, M55, M60, M65, M70, M75, M80.

W10, W12, W14, W16, W18, W20, W21E, W21K (short), W35, W40, W45, W50, W55, W60, W65, W70, W75, W80.

Open short, Open medium, Open medium easy, Open long.

If there are fewer than 6 participants, categories can be merged.

No overall ranking in Open categories.

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Results:

Proportional point system (stage winner = 100 points), the best 4 of 5 stages count in the overall ranking.

Maps:

1:10.000/1:7.500, equidistance 5 m, 2026; sprint 1:4.000/1:3.000.

Terrain:

Typical German low mountain range with steep slopes and flat sections. Varying runnability. Sprint: Uslar urban area.

Punch system:

SPORTident

Training:

Friday, 03.07. and Saturday, 04.07., on site.

Starting fees:

Registration until:	31.12.2025	31.03.2026	31.05.2026
Youth -18	60 €	60 €	70 €
Adults 19-	80 €	90 €	100 €
Open categories	15 € per stage	15 € per stage	15 € per stage
Children-O	free	free	free

Last registration deadline: 31.05.2026

Late registrations are limited (plus 20 €).

Registration:

www.orienteeringonline.net

The registration is only valid if all starting fees have been paid in the correct amount on the respective payment date.

Payment:

Bank transfer with intended purpose: "5T-OL, names of runners" to:

OLV Uslar

IBAN: DE90262616930040600701

BIC: GENODEF1HDG

Transfers from other countries must be made without deduction of fees for the organiser.

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Accommodation:

Camping at the competition centre with own tents/caravans

03.07. - 11.07.2026

40 € per person (without electricity), 50 € per person (with electricity).

Attention: Only a limited number of spaces! Allocation according to the order of valid registration!

Hotels, guesthouses, holiday flats and pensions via:

www.gasthaus-johanning.de, www.uslar.de, www.solling-vogler-region.de

Contact:

OLV Uslar

Werner Drese

Amelither Str. 88

D-37194 Bodenfelde-Polier

E-mail: event@olv-uslar.de

<https://www.olv-uslar.de>

Important information (insurance):

Participation is at your own risk! Each participant is responsible for ensuring adequate insurance; the organisers, hosts, forest owners and the forestry accept no liability whatsoever.

Data privacy information:

We would like to point out that the competition is a public event. We reserve the right to create, process and distribute image and sound recordings of participants and guests as well as results for public relations purposes, unless they object in individual cases. The legal basis for this is Art 6 Abs. 1 Lit. f DSGVO.



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