

| Pl | Zeit | | Verein | | Namen | | | | | | | | Kat |
|---|--------|-------|--------|-------|-------|--------|--------|-------|--------|-------|--------|--------|-------|
| Bahn 1 (6) | | | | | | | | | | | | | |
| 4,5 km 170 Hm | | | | | | | | | | | | | |
| 7/30 P (Forts.) | | | | | | | | | | | | | |
| A(32) | B(41) | 45 | 47 | C(46) | 49 | 54 | D(52) | E(56) | 51 | F(65) | G(100) | Ziel | |
| 3:07 | 8:51 | 17:07 | 18:02 | 20:31 | 25:49 | 28:31 | 32:53 | 36:47 | 39:58 | 45:15 | 48:13 | 49:29 | |
| 3:07 | 5:44 | 8:16 | 0:55 | 2:29 | 5:18 | 2:42 | 4:22 | 3:54 | 3:11 | 5:17 | 2:58 | 1:16 | |
| *100 | | | | | | | | | | | | | |
| 48:53 | | | | | | | | | | | | | |
| A(32) | 38 | 39 | 37 | B(41) | 40 | 43 | 42 | 44 | C(46) | D(52) | E(56) | 55 | 51 |
| 3:19 | 14:35 | 16:01 | 19:23 | 20:29 | 25:44 | 28:11 | 30:09 | 31:13 | 33:56 | 42:45 | 46:54 | 50:42 | 52:18 |
| 3:19 | 11:16 | 1:26 | 3:22 | 1:06 | 5:15 | 2:27 | 1:58 | 1:04 | 2:43 | 8:49 | 4:09 | 3:48 | 1:36 |
| 35 | 34 | F(65) | G(100) | Ziel | | | | | | | | | |
| 53:43 | 54:59 | 60:08 | 64:16 | 68:12 | | | | | | | | | |
| 1:25 | 1:16 | 5:09 | 4:08 | 3:56 | | | | | | | | | |
| A(32) | 33 | 48 | 36 | B(41) | 45 | C(46) | 47 | 49 | 54 | D(52) | E(56) | 58 | 60 |
| 3:22 | 8:39 | 12:53 | 15:00 | 17:54 | 23:41 | 27:02 | 29:37 | 33:51 | 38:02 | 39:38 | 44:51 | 48:40 | 50:33 |
| 3:22 | 5:17 | 4:14 | 2:07 | 2:54 | 5:47 | 3:21 | 2:35 | 4:14 | 4:11 | 1:36 | 5:13 | 3:49 | 1:53 |
| 70 | 63 | F(65) | G(100) | Ziel | | | | | | | | | |
| 52:56 | 54:04 | 56:14 | 59:18 | 68:14 | | | | | | | | | |
| 2:23 | 1:08 | 2:10 | 3:04 | 8:56 | | | | | | | | | |
| 5 | | | | | | | | | | | | | |
| 78:54 SC Klecken | | | | | | | | | | | | | |
| Barbara Dresel / Markus Dresel / Patrick Dresel | | | | | | | | | | | | | |
| H T | | | | | | | | | | | | | |
| A(32) | 33 | B(41) | C(46) | D(52) | E(56) | F(65) | G(100) | Ziel | *100 | | | | |
| 5:15 | 7:29 | 17:30 | 29:30 | 45:23 | 52:37 | 67:03 | 71:25 | 78:54 | 74:33 | | | | |
| 5:15 | 2:14 | 10:01 | 12:00 | 15:53 | 7:14 | 14:26 | 4:22 | 7:29 | | | | | |
| A(32) | B(41) | 37 | 38 | 38 | 39 | 40 | 43 | 42 | 44 | C(46) | 50 | 53 | D(52) |
| 3:33 | 16:38 | 18:17 | 22:26 | 23:02 | 24:28 | 31:22 | 35:01 | 37:37 | 39:09 | 42:29 | 50:24 | 53:55 | 56:47 |
| 3:33 | 13:05 | 1:39 | 4:09 | 0:36 | 1:26 | 6:54 | 3:39 | 2:36 | 1:32 | 3:20 | 7:55 | 3:31 | 2:52 |
| 54 | E(56) | 58 | 55 | 60 | 70 | 63 | 63 | F(65) | G(100) | Ziel | *67 | | |
| 58:47 | 62:54 | 66:27 | 68:33 | 69:25 | 71:17 | 73:10 | 73:20 | 75:32 | 77:54 | 78:51 | 3:15 | | |
| 2:00 | 4:07 | 3:33 | 2:06 | 0:52 | 1:52 | 1:53 | 0:10 | 2:12 | 2:22 | 0:57 | | | |
| A(32) | B(41) | 34 | 35 | 51 | 49 | 48 | 36 | 45 | 47 | C(46) | D(52) | E(56) | 57 |
| 3:31 | 16:32 | 21:54 | 23:53 | 25:51 | 28:28 | 31:52 | 33:41 | 36:57 | 39:04 | 42:36 | 51:58 | 57:02 | 61:28 |
| 3:31 | 13:01 | 5:22 | 1:59 | 1:58 | 2:37 | 3:24 | 1:49 | 3:16 | 2:07 | 3:32 | 9:22 | 5:04 | 4:26 |
| 59 | 61 | 62 | 64 | 69 | F(65) | G(100) | Ziel | *67 | | | | | |
| 66:00 | 67:41 | 68:44 | 71:14 | 73:47 | 75:17 | 77:54 | 78:52 | 3:00 | | | | | |
| 4:32 | 1:41 | 1:03 | 2:30 | 2:33 | 1:30 | 2:37 | 0:58 | | | | | | |
| 6 | | | | | | | | | | | | | |
| 93:45 TV Jahn Wolfsburg | | | | | | | | | | | | | |
| Thorsten Weigert / Christoph Napp / Paulo Urzua Torres | | | | | | | | | | | | | |
| H T | | | | | | | | | | | | | |
| A(32) | 38 | 39 | 37 | B(41) | 40 | 43 | 42 | 44 | C(46) | D(52) | E(56) | 51 | 35 |
| 3:37 | 20:16 | 21:35 | 25:54 | 27:13 | 29:58 | 33:06 | 34:58 | 36:10 | 38:33 | 47:57 | 52:02 | 56:19 | 57:38 |
| 3:37 | 16:39 | 1:19 | 4:19 | 1:19 | 2:45 | 3:08 | 1:52 | 1:12 | 2:23 | 9:24 | 4:05 | 4:17 | 1:19 |
| 34 | 33 | F(65) | G(100) | Ziel | | | | | | | | | |
| 59:12 | 61:39 | 66:36 | 69:45 | 93:43 | | | | | | | | | |
| 1:34 | 2:27 | 4:57 | 3:09 | 23:58 | | | | | | | | | |
| A(32) | 33 | B(41) | 45 | C(46) | 50 | D(52) | 53 | E(56) | 58 | 55 | 60 | 70 | 63 |
| 4:06 | 13:58 | 23:15 | 29:39 | 35:54 | 47:40 | 52:16 | 55:32 | 66:54 | 72:46 | 76:27 | 78:07 | 81:49 | 83:28 |
| 4:06 | 9:52 | 9:17 | 6:24 | 6:15 | 11:46 | 4:36 | 3:16 | 11:22 | 5:52 | 3:41 | 1:40 | 3:42 | 1:39 |
| F(65) | G(100) | Ziel | | | | | | | | | | | |
| 86:14 | 92:33 | 93:45 | | | | | | | | | | | |
| 2:46 | 6:19 | 1:12 | | | | | | | | | | | |
| A(32) | B(41) | 36 | 48 | 47 | C(46) | 49 | 54 | D(52) | E(56) | 57 | 59 | 61 | 62 |
| 3:34 | 19:23 | 21:38 | 22:57 | 25:13 | 29:50 | 35:10 | 38:50 | 41:55 | 47:01 | 53:04 | 58:02 | 59:42 | 61:03 |
| 3:34 | 15:49 | 2:15 | 1:19 | 2:16 | 4:37 | 5:20 | 3:40 | 3:05 | 5:06 | 6:03 | 4:58 | 1:40 | 1:21 |
| 64 | 69 | F(65) | G(100) | Ziel | | | | | | | | | |
| 63:41 | 66:18 | 68:21 | 72:19 | 93:44 | | | | | | | | | |
| 2:38 | 2:37 | 2:03 | 3:58 | 21:25 | | | | | | | | | |
| Bahn 2 (5) | | | | | | | | | | | | | |
| 3,8 km 120 Hm | | | | | | | | | | | | | |
| 6/22 P | | | | | | | | | | | | | |
| 1 | | | | | | | | | | | | | |
| 42:07 MTK Bad Harzburg | | | | | | | | | | | | | |
| Eike Bruns / Henning Bruns / Thilo Bruns | | | | | | | | | | | | | |
| H150T | | | | | | | | | | | | | |
| A(32) | B(36) | 41 | 37 | 40 | 42 | 44 | 45 | 47 | C(50) | D(58) | E(65) | F(100) | Ziel |
| 3:28 | 9:24 | 11:22 | 12:38 | 15:28 | 17:12 | 18:35 | 20:19 | 21:43 | 27:22 | 32:22 | 39:34 | 41:26 | 42:07 |
| 3:28 | 5:56 | 1:58 | 1:16 | 2:50 | 1:44 | 1:23 | 1:44 | 1:24 | 5:39 | 5:00 | 7:12 | 1:52 | 0:41 |
| | *32 | *67 | | | | | | | | | | | |
| | 5:01 | 3:07 | | | | | | | | | | | |

| Pl | Zeit Verein | | | Namen | | | Kat | | | | | | | |
|---|-------------|-------|-------|-------|-------|-------|-------|-------|-------|--------|--------|--------|--------|--|
| Bahn 4 (8) | | | | | | | | | | | | | | |
| 2,8 km 100 Hm | | | | | | | | | | | | | | |
| 6/14 P (Forts.) | | | | | | | | | | | | | | |
| A(67) | 33 | 34 | B(48) | 35 | C(49) | 55 | D(60) | 70 | 63 | 65 | E(69) | F(100) | Ziel | |
| 3:01 | 6:37 | 9:48 | 12:10 | 15:36 | 19:10 | 23:56 | 25:14 | 27:29 | 29:02 | 32:13 | 33:54 | 37:14 | 38:07 | |
| 3:01 | 3:36 | 3:11 | 2:22 | 3:26 | 3:34 | 4:46 | 1:18 | 2:15 | 1:33 | 3:11 | 1:41 | 3:20 | 0:53 | |
| 3 45:36 OLV Uslar | | | | | | | | | | | | | | |
| Andrea Finkenstädt / Sonja Kunze | | | | | | | | | | | | | | |
| D100T | | | | | | | | | | | | | | |
| A(67) | 36 | 45 | 47 | B(48) | C(49) | D(60) | 62 | 61 | 64 | E(69) | F(100) | Ziel | | |
| 4:41 | 13:00 | 17:03 | 19:13 | 20:30 | 24:37 | 31:27 | 33:25 | 34:54 | 38:55 | 42:16 | 44:36 | 45:34 | | |
| 4:41 | 8:19 | 4:03 | 2:10 | 1:17 | 4:07 | 6:50 | 1:58 | 1:29 | 4:01 | 3:21 | 2:20 | 0:58 | | |
| *67 | | | | | | | | | | | | | | |
| 4:43 | | | | | | | | | | | | | | |
| A(67) | 33 | 34 | B(48) | 35 | C(49) | 55 | 58 | D(60) | 70 | 63 | 65 | E(69) | F(100) | |
| 4:39 | 9:04 | 12:24 | 14:18 | 18:15 | 22:14 | 28:21 | 31:19 | 33:32 | 35:54 | 37:14 | 39:20 | 40:47 | 43:08 | |
| 4:39 | 4:25 | 3:20 | 1:54 | 3:57 | 3:59 | 6:07 | 2:58 | 2:13 | 2:22 | 1:20 | 2:06 | 1:27 | 2:21 | |
| Ziel | | | | | | | | | | | | | | |
| 45:35 | | | | | | | | | | | | | | |
| 2:27 | | | | | | | | | | | | | | |
| 4 52:57 OLV Uslar | | | | | | | | | | | | | | |
| Lada Konstantynova / Nele Rüberg | | | | | | | | | | | | | | |
| D18T | | | | | | | | | | | | | | |
| A(67) | 36 | 45 | 47 | B(48) | C(49) | 55 | D(60) | 58 | 61 | 62 | 64 | E(69) | F(100) | |
| 5:32 | 11:47 | 16:08 | 17:38 | 19:13 | 24:29 | 34:48 | 36:12 | 38:53 | 41:18 | 43:11 | 46:13 | 49:38 | 51:55 | |
| 5:32 | 6:15 | 4:21 | 1:30 | 1:35 | 5:16 | 10:19 | 1:24 | 2:41 | 2:25 | 1:53 | 3:02 | 3:25 | 2:17 | |
| Ziel | | | | | | | | | | | | | | |
| 52:56 | | | | | | | | | | | | | | |
| 1:01 | | | | | | | | | | | | | | |
| A(67) | 33 | 34 | B(48) | 35 | C(49) | 55 | D(60) | 70 | 63 | 65 | E(69) | F(100) | Ziel | |
| 5:32 | 9:52 | 13:35 | 17:20 | 22:12 | 26:32 | 34:50 | 36:16 | 38:59 | 40:17 | 42:20 | 43:34 | 51:54 | 52:57 | |
| 5:32 | 4:20 | 3:43 | 3:45 | 4:52 | 4:20 | 8:18 | 1:26 | 2:43 | 1:18 | 2:03 | 1:14 | 8:20 | 1:03 | |
| 5 53:33 TV Jahn Wolfsburg | | | | | | | | | | | | | | |
| Sandra Wöhrer / Silke Napp | | | | | | | | | | | | | | |
| D100T | | | | | | | | | | | | | | |
| A(67) | 36 | B(48) | 45 | 47 | C(49) | 55 | D(60) | 58 | 61 | 62 | 70 | 63 | 65 | |
| 7:02 | 13:10 | 15:02 | 19:36 | 21:15 | 25:48 | 31:30 | 32:48 | 36:34 | 38:50 | 40:25 | 45:40 | 46:54 | 48:58 | |
| 7:02 | 6:08 | 1:52 | 4:34 | 1:39 | 4:33 | 5:42 | 1:18 | 3:46 | 2:16 | 1:35 | 5:15 | 1:14 | 2:04 | |
| E(69) | F(100) | Ziel | | | | | | | | | | | | |
| 50:03 | 52:13 | 53:31 | | | | | | | | | | | | |
| 1:05 | 2:10 | 1:18 | | | | | | | | | | | | |
| A(67) | 33 | 34 | 35 | B(48) | C(49) | 55 | D(60) | 64 | E(69) | F(100) | Ziel | | | |
| 5:40 | 9:43 | 13:01 | 15:40 | 21:29 | 27:35 | 34:55 | 36:48 | 43:09 | 47:21 | 52:18 | 53:33 | | | |
| 5:40 | 4:03 | 3:18 | 2:39 | 5:49 | 6:06 | 7:20 | 1:53 | 6:21 | 4:12 | 4:57 | 1:15 | | | |
| 6 66:44 MTK Bad Harzburg | | | | | | | | | | | | | | |
| Tanja Buchholz / Esther Knoblauch | | | | | | | | | | | | | | |
| D100T | | | | | | | | | | | | | | |
| A(67) | 33 | B(48) | 45 | 47 | C(49) | 55 | D(60) | 58 | 61 | 62 | 64 | E(69) | F(100) | |
| 4:18 | 6:44 | 12:23 | 22:10 | 24:32 | 31:12 | 38:54 | 40:56 | 46:10 | 50:11 | 52:07 | 55:57 | 59:52 | 62:42 | |
| 4:18 | 2:26 | 5:39 | 9:47 | 2:22 | 6:40 | 7:42 | 2:02 | 5:14 | 4:01 | 1:56 | 3:50 | 3:55 | 2:50 | |
| Ziel | *48 | | | | | | | | | | | | | |
| 66:38 | 16:09 | | | | | | | | | | | | | |
| 3:56 | | | | | | | | | | | | | | |
| A(67) | 36 | B(48) | 34 | 35 | C(49) | D(60) | 70 | 63 | E(69) | 65 | F(100) | Ziel | | |
| 4:46 | 13:16 | 16:29 | 20:00 | 23:20 | 31:43 | 41:21 | 45:15 | 46:58 | 53:06 | 56:21 | 65:32 | 66:44 | | |
| 4:46 | 8:30 | 3:13 | 3:31 | 3:20 | 8:23 | 9:38 | 3:54 | 1:43 | 6:08 | 3:15 | 9:11 | 1:12 | | |
| 7 74:15 OLV Uslar | | | | | | | | | | | | | | |
| Susanne Körber / Olga Zwicker | | | | | | | | | | | | | | |
| D100T | | | | | | | | | | | | | | |
| A(67) | 36 | 45 | 47 | B(48) | C(49) | 55 | D(60) | 58 | 61 | 62 | 64 | E(69) | F(100) | |
| 4:07 | 16:44 | 22:24 | 32:57 | 35:28 | 41:44 | 49:34 | 54:35 | 58:43 | 62:16 | 63:59 | 67:05 | 70:41 | 73:08 | |
| 4:07 | 12:37 | 5:40 | 10:33 | 2:31 | 6:16 | 7:50 | 5:01 | 4:08 | 3:33 | 1:43 | 3:06 | 3:36 | 2:27 | |
| Ziel | | | | | | | | | | | | | | |
| 74:15 | | | | | | | | | | | | | | |
| 1:07 | | | | | | | | | | | | | | |
| A(67) | 33 | 34 | B(48) | C(49) | 35 | D(60) | 70 | 63 | 65 | E(69) | F(100) | Ziel | | |
| 4:08 | 11:59 | 15:43 | 20:37 | 26:45 | 30:40 | 38:15 | 41:31 | 43:02 | 45:42 | 48:32 | 73:07 | 74:14 | | |
| 4:08 | 7:51 | 3:44 | 4:54 | 6:08 | 3:55 | 7:35 | 3:16 | 1:31 | 2:40 | 2:50 | 24:35 | 1:07 | | |
| *67 | | | | | | | | | | | | | | |
| 4:11 | | | | | | | | | | | | | | |
| Fehlst MTK Bad Harzburg | | | | | | | | | | | | | | |
| Michaela Bruns / Claudia Ducki-Höckner | | | | | | | | | | | | | | |
| D100T | | | | | | | | | | | | | | |
| A(67) | 36 | 45 | 47 | B(48) | C(49) | D(60) | 70 | 63 | 65 | E(69) | F(100) | Ziel | | |
| 5:40 | 12:33 | 17:01 | 20:02 | 21:42 | 26:06 | 32:59 | 35:16 | 37:06 | 39:23 | 40:41 | 45:28 | 47:11 | | |
| 5:40 | 6:53 | 4:28 | 3:01 | 1:40 | 4:24 | 6:53 | 2:17 | 1:50 | 2:17 | 1:18 | 4:47 | 1:43 | | |

| Pl | Zeit | | Verein | Namen | | | | | | | | Kat | |
|---|-------|-------|--------|-------|-------|-------|-------|-------|--------|-------|-------|--------|-------|
| Bahn 4 (8) | | | | | | | | | | | | | |
| 2,8 km 100 Hm | | | | | | | | | | | | | |
| 6/14 P (Forts.) | | | | | | | | | | | | | |
| A(67) | 33 | 34 | B(48) | 35 | C(49) | 55 | D(60) | 70 | 63 | 65 | E(69) | F(100) | Ziel |
| 3:01 | 6:37 | 9:48 | 12:10 | 15:36 | 19:10 | 23:56 | 25:14 | 27:29 | 29:02 | 32:13 | 33:54 | 37:14 | 38:07 |
| 3:01 | 3:36 | 3:11 | 2:22 | 3:26 | 3:34 | 4:46 | 1:18 | 2:15 | 1:33 | 3:11 | 1:41 | 3:20 | 0:53 |
| A(67) | 33 | 34 | 35 | C(49) | 55 | 58 | 61 | 62 | D(60) | 64 | E(69) | F(100) | Ziel |
| 5:43 | 8:02 | 10:45 | 13:47 | 18:36 | 24:53 | 28:12 | 31:26 | 32:50 | 35:26 | 40:19 | 43:39 | 46:06 | 47:12 |
| 5:43 | 2:19 | 2:43 | 3:02 | 4:49 | 6:17 | 3:19 | 3:14 | 1:24 | 2:36 | 4:53 | 3:20 | 2:27 | 1:06 |
| +++ Pflichtposten fehlen, Chips: 8231262 | | | | | | | | | | | | | |
| Bahn 5 (8) | | | | | | | | | | | | | |
| 3,8 km 120 Hm | | | | | | | | | | | | | |
| 10 P | | | | | | | | | | | | | |
| 1 | | | | | | | | | | | | | |
| 33:04 TSV Worpswede | | | | | | | | | | | | | |
| Constantin Jacob Freudenfeld / Finn Ostendorff | | | | | | | | | | | | | |
| H14T | | | | | | | | | | | | | |
| A(31) | B(33) | C(36) | D(49) | E(54) | F(55) | G(62) | H(64) | I(69) | J(100) | Ziel | | | |
| 1:45 | 3:45 | 7:13 | 14:12 | 17:25 | 21:29 | 25:02 | 27:31 | 30:11 | 32:04 | 33:04 | | | |
| 1:45 | 2:00 | 3:28 | 6:59 | 3:13 | 4:04 | 3:33 | 2:29 | 2:40 | 1:53 | 1:00 | | | |
| A(31) | B(33) | C(36) | D(49) | E(54) | F(55) | G(62) | H(64) | I(69) | J(100) | Ziel | | | |
| 1:46 | 3:46 | 7:16 | 14:15 | 17:22 | 21:30 | 25:01 | 27:28 | 30:05 | 32:03 | 33:03 | | | |
| 1:46 | 2:00 | 3:30 | 6:59 | 3:07 | 4:08 | 3:31 | 2:27 | 2:37 | 1:58 | 1:00 | | | |
| 2 | | | | | | | | | | | | | |
| 37:50 OLV Uslar | | | | | | | | | | | | | |
| Lamis Mousa / Elin Zwickler | | | | | | | | | | | | | |
| D14T | | | | | | | | | | | | | |
| A(31) | B(33) | C(36) | D(49) | E(54) | F(55) | G(62) | H(64) | I(69) | J(100) | Ziel | | | |
| 2:21 | 4:47 | 9:58 | 17:01 | 21:08 | 24:45 | 28:08 | 30:44 | 34:13 | 36:41 | 37:50 | | | |
| 2:21 | 2:26 | 5:11 | 7:03 | 4:07 | 3:37 | 3:23 | 2:36 | 3:29 | 2:28 | 1:09 | | | |
| A(31) | B(33) | C(36) | D(49) | E(54) | F(55) | G(62) | H(64) | I(69) | J(100) | Ziel | | | |
| 2:22 | 4:45 | 9:54 | 16:56 | 21:02 | 24:43 | 28:05 | 30:42 | 34:11 | 36:42 | 37:28 | | | |
| 2:22 | 2:23 | 5:09 | 7:02 | 4:06 | 3:41 | 3:22 | 2:37 | 3:29 | 2:31 | 0:46 | | | |
| 3 | | | | | | | | | | | | | |
| 38:07 OLV Uslar | | | | | | | | | | | | | |
| Svitlana Konstantynova / Emil Riedel | | | | | | | | | | | | | |
| H14T | | | | | | | | | | | | | |
| A(31) | B(33) | C(36) | D(49) | E(54) | F(55) | G(62) | H(64) | I(69) | J(100) | Ziel | | | |
| 2:05 | 4:34 | 9:42 | 17:25 | 22:04 | 25:32 | 29:05 | 31:40 | 34:54 | 37:16 | 38:04 | | | |
| 2:05 | 2:29 | 5:08 | 7:43 | 4:39 | 3:28 | 3:33 | 2:35 | 3:14 | 2:22 | 0:48 | | | |
| A(31) | B(33) | C(36) | D(49) | E(54) | F(55) | G(62) | H(64) | I(69) | J(100) | Ziel | | | |
| 2:06 | 4:40 | 9:26 | 17:20 | 22:15 | 25:30 | 29:09 | 31:44 | 34:50 | 37:20 | 38:07 | | | |
| 2:06 | 2:34 | 4:46 | 7:54 | 4:55 | 3:15 | 3:39 | 2:35 | 3:06 | 2:30 | 0:47 | | | |
| 4 | | | | | | | | | | | | | |
| 42:48 MTK Bad Harzburg | | | | | | | | | | | | | |
| Erik Bruns / Julian Gärtner | | | | | | | | | | | | | |
| H14T | | | | | | | | | | | | | |
| A(31) | B(33) | C(36) | D(49) | E(54) | F(55) | G(62) | H(64) | I(69) | J(100) | Ziel | | | |
| 2:48 | 5:54 | 11:33 | 21:21 | 25:31 | 29:41 | 33:31 | 36:23 | 39:29 | 41:54 | 42:48 | | | |
| 2:48 | 3:06 | 5:39 | 9:48 | 4:10 | 4:10 | 3:50 | 2:52 | 3:06 | 2:25 | 0:54 | | | |
| A(31) | B(33) | C(36) | D(49) | E(54) | F(55) | G(62) | H(64) | I(69) | J(100) | Ziel | | | |
| 2:44 | 5:50 | 11:27 | 21:20 | 25:24 | 29:38 | 33:33 | 36:20 | 39:32 | 41:57 | 42:47 | | | |
| 2:44 | 3:06 | 5:37 | 9:53 | 4:04 | 4:14 | 3:55 | 2:47 | 3:12 | 2:25 | 0:50 | | | |
| 5 | | | | | | | | | | | | | |
| 45:46 SV Hildesia Diekholzen | | | | | | | | | | | | | |
| Katharina Lorenz / Ria Wittke | | | | | | | | | | | | | |
| D14T | | | | | | | | | | | | | |
| A(31) | B(33) | C(36) | D(49) | E(54) | F(55) | G(62) | H(64) | I(69) | J(100) | Ziel | | | |
| 2:13 | 4:50 | 10:20 | 18:00 | 22:27 | 27:00 | 35:44 | 39:04 | 42:31 | 44:48 | 45:46 | | | |
| 2:13 | 2:37 | 5:30 | 7:40 | 4:27 | 4:33 | 8:44 | 3:20 | 3:27 | 2:17 | 0:58 | | | |
| A(31) | B(33) | C(36) | D(49) | E(54) | F(55) | G(62) | H(64) | I(69) | J(100) | Ziel | | | |
| 2:13 | 4:47 | 10:31 | 18:09 | 22:36 | 27:05 | 35:46 | 39:09 | 42:30 | 44:52 | 45:44 | | | |
| 2:13 | 2:34 | 5:44 | 7:38 | 4:27 | 4:29 | 8:41 | 3:23 | 3:21 | 2:22 | 0:52 | | | |
| 6 | | | | | | | | | | | | | |
| 51:31 MTK Bad Harzburg | | | | | | | | | | | | | |
| Stine Bruns / Jesper Bruns | | | | | | | | | | | | | |
| H14T | | | | | | | | | | | | | |
| A(31) | B(33) | C(36) | D(49) | E(54) | F(55) | G(62) | H(64) | I(69) | J(100) | Ziel | | | |
| 3:16 | 6:09 | 11:45 | 24:39 | 29:53 | 34:14 | 40:22 | 43:48 | 47:52 | 50:33 | 51:31 | | | |
| 3:16 | 2:53 | 5:36 | 12:54 | 5:14 | 4:21 | 6:08 | 3:26 | 4:04 | 2:41 | 0:58 | | | |
| A(31) | B(33) | C(36) | D(49) | E(54) | F(55) | G(62) | H(64) | I(69) | J(100) | Ziel | | | |
| 3:20 | 6:11 | 11:24 | 24:46 | 30:14 | 34:07 | 40:23 | 43:44 | 47:53 | 50:23 | 51:30 | | | |
| 3:20 | 2:51 | 5:13 | 13:22 | 5:28 | 3:53 | 6:16 | 3:21 | 4:09 | 2:30 | 1:07 | | | |
| 7 | | | | | | | | | | | | | |
| 64:06 SV Hildesia Diekholzen | | | | | | | | | | | | | |
| Sania Stamer / Romy Frank | | | | | | | | | | | | | |
| D14T | | | | | | | | | | | | | |
| A(31) | B(33) | C(36) | D(49) | E(54) | F(55) | G(62) | H(64) | I(69) | J(100) | Ziel | | | |
| 2:45 | 5:56 | 11:45 | 19:17 | 23:19 | 46:38 | 50:45 | 53:51 | 58:23 | 63:08 | 64:06 | | | |
| 2:45 | 3:11 | 5:49 | 7:32 | 4:02 | 23:19 | 4:07 | 3:06 | 4:32 | 4:45 | 0:58 | | | |
| A(31) | B(33) | C(36) | D(49) | E(54) | F(55) | G(62) | H(64) | I(69) | J(100) | Ziel | | | |
| 2:46 | 6:00 | 11:49 | 19:21 | 23:23 | 46:41 | 50:51 | 54:08 | 58:31 | 63:09 | 64:06 | | | |
| 2:46 | 3:14 | 5:49 | 7:32 | 4:02 | 23:18 | 4:10 | 3:17 | 4:23 | 4:38 | 0:57 | | | |

| Pl | Zeit Verein | | | | | Namen | | | | | Kat |
|---|---------------------------------|-------|-------|-------|--|-------------------------|--------|--------|------------|-------------|-----|
| Bahn 5 (8) 3,8 km 120 Hm 10 P (Forts.) | | | | | | | | | | | |
| A(31) | B(33) | C(36) | D(49) | E(54) | F(55) | G(62) | H(64) | I(69) | J(100) | Ziel | |
| 1:45 | 3:45 | 7:13 | 14:12 | 17:25 | 21:29 | 25:02 | 27:31 | 30:11 | 32:04 | 33:04 | |
| 1:45 | 2:00 | 3:28 | 6:59 | 3:13 | 4:04 | 3:33 | 2:29 | 2:40 | 1:53 | 1:00 | |
| Fehlst SV Hildesia Diekholzen | | | | | Konstantin Lorenz / Levi Joe Brauer | | | | | H14T | |
| A(31) | B(33) | C(36) | D(49) | E(54) | G(62) | H(64) | I(69) | J(100) | Ziel | | |
| 2:55 | 6:04 | 15:08 | 29:12 | 39:39 | 56:16 | 66:20 | 74:23 | 78:37 | 82:21 | | |
| 2:55 | 3:09 | 9:04 | 14:04 | 10:27 | 16:37 | 10:04 | 8:03 | 4:14 | 3:44 | | |
| A(31) | B(33) | C(36) | D(49) | E(54) | G(62) | H(64) | I(69) | J(100) | Ziel | *48 *33 | |
| 2:56 | 6:13 | 15:39 | 29:42 | 39:42 | 56:15 | 66:26 | 74:20 | 78:37 | 82:34 | 18:55 6:30 | |
| 2:56 | 3:17 | 9:26 | 14:03 | 10:00 | 16:33 | 10:11 | 7:54 | 4:17 | 3:57 | | |
| +++ Pflichtposten fehlen, Chips: 2149699; 8110138 | | | | | | | | | | | |
| Bahn 6 (12) 2,6 km 90 Hm 8 P | | | | | | | | | | | |
| 1 | 23:00 MTV Seesen | | | | | Hanna Stark | | | EKu | | |
| A(31) | B(33) | C(70) | D(60) | E(62) | F(64) | G(69) | H(100) | Ziel | | | |
| 2:22 | 5:01 | 9:35 | 12:15 | 14:28 | 17:02 | 19:51 | 22:13 | 23:00 | | | |
| 2:22 | 2:39 | 4:34 | 2:40 | 2:13 | 2:34 | 2:49 | 2:22 | 0:47 | | | |
| 2 | 27:43 TSV Worpswede | | | | | Mats Ostendorff | | | EKu | | |
| A(31) | B(33) | C(70) | D(60) | E(62) | F(64) | G(69) | H(100) | Ziel | | | |
| 3:27 | 7:11 | 12:29 | 15:53 | 18:34 | 21:37 | 24:48 | 27:01 | 27:43 | | | |
| 3:27 | 3:44 | 5:18 | 3:24 | 2:41 | 3:03 | 3:11 | 2:13 | 0:42 | | | |
| 3 | 30:26 OLV Uslar | | | | | Andreas Meisel | | | EKu | | |
| A(31) | B(33) | C(70) | D(60) | E(62) | F(64) | G(69) | H(100) | Ziel | | | |
| 2:34 | 5:36 | 11:18 | 14:30 | 16:56 | 23:13 | 26:49 | 29:27 | 30:26 | | | |
| 2:34 | 3:02 | 5:42 | 3:12 | 2:26 | 6:17 | 3:36 | 2:38 | 0:59 | | | |
| 4 | 31:44 MTV Seesen | | | | | Julia Stark | | | EKu | | |
| A(31) | B(33) | C(70) | D(60) | E(62) | F(64) | G(69) | H(100) | Ziel | | | |
| 2:33 | 5:47 | 12:03 | 15:50 | 19:50 | 23:34 | 27:17 | 30:47 | 31:44 | | | |
| 2:33 | 3:14 | 6:16 | 3:47 | 4:00 | 3:44 | 3:43 | 3:30 | 0:57 | | | |
| 5 | 34:58 Braunschweiger MTV | | | | | Anna Knaup | | | EKu | | |
| A(31) | B(33) | C(70) | D(60) | E(62) | F(64) | G(69) | H(100) | Ziel | | | |
| 2:40 | 5:38 | 12:02 | 17:13 | 21:11 | 26:58 | 31:31 | 34:03 | 34:58 | | | |
| 2:40 | 2:58 | 6:24 | 5:11 | 3:58 | 5:47 | 4:33 | 2:32 | 0:55 | | | |
| 6 | 36:21 OLV Uslar | | | | | Katja Eckel | | | EKu | | |
| A(31) | B(33) | C(70) | D(60) | E(62) | F(64) | G(69) | H(100) | Ziel | | | |
| 4:51 | 9:19 | 16:11 | 20:39 | 24:13 | 28:06 | 32:09 | 35:24 | 36:21 | | | |
| 4:51 | 4:28 | 6:52 | 4:28 | 3:34 | 3:53 | 4:03 | 3:15 | 0:57 | | | |
| 7 | 39:39 OLV Uslar | | | | | Ulf Schindehütte | | | EKu | | |
| A(31) | B(33) | C(70) | D(60) | E(62) | F(64) | G(69) | H(100) | Ziel | | | |
| 7:59 | 12:31 | 19:20 | 23:51 | 27:24 | 31:24 | 35:15 | 38:36 | 39:39 | | | |
| 7:59 | 4:32 | 6:49 | 4:31 | 3:33 | 4:00 | 3:51 | 3:21 | 1:03 | | | |
| 8 | 40:46 MTV Seesen | | | | | Mia Ritzau | | | EKu | | |
| A(31) | B(33) | C(70) | D(60) | E(62) | F(64) | G(69) | H(100) | Ziel | | | |
| 3:13 | 7:16 | 16:31 | 21:42 | 26:38 | 30:52 | 35:39 | 39:49 | 40:46 | | | |
| 3:13 | 4:03 | 9:15 | 5:11 | 4:56 | 4:14 | 4:47 | 4:10 | 0:57 | | | |
| 9 | 42:21 SuS Vehrte | | | | | Ingrid Müssen | | | EKu | | |
| A(31) | B(33) | C(70) | D(60) | E(62) | F(64) | G(69) | H(100) | Ziel | | | |
| 3:53 | 7:57 | 14:25 | 18:47 | 24:51 | 30:10 | 34:39 | 40:11 | 42:21 | | | |
| 3:53 | 4:04 | 6:28 | 4:22 | 6:04 | 5:19 | 4:29 | 5:32 | 2:10 | | | |
| 10 | 42:55 OLV Uslar | | | | | Lenn Wismach | | | EKu | | |
| A(31) | B(33) | C(70) | D(60) | E(62) | F(64) | G(69) | H(100) | Ziel | | | |
| 7:04 | 11:12 | 20:47 | 25:27 | 29:38 | 33:54 | 38:57 | 41:44 | 42:55 | | | |
| 7:04 | 4:08 | 9:35 | 4:40 | 4:11 | 4:16 | 5:03 | 2:47 | 1:11 | | | |
| 11 | 43:00 OLV Uslar | | | | | Mark Lumma | | | EKu | | |
| A(31) | B(33) | C(70) | D(60) | E(62) | F(64) | G(69) | H(100) | Ziel | | | |
| 6:52 | 10:13 | 19:41 | 24:26 | 29:44 | 33:48 | 36:49 | 41:09 | 43:00 | | | |
| 6:52 | 3:21 | 9:28 | 4:45 | 5:18 | 4:04 | 3:01 | 4:20 | 1:51 | | | |

| Pl | Zeit | | Verein | | Namen | | | | | Kat | |
|--------------------------|--------------------------------|-------|----------------------|-------|-------|--------------------------|--------|-------|-------|--------|------------|
| Bahn 6 (12) | | | 2,6 km 90 Hm | | | 8 P (Forts.) | | | | | |
| A(31) | B(33) | C(70) | D(60) | E(62) | F(64) | G(69) | H(100) | Ziel | | | |
| 2:22 | 5:01 | 9:35 | 12:15 | 14:28 | 17:02 | 19:51 | 22:13 | 23:00 | | | |
| 2:22 | 2:39 | 4:34 | 2:40 | 2:13 | 2:34 | 2:49 | 2:22 | 0:47 | | | |
| 12 | 43:58 MTV Seesen | | | | | Günter Stark | | | | | EKu |
| A(31) | B(33) | C(70) | D(60) | E(62) | F(64) | G(69) | H(100) | Ziel | | | |
| 4:21 | 9:22 | 16:54 | 21:46 | 26:18 | 31:38 | 37:39 | 42:21 | 43:58 | | | |
| 4:21 | 5:01 | 7:32 | 4:52 | 4:32 | 5:20 | 6:01 | 4:42 | 1:37 | | | |
| Bahn 7 (3) | | | 4,3 km 160 Hm | | | 11 P | | | | | |
| 1 | 46:06 TG Münden | | | | | Johannes Gurtmann | | | | | EMi |
| A(67) | B(33) | C(36) | D(45) | E(47) | F(52) | G(56) | H(61) | I(63) | J(69) | K(100) | Ziel |
| 2:35 | 4:12 | 8:44 | 11:38 | 14:31 | 21:11 | 26:07 | 32:06 | 40:02 | 43:41 | 45:36 | 46:06 |
| 2:35 | 1:37 | 4:32 | 2:54 | 2:53 | 6:40 | 4:56 | 5:59 | 7:56 | 3:39 | 1:55 | 0:30 |
| 2 | 46:45 Essen (Oldenburg) | | | | | Yevhen Lazarenko | | | | | EMi |
| A(67) | B(33) | C(36) | D(45) | E(47) | F(52) | G(56) | H(61) | I(63) | J(69) | K(100) | Ziel |
| 2:37 | 3:59 | 8:38 | 15:14 | 17:11 | 23:22 | 28:36 | 33:47 | 41:43 | 44:16 | 46:05 | 46:45 |
| 2:37 | 1:22 | 4:39 | 6:36 | 1:57 | 6:11 | 5:14 | 5:11 | 7:56 | 2:33 | 1:49 | 0:40 |
| N Ang TK Hannover | | | | | | Günter Gohde | | | | | EMi |