

| Pl | Name | Kat | Zeit | | | | | | | | | | | | | | | | | |
|--------------------|----------------------------|-------|----------------------|-------------|--------------|--------------|-----------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--|--|--|
| Bahn 2 (5) | | | 7,9 km 280 Hm | | 15 P | | <i>(Forts.)</i> | | | | | | | | | | | | | |
| | | | 1(80) | 2(76) | 3(40) | 4(41) | 5(42) | 6(45) | 7(82) | 8(56) | 9(49) | 10(55) | 11(65) | 12(73) | 13(54) | 14(61) | | | | |
| | | | 15(100) | Ziel | | | | | | | | | | | | | | | | |
| | Thorsten Weigert | H35 | N Ang | | | | | | | | | | | | | | | | | |
| | TV Jahn Wolfsburg | | | | | | | | | | | | | | | | | | | |
| Bahn 3 (29) | | | 7,1 km 250 Hm | | 13 P | | | | | | | | | | | | | | | |
| | | | 1(80) | 2(76) | 3(40) | 4(83) | 5(41) | 6(42) | 7(45) | 8(82) | 9(81) | 10(60) | 11(54) | 12(61) | 13(100) | Ziel | | | | |
| 1 | René Rokkjaer | H45 | 45:58 | 9:48 | 16:03 | 22:53 | 25:39 | 26:45 | 27:46 | 30:32 | 32:52 | 35:38 | 37:28 | 41:27 | 43:46 | 45:39 | 45:58 | | | |
| | Silkeborg OK | | | 9:48 | 6:15 | 6:50 | 2:46 | 1:06 | 1:01 | 2:46 | 2:20 | 2:46 | 1:50 | 3:59 | 2:19 | 1:53 | 0:19 | | | |
| 2 | Troels Nielsen | H45 | 52:20 | 12:01 | 19:33 | 26:03 | 29:15 | 30:34 | 31:47 | 35:05 | 36:44 | 39:49 | 41:43 | 47:22 | 50:00 | 52:00 | 52:20 | | | |
| | Horsens OK | | | 12:01 | 7:32 | 6:30 | 3:12 | 1:19 | 1:13 | 3:18 | 1:39 | 3:05 | 1:54 | 5:39 | 2:38 | 2:00 | 0:20 | | | |
| 3 | Marine Sillien | D21AL | 53:27 | 12:07 | 19:38 | 26:26 | 29:50 | 31:07 | 32:18 | 35:52 | 37:44 | 40:55 | 43:17 | 48:57 | 51:22 | 53:06 | 53:27 | | | |
| | Pégase | | | 12:07 | 7:31 | 6:48 | 3:24 | 1:17 | 1:11 | 3:34 | 1:52 | 3:11 | 2:22 | 5:40 | 2:25 | 1:44 | 0:21 | | | |
| 4 | Greet Oeyen | D21AL | 55:31 | 12:56 | 21:39 | 29:16 | 32:29 | 33:56 | 35:09 | 38:28 | 40:20 | 43:35 | 45:27 | 49:48 | 52:58 | 55:11 | 55:31 | | | |
| | Hamok | | | 12:56 | 8:43 | 7:37 | 3:13 | 1:27 | 1:13 | 3:19 | 1:52 | 3:15 | 1:52 | 4:21 | 3:10 | 2:13 | 0:20 | | | |
| 5 | Florian Weinert | H18 | 55:57 | 14:24 | 22:13 | 29:24 | 32:44 | 34:01 | 35:12 | 38:48 | 40:35 | 44:02 | 46:55 | 51:09 | 53:39 | 55:43 | 55:57 | | | |
| | Post SV Dresden | | | 14:24 | 7:49 | 7:11 | 3:20 | 1:17 | 1:11 | 3:36 | 1:47 | 3:27 | 2:53 | 4:14 | 2:30 | 2:04 | 0:14 | | | |
| 6 | Kim Jansen | H45 | 56:41 | 12:56 | 20:55 | 28:52 | 32:08 | 33:31 | 34:41 | 37:49 | 39:35 | 43:08 | 45:18 | 50:51 | 54:02 | 56:27 | 56:41 | | | |
| | Omega | | | 12:56 | 7:59 | 7:57 | 3:16 | 1:23 | 1:10 | 3:08 | 1:46 | 3:33 | 2:10 | 5:33 | 3:11 | 2:25 | 0:14 | | | |
| | | | | | 50:08 | | | | | | | | | | | | | | | |
| | | | | | *62 | | | | | | | | | | | | | | | |
| 7 | Lucie Arno | D21AL | 59:39 | 15:30 | 23:49 | 31:52 | 35:17 | 36:40 | 37:55 | 41:33 | 43:20 | 46:42 | 49:20 | 54:27 | 57:01 | 59:17 | 59:39 | | | |
| | H.O.C. | | | 15:30 | 8:19 | 8:03 | 3:25 | 1:23 | 1:15 | 3:38 | 1:47 | 3:22 | 2:38 | 5:07 | 2:34 | 2:16 | 0:22 | | | |
| 8 | Henrik Hinge | H45 | 62:46 | 13:13 | 22:15 | 30:08 | 33:57 | 35:28 | 36:49 | 40:21 | 42:07 | 46:02 | 48:11 | 57:04 | 60:25 | 62:28 | 62:46 | | | |
| | OK Pan Aarhus | | | 13:13 | 9:02 | 7:53 | 3:49 | 1:31 | 1:21 | 3:32 | 1:46 | 3:55 | 2:09 | 8:53 | 3:21 | 2:03 | 0:18 | | | |
| 9 | Lutz Spranger | H45 | 67:27 | 14:34 | 24:27 | 32:59 | 36:47 | 38:21 | 39:45 | 44:19 | 46:18 | 50:15 | 53:27 | 59:57 | 62:53 | 66:55 | 67:27 | | | |
| | TSV Karlshorst | | | 14:34 | 9:53 | 8:32 | 3:48 | 1:34 | 1:24 | 4:34 | 1:59 | 3:57 | 3:12 | 6:30 | 2:56 | 4:02 | 0:32 | | | |
| 10 | Claudia Rooman | D21AL | 67:38 | 14:28 | 27:50 | 36:31 | 40:22 | 42:14 | 43:42 | 47:51 | 49:48 | 53:06 | 55:57 | 62:03 | 64:52 | 67:17 | 67:38 | | | |
| | Belgian Big Fat Guy | | | 14:28 | 13:22 | 8:41 | 3:51 | 1:52 | 1:28 | 4:09 | 1:57 | 3:18 | 2:51 | 6:06 | 2:49 | 2:25 | 0:21 | | | |
| 11 | Nancy Wenderickx | D21AL | 70:04 | 15:20 | 26:50 | 36:39 | 40:33 | 42:16 | 43:53 | 47:58 | 50:12 | 54:14 | 56:54 | 63:12 | 67:04 | 69:39 | 70:04 | | | |
| | Hamok | | | 15:20 | 11:30 | 9:49 | 3:54 | 1:43 | 1:37 | 4:05 | 2:14 | 4:02 | 2:40 | 6:18 | 3:52 | 2:35 | 0:25 | | | |
| 12 | Chloe Robert | D21AL | 71:29 | 15:34 | 28:01 | 38:00 | 41:54 | 43:49 | 45:13 | 49:29 | 51:33 | 55:32 | 59:04 | 65:38 | 68:09 | 71:08 | 71:29 | | | |
| | ASO Sillery | | | 15:34 | 12:27 | 9:59 | 3:54 | 1:55 | 1:24 | 4:16 | 2:04 | 3:59 | 3:32 | 6:34 | 2:31 | 2:59 | 0:21 | | | |
| 13 | Kato Keuppens | D21AL | 75:06 | 19:21 | 31:56 | 41:58 | 46:11 | 48:00 | 49:38 | 54:28 | 56:32 | 60:53 | 63:16 | 69:23 | 72:23 | 74:43 | 75:06 | | | |
| | Omega | | | 19:21 | 12:35 | 10:02 | 4:13 | 1:49 | 1:38 | 4:50 | 2:04 | 4:21 | 2:23 | 6:07 | 3:00 | 2:20 | 0:23 | | | |
| 14 | Bennet Grote | H18 | 76:48 | 20:39 | 33:17 | 43:21 | 47:51 | 49:38 | 51:15 | 55:42 | 58:06 | 62:28 | 65:00 | 70:47 | 73:54 | 76:28 | 76:48 | | | |
| | OLV Uslar | | | 20:39 | 12:38 | 10:04 | 4:30 | 1:47 | 1:37 | 4:27 | 2:24 | 4:22 | 2:32 | 5:47 | 3:07 | 2:34 | 0:20 | | | |
| 15 | Marco Urzua-Wöhrei | H18 | 77:23 | 18:12 | 32:35 | 42:03 | 46:57 | 48:44 | 50:23 | 54:59 | 57:44 | 62:28 | 65:33 | 71:18 | 74:39 | 77:07 | 77:23 | | | |
| | TV Jahn Wolfsburg | | | 18:12 | 14:23 | 9:28 | 4:54 | 1:47 | 1:39 | 4:36 | 2:45 | 4:44 | 3:05 | 5:45 | 3:21 | 2:28 | 0:16 | | | |
| | | | | | 70:30 | | | | | | | | | | | | | | | |
| | | | | | *62 | | | | | | | | | | | | | | | |
| 16 | Oliver Hillebrand | H45 | 80:24 | 14:57 | 26:56 | 36:32 | 41:00 | 42:45 | 44:17 | 48:48 | 51:01 | 54:56 | 58:35 | 74:12 | 77:22 | 80:03 | 80:24 | | | |
| | OLV Uslar | | | 14:57 | 11:59 | 9:36 | 4:28 | 1:45 | 1:32 | 4:31 | 2:13 | 3:55 | 3:39 | 15:37 | 3:10 | 2:41 | 0:21 | | | |
| 17 | Paulo Urzua | H45 | 81:53 | 17:23 | 31:35 | 40:36 | 45:08 | 47:12 | 48:38 | 53:23 | 55:45 | 60:14 | 63:09 | 75:36 | 78:59 | 81:31 | 81:53 | | | |
| | TV Jahn Wolfsburg | | | 17:23 | 14:12 | 9:01 | 4:32 | 2:04 | 1:26 | 4:45 | 2:22 | 4:29 | 2:55 | 12:27 | 3:23 | 2:32 | 0:22 | | | |
| 18 | Thomas Krieger | H45 | 82:24 | 17:07 | 30:51 | 40:03 | 45:13 | 47:09 | 48:56 | 53:25 | 56:14 | 62:29 | 65:24 | 75:33 | 78:55 | 81:58 | 82:24 | | | |
| | TSV Karlshorst | | | 17:07 | 13:44 | 9:12 | 5:10 | 1:56 | 1:47 | 4:29 | 2:49 | 6:15 | 2:55 | 10:09 | 3:22 | 3:03 | 0:26 | | | |
| | | | | | 74:41 | | | | | | | | | | | | | | | |
| | | | | | *62 | | | | | | | | | | | | | | | |
| 19 | Siel De Smul | D21AL | 83:32 | 18:45 | 32:39 | 42:57 | 48:08 | 49:55 | 51:30 | 55:59 | 58:39 | 63:50 | 67:15 | 75:21 | 80:10 | 83:12 | 83:32 | | | |
| | Omega | | | 18:45 | 13:54 | 10:18 | 5:11 | 1:47 | 1:35 | 4:29 | 2:40 | 5:11 | 3:25 | 8:06 | 4:49 | 3:02 | 0:20 | | | |
| 20 | Svenja Zwahlen | D21AL | 84:50 | 21:22 | 34:13 | 45:36 | 50:08 | 52:09 | 53:50 | 58:34 | 61:06 | 65:53 | 68:48 | 78:44 | 82:04 | 84:34 | 84:50 | | | |
| | Zwahlen's Seeland | | | 21:22 | 12:51 | 11:23 | 4:32 | 2:01 | 1:41 | 4:44 | 2:32 | 4:47 | 2:55 | 9:56 | 3:20 | 2:30 | 0:16 | | | |
| 21 | Kelly Gysen | D21AL | 85:32 | 22:03 | 36:34 | 48:24 | 52:17 | 53:59 | 55:53 | 59:42 | 62:28 | 66:42 | 70:04 | 79:25 | 82:07 | 85:15 | 85:32 | | | |
| | Kempische O-lopers | | | 22:03 | 14:31 | 11:50 | 3:53 | 1:42 | 1:54 | 3:49 | 2:46 | 4:14 | 3:22 | 9:21 | 2:42 | 3:08 | 0:17 | | | |
| 22 | Charlotte Theys | D21AL | 86:27 | 19:51 | 32:56 | 45:24 | 50:12 | 52:10 | 53:56 | 59:17 | 62:04 | 66:53 | 69:59 | 77:57 | 82:32 | 86:03 | 86:27 | | | |
| | Omega | | | 19:51 | 13:05 | 12:28 | 4:48 | 1:58 | 1:46 | 5:21 | 2:47 | 4:49 | 3:06 | 7:58 | 4:35 | 3:31 | 0:24 | | | |
| 23 | Peter Rüschel | H45 | 86:51 | 16:45 | 31:05 | 47:04 | 50:51 | 52:38 | 54:15 | 59:13 | 61:34 | 66:36 | 70:04 | 79:27 | 82:45 | 86:20 | 86:51 | | | |
| | MTV Eschershausen | | | 16:45 | 14:20 | 15:59 | 3:47 | 1:47 | 1:37 | 4:58 | 2:21 | 5:02 | 3:28 | 9:23 | 3:18 | 3:35 | 0:31 | | | |
| 24 | Jose Mena Lanero | H18 | 95:08 | 20:22 | 38:10 | 52:49 | 57:35 | 59:28 | 61:08 | 66:21 | 70:08 | 77:38 | 80:26 | 88:10 | 91:58 | 94:48 | 95:08 | | | |
| | ADOL | | | 20:22 | 17:48 | 14:39 | 4:46 | 1:53 | 1:40 | 5:13 | 3:47 | 7:30 | 2:48 | 7:44 | 3:48 | 2:50 | 0:20 | | | |
| 25 | Julian Lüdtkke | H18 | 96:04 | 28:54 | 43:39 | 55:48 | 61:47 | 63:55 | 65:49 | 70:17 | 73:26 | 78:05 | 80:37 | 88:31 | 92:20 | 95:46 | 96:04 | | | |
| | ol norska | | | 28:54 | 14:45 | 12:09 | 5:59 | 2:08 | 1:54 | 4:28 | 3:09 | 4:39 | 2:32 | 7:54 | 3:49 | 3:26 | 0:18 | | | |
| 26 | Jose Mena Raposo | H45 | 98:30 | 21:40 | 35:27 | 49:44 | 55:43 | 57:54 | 60:01 | 66:19 | 69:28 | 75:08 | 79:00 | 90:34 | 95:04 | 98:11 | 98:30 | | | |
| | ADOL | | | 21:40 | 13:47 | 14:17 | 5:59 | 2:11 | 2:07 | 6:18 | 3:09 | 5:40 | 3:52 | 11:34 | 4:30 | 3:07 | 0:19 | | | |
| 27 | Magalie Verstrepn | D21AL | 111:14 | 23:48 | 41:01 | 58:33 | 64:27 | 66:56 | 69:06 | 74:34 | 77:57 | 86:02 | 90:48 | 101:40 | 106:10 | 110:51 | 111:14 | | | |
| | Omega | | | 23:48 | 17:13 | 17:32 | 5:54 | 2:29 | 2:10 | 5:28 | 3:23 | 8:05 | 4:46 | 10:52 | 4:30 | 4:41 | 0:23 | | | |
| | Patrick Mc Grail | H45 | Fehlst | 11:25 | 18:14 | 24:33 | 27:38 | 28:54 | 29:59 | 32:53 | 34:31 | 37:18 | 39:09 | ----- | 49:03 | 51:04 | 51:23 | | | |
| | Silkeborg OK | | | 11:25 | 6:49 | 6:19 | 3:05 | 1:16 | 1:05 | 2:54 | | | | | | | | | | |

| Pl | Name | Kat | Zeit | | | | | | | | | | | | | |
|--------------------|----------------------|-------|--------|---------------|---------------|-------------|-------|-------|-----------------|-------|--------|--------|--------|--------|---------|--------|
| Bahn 4 (28) | | | | 5,9 km | 210 Hm | 12 P | | | <i>(Forts.)</i> | | | | | | | |
| | | | | 1(79) | 2(77) | 3(82) | 4(41) | 5(42) | 6(81) | 7(60) | 8(62) | 9(54) | 10(61) | 11(50) | 12(100) | Ziel |
| 2 | Mats De Smul | H16 | 44:24 | 5:22 | 6:32 | 18:28 | 23:15 | 24:30 | 32:27 | 34:40 | 39:05 | 39:37 | 41:52 | 43:02 | 44:08 | 44:24 |
| | Omega | | | 5:22 | 1:10 | 11:56 | 4:47 | 1:15 | 7:57 | 2:13 | 4:25 | 0:32 | 2:15 | 1:10 | 1:06 | 0:16 |
| 3 | Gunther Deferme | H50 | 47:01 | 4:45 | 5:51 | 16:47 | 21:13 | 22:24 | 29:44 | 31:57 | 38:31 | 39:04 | 42:38 | 45:31 | 46:37 | 47:01 |
| | Hamok | | | 4:45 | 1:06 | 10:56 | 4:26 | 1:11 | 7:20 | 2:13 | 6:34 | 0:33 | 3:34 | 2:53 | 1:06 | 0:24 |
| 4 | Wim Vervoort | H50 | 47:43 | 5:25 | 6:36 | 19:19 | 24:32 | 25:51 | 34:13 | 36:33 | 41:32 | 42:09 | 44:58 | 46:11 | 47:22 | 47:43 |
| | TROL Belgium | | | 5:25 | 1:11 | 12:43 | 5:13 | 1:19 | 8:22 | 2:20 | 4:59 | 0:37 | 2:49 | 1:13 | 1:11 | 0:21 |
| 5 | Kim Rokkjaer | H50 | 48:52 | 6:06 | 7:15 | 19:47 | 24:09 | 25:20 | 33:13 | 35:32 | 40:02 | 40:36 | 46:07 | 47:18 | 48:29 | 48:52 |
| | OK Pan Aarhus | | | 6:06 | 1:09 | 12:32 | 4:22 | 1:11 | 7:53 | 2:19 | 4:30 | 0:34 | 5:31 | 1:11 | 1:11 | 0:23 |
| 6 | Rie Mc Grail | D40 | 51:23 | 5:22 | 6:34 | 19:35 | 25:43 | 27:03 | 36:36 | 39:17 | 44:32 | 45:12 | 48:25 | 49:48 | 51:01 | 51:23 |
| | Silkeborg OK | | | 5:22 | 1:12 | 13:01 | 6:08 | 1:20 | 9:33 | 2:41 | 5:15 | 0:40 | 3:13 | 1:23 | 1:13 | 0:22 |
| 7 | Katrine Olesen Hing | D40 | 56:11 | 6:31 | 7:56 | 22:34 | 28:47 | 30:10 | 39:08 | 42:05 | 48:45 | 49:41 | 52:54 | 54:22 | 55:49 | 56:11 |
| | OK Pan Aarhus | | | 6:31 | 1:25 | 14:38 | 6:13 | 1:23 | 8:58 | 2:57 | 6:40 | 0:56 | 3:13 | 1:28 | 1:27 | 0:22 |
| | | | | 53:51 | | | | | | | | | | | | |
| | | | | *74 | | | | | | | | | | | | |
| 8 | Fidelius Cain | H16 | 58:26 | 7:05 | 8:12 | 28:05 | 34:05 | 35:22 | 43:39 | 46:27 | 53:12 | 53:45 | 55:59 | 57:07 | 58:09 | 58:26 |
| | TSV Karlshorst | | | 7:05 | 1:07 | 19:53 | 6:00 | 1:17 | 8:17 | 2:48 | 6:45 | 0:33 | 2:14 | 1:08 | 1:02 | 0:17 |
| 9 | Lucie Maier | D40 | 60:51 | 8:17 | 9:38 | 24:22 | 30:36 | 32:01 | 42:12 | 45:14 | 52:57 | 53:47 | 57:08 | 59:14 | 60:32 | 60:51 |
| | OLV Baselland | | | 8:17 | 1:21 | 14:44 | 6:14 | 1:25 | 10:11 | 3:02 | 7:43 | 0:50 | 3:21 | 2:06 | 1:18 | 0:19 |
| 10 | Rolf Weinert | H50 | 61:31 | 6:40 | 8:03 | 24:06 | 30:36 | 32:08 | 44:04 | 48:07 | 53:14 | 54:06 | 58:00 | 59:43 | 61:09 | 61:31 |
| | Post SV Dresden | | | 6:40 | 1:23 | 16:03 | 6:30 | 1:32 | 11:56 | 4:03 | 5:07 | 0:52 | 3:54 | 1:43 | 1:26 | 0:22 |
| 11 | Alistair Mackenzie | H50 | 62:23 | 6:33 | 8:15 | 21:43 | 28:18 | 30:03 | 39:22 | 42:23 | 55:43 | 56:32 | 59:13 | 60:44 | 62:03 | 62:23 |
| | Darlington Orienteer | | | 6:33 | 1:42 | 13:28 | 6:35 | 1:45 | 9:19 | 3:01 | 13:20 | 0:49 | 2:41 | 1:31 | 1:19 | 0:20 |
| 12 | Frank Rabe | H50 | 63:34 | 7:26 | 9:02 | 26:26 | 33:33 | 35:10 | 45:59 | 49:18 | 55:54 | 56:34 | 59:17 | 61:57 | 63:09 | 63:34 |
| | SV Sedlitz BW 90 | | | 7:26 | 1:36 | 17:24 | 7:07 | 1:37 | 10:49 | 3:19 | 6:36 | 0:40 | 2:43 | 2:40 | 1:12 | 0:25 |
| 13 | Ellen MoIs | D40 | 65:25 | 7:32 | 9:01 | 24:44 | 32:07 | 34:02 | 43:52 | 48:05 | 57:26 | 58:17 | 62:01 | 63:42 | 65:00 | 65:25 |
| | SAS Orientatie | | | 7:32 | 1:29 | 15:43 | 7:23 | 1:55 | 9:50 | 4:13 | 9:21 | 0:51 | 3:44 | 1:41 | 1:18 | 0:25 |
| | | | | 63:09 | | | | | | | | | | | | |
| | | | | *74 | | | | | | | | | | | | |
| 14 | Jens Rabe | H50 | 65:46 | 8:22 | 10:29 | 27:54 | 34:37 | 36:04 | 48:23 | 51:33 | 59:09 | 59:58 | 62:40 | 64:13 | 65:28 | 65:46 |
| | SV Sedlitz BW 90 | | | 8:22 | 2:07 | 17:25 | 6:43 | 1:27 | 12:19 | 3:10 | 7:36 | 0:49 | 2:42 | 1:33 | 1:15 | 0:18 |
| 15 | Claudia Kalisch | D40 | 67:06 | 7:19 | 8:56 | 24:19 | 31:00 | 32:40 | 42:34 | 47:56 | 57:22 | 58:39 | 62:50 | 64:48 | 66:39 | 67:06 |
| | TSV Karlshorst | | | 7:19 | 1:37 | 15:23 | 6:41 | 1:40 | 9:54 | 5:22 | 9:26 | 1:17 | 4:11 | 1:58 | 1:51 | 0:27 |
| 16 | Gunnar Grote | H50 | 67:47 | 6:41 | 8:08 | 25:45 | 31:43 | 33:19 | 42:39 | 45:25 | 55:32 | 56:22 | 59:50 | 65:45 | 67:25 | 67:47 |
| | OLV Uslar | | | 6:41 | 1:27 | 17:37 | 5:58 | 1:36 | 9:20 | 2:46 | 10:07 | 0:50 | 3:28 | 5:55 | 1:40 | 0:22 |
| 17 | Kai Lauckhardt | H50 | 68:56 | 9:36 | 10:59 | 26:43 | 34:00 | 36:08 | 48:05 | 51:22 | 56:55 | 58:41 | 63:53 | 67:21 | 68:34 | 68:56 |
| | Lauckhardt | | | 9:36 | 1:23 | 15:44 | 7:17 | 2:08 | 11:57 | 3:17 | 5:33 | 1:46 | 5:12 | 3:28 | 1:13 | 0:22 |
| 18 | Reto Zwahlen | H50 | 72:46 | 8:49 | 10:50 | 30:34 | 38:07 | 39:54 | 52:04 | 55:34 | 63:46 | 64:52 | 68:59 | 70:44 | 72:27 | 72:46 |
| | Zwahlen Seeland | | | 8:49 | 2:01 | 19:44 | 7:33 | 1:47 | 12:10 | 3:30 | 8:12 | 1:06 | 4:07 | 1:45 | 1:43 | 0:19 |
| 19 | Auke Schilder | H50 | 77:28 | 9:43 | 11:36 | 31:46 | 39:29 | 41:13 | 52:27 | 57:26 | 66:29 | 67:36 | 73:16 | 75:27 | 77:06 | 77:28 |
| | Altair CO | | | 9:43 | 1:53 | 20:10 | 7:43 | 1:44 | 11:14 | 4:59 | 9:03 | 1:07 | 5:40 | 2:11 | 1:39 | 0:22 |
| 20 | Asja Nederland | D40 | 79:56 | 9:23 | 11:50 | 32:34 | 41:05 | 43:41 | 55:51 | 60:14 | 67:54 | 69:05 | 74:42 | 76:59 | 79:30 | 79:56 |
| | DJK Adler 07 Bottro | | | 9:23 | 2:27 | 20:44 | 8:31 | 2:36 | 12:10 | 4:23 | 7:40 | 1:11 | 5:37 | 2:17 | 2:31 | 0:26 |
| 21 | Hanne Fredberg | D40 | 95:33 | 9:34 | 11:37 | 31:12 | 40:59 | 43:27 | 55:02 | 59:42 | 83:23 | 84:57 | 89:49 | 92:39 | 94:59 | 95:33 |
| | Silkeborg OK | | | 9:34 | 2:03 | 19:35 | 9:47 | 2:28 | 11:35 | 4:40 | 23:41 | 1:34 | 4:52 | 2:50 | 2:20 | 0:34 |
| 22 | Bruno Mena Lanero | H16 | 97:01 | 9:22 | 15:52 | 40:59 | 51:46 | 53:14 | 68:06 | 73:28 | 85:23 | 86:10 | 92:23 | 94:55 | 96:44 | 97:01 |
| | ADOL | | | 9:22 | 6:30 | 25:07 | 10:47 | 1:28 | 14:52 | 5:22 | 11:55 | 0:47 | 6:13 | 2:32 | 1:49 | 0:17 |
| 23 | Agnes Hermes | D40 | 100:31 | 8:38 | 10:33 | 31:26 | 41:03 | 43:04 | 68:16 | 72:09 | 81:01 | 82:01 | 95:53 | 98:36 | 100:04 | 100:31 |
| | Altair CO | | | 8:38 | 1:55 | 20:53 | 9:37 | 2:01 | 25:12 | 3:53 | 8:52 | 1:00 | 13:52 | 2:43 | 1:28 | 0:27 |
| 24 | Maica Perez Ramos | D40 | 101:19 | 10:29 | 12:15 | 34:21 | 45:46 | 48:29 | 63:11 | 70:07 | 88:51 | 90:23 | 95:17 | 97:29 | 100:53 | 101:19 |
| | C.R.D.O.E.L.N. | | | 10:29 | 1:46 | 22:06 | 11:25 | 2:43 | 14:42 | 6:56 | 18:44 | 1:32 | 4:54 | 2:12 | 3:24 | 0:26 |
| 25 | Netsi Wodajo | D40 | 111:04 | 8:22 | 9:56 | 44:16 | 52:09 | 54:36 | 67:02 | 71:21 | 101:46 | 102:20 | 107:10 | 109:05 | 110:38 | 111:04 |
| | TROL Belgium | | | 8:22 | 1:34 | 34:20 | 7:53 | 2:27 | 12:26 | 4:19 | 30:25 | 0:34 | 4:50 | 1:55 | 1:33 | 0:26 |
| | Donald Van Boven | H50 | N Ang | | | | | | | | | | | | | |
| | TROL Belgium | | | | | | | | | | | | | | | |
| | Martin Röhl | H50 | N Ang | | | | | | | | | | | | | |
| | TSV Karlshorst | | | | | | | | | | | | | | | |
| | Johannes Eckel | H16 | N Ang | | | | | | | | | | | | | |
| | OLV Uslar | | | | | | | | | | | | | | | |
| Bahn 5 (34) | | | | 5,1 km | 200 Hm | 12 P | | | | | | | | | | |
| | | | | 1(79) | 2(77) | 3(80) | 4(42) | 5(45) | 6(82) | 7(81) | 8(60) | 9(62) | 10(54) | 11(74) | 12(100) | Ziel |
| 1 | Thomas Egger | H55 | 40:53 | 5:43 | 7:01 | 13:44 | 19:50 | 23:23 | 25:15 | 28:37 | 30:50 | 35:40 | 36:09 | 39:07 | 40:35 | 40:53 |
| | ol norska | | | 5:43 | 1:18 | 6:43 | 6:06 | 3:33 | 1:52 | 3:22 | 2:13 | 4:50 | 0:29 | 2:58 | 1:28 | 0:18 |
| 2 | Nicolas Spiliers | H21A# | 41:29 | 5:23 | 6:32 | 13:14 | 19:28 | 22:43 | 24:35 | 27:55 | 31:10 | 35:55 | 36:38 | 39:54 | 41:09 | 41:29 |
| | Belgian Big Fat Guy | | | 5:23 | 1:09 | 6:42 | 6:14 | 3:15 | 1:52 | 3:20 | 3:15 | 4:45 | 0:43 | 3:16 | 1:15 | 0:20 |
| 3 | Alexander Büchner | H21A# | 43:51 | 5:58 | 7:15 | 15:07 | 21:55 | 25:28 | 27:29 | 30:50 | 33:14 | 38:02 | 38:46 | 41:40 | 43:35 | 43:51 |
| | BSV Halle-Ammendo | | | 5:58 | 1:17 | 7:52 | 6:48 | 3:33 | 2:01 | 3:21 | 2:24 | 4:48 | 0:44 | 2:54 | 1:55 | 0:16 |
| 4 | Arno Keuppens | H21A# | 45:01 | 6:18 | 7:44 | 15:52 | 23:05 | 27:11 | 29:03 | 32:44 | 34:57 | 39:27 | 40:02 | 43:10 | 44:48 | 45:01 |
| | Omega | | | 6:18 | 1:26 | 8:08 | 7:13 | 4:06 | 1:52 | 3:41 | 2:13 | 4:30 | 0:35 | 3:08 | 1:38 | 0:13 |
| 5 | Stefan König | H55 | 46:51 | 6:50 | 8:26 | 15:21 | 22:30 | 26:19 | 28:53 | 32:37 | 35:01 | 39:49 | 40:25 | 44:58 | 46:27 | 46:51 |
| | OLG Ortenau | | | 6:50 | 1:36 | 6:55 | 7:09 | 3:49 | 2:34 | 3:44 | 2:24 | 4:48 | 0:36 | 4:33 | 1:29 | 0:24 |
| 6 | Sofie Bosmans | D18 | 47:18 | 5:43 | 6:55 | 15:56 | 23:46 | 27:22 | 29:23 | 33:20 | 36:06 | 41:25 | 41:59 | 45:18 | 47:02 | 47:18 |
| | Omega | | | 5:43 | 1:12 | 9:01 | 7:50 | 3:36 | 2:01 | 3:57 | 2:46 | 5:19 | 0:34 | 3:19 | 1:44 | 0:16 |
| 7 | Andre De Veirman | H55 | 49:21 | 7:01 | 8:22 | 18:29 | 25:30 | 28:56 | 30:52 | 34:32 | 36:52 | 42:42 | 43:29 | 47:21 | 48:59 | 49:21 |
| | TROL Belgium | | | 7:01 | 1:21 | 10:07 | 7:01 | 3:26 | 1:56 | 3:40 | 2:20 | 5:50 | 0:47 | 3:52 | 1:38 | 0:22 |
| 8 | Hartmut Höra | H55 | 50:46 | 6:52 | 8:20 | 15:37 | 23:03 | 27:33 | 29:29 | 34:00 | 36:22 | 44:21 | 45:13 | 48:56 | 50:25 | 50:46 |
| | SG Wintermoor 68 | | | 6:52 | 1:28 | 7:17 | 7:26 | 4:30 | 1:56 | 4:31 | 2:22 | 7:59 | 0:52 | 3:43 | 1:29 | 0:21 |

| Pl | Name | Kat | Zeit | | | | | | | | | | | | | | |
|--------------------|---------------------|-------|--------|----------------------|-------------|--------|--------|-----------------|--------|--------|--------|--------|--------|--------|---------|---------|-------|
| Bahn 5 (34) | | | | 5,1 km 200 Hm | 12 P | | | <i>(Forts.)</i> | | | | | | | | | |
| | | | | 1(79) | 2(77) | 3(80) | 4(42) | 5(45) | 6(82) | 7(81) | 8(60) | 9(62) | 10(54) | 11(74) | 12(100) | Ziel | |
| 9 | Rainer Eschlboeck | H55 | 51:09 | 7:14 | 8:35 | 16:48 | 25:21 | 29:38 | 31:54 | 35:53 | 38:13 | 43:46 | 44:21 | 49:05 | 50:42 | 51:09 | |
| | Naturfreunde Linz | | | 7:14 | 1:21 | 8:13 | 8:33 | 4:17 | 2:16 | 3:59 | 2:20 | 5:33 | 0:35 | 4:44 | 1:37 | 0:27 | |
| 10 | Philippe Richter | H21Ak | 51:21 | 7:00 | 8:30 | 18:39 | 27:32 | 32:49 | 34:59 | 38:34 | 40:49 | 45:16 | 45:55 | 49:29 | 50:58 | 51:21 | |
| | ESV Lok Berlin-Schi | | | 7:00 | 1:30 | 10:09 | 8:53 | 5:17 | 2:10 | 3:35 | 2:15 | 4:27 | 0:39 | 3:34 | 1:29 | 0:23 | |
| 11 | Esther Stamer | D45 | 51:41 | 6:15 | 7:39 | 16:32 | 24:26 | 28:24 | 30:37 | 34:37 | 37:24 | 44:51 | 45:29 | 49:43 | 51:18 | 51:41 | |
| | MTK Bad Harzburg | | | 6:15 | 1:24 | 8:53 | 7:54 | 3:58 | 2:13 | 4:00 | 2:47 | 7:27 | 0:38 | 4:14 | 1:35 | 0:23 | |
| 12 | Stefan Böning | H55 | 52:31 | 7:06 | 9:13 | 17:36 | 25:56 | 30:05 | 32:35 | 37:48 | 40:36 | 46:05 | 47:01 | 50:20 | 52:07 | 52:31 | |
| | OLV Uslar | | | 7:06 | 2:07 | 8:23 | 8:20 | 4:09 | 2:30 | 5:13 | 2:48 | 5:29 | 0:56 | 3:19 | 1:47 | 0:24 | |
| 13 | Erik Van Dyck | H55 | 52:52 | 6:19 | 7:46 | 17:08 | 27:15 | 31:09 | 33:32 | 37:24 | 41:08 | 46:18 | 47:06 | 50:51 | 52:27 | 52:52 | |
| | TROL Belgium | | | 6:19 | 1:27 | 9:22 | 10:07 | 3:54 | 2:23 | 3:52 | 3:44 | 5:10 | 0:48 | 3:45 | 1:36 | 0:25 | |
| 14 | Kristina Loth | D45 | 52:53 | 7:27 | 8:54 | 17:00 | 25:07 | 29:28 | 31:54 | 36:58 | 39:39 | 45:58 | 46:49 | 50:42 | 52:28 | 52:53 | |
| | Loth | | | 7:27 | 1:27 | 8:06 | 8:07 | 4:21 | 2:26 | 5:04 | 2:41 | 6:19 | 0:51 | 3:53 | 1:46 | 0:25 | |
| 15 | Allan Hougaard | H55 | 54:26 | 7:54 | 9:21 | 18:23 | 25:48 | 29:14 | 31:09 | 35:54 | 38:03 | 48:28 | 48:55 | 52:23 | 54:09 | 54:26 | |
| | Aarhus 1900 Oriente | | | 7:54 | 1:27 | 9:02 | 7:25 | 3:26 | 1:55 | 4:45 | 2:09 | 10:25 | 0:27 | 3:28 | 1:46 | 0:17 | |
| 16 | Dieter Coen | H21Ak | 56:59 | 7:05 | 8:53 | 18:30 | 27:55 | 32:45 | 35:22 | 39:35 | 42:56 | 49:46 | 50:30 | 54:49 | 56:36 | 56:59 | |
| | TROL Belgium | | | 7:05 | 1:48 | 9:37 | 9:25 | 4:50 | 2:37 | 4:13 | 3:21 | 6:50 | 0:44 | 4:19 | 1:47 | 0:23 | |
| 17 | Bernd Graumann | H55 | 57:43 | 6:38 | 8:07 | 15:38 | 31:21 | 35:23 | 37:24 | 42:00 | 44:32 | 50:37 | 51:23 | 55:11 | 57:21 | 57:43 | |
| | ESV Lok Berlin-Schi | | | 6:38 | 1:29 | 7:31 | 15:43 | 4:02 | 2:01 | 4:36 | 2:32 | 6:05 | 0:46 | 3:48 | 2:10 | 0:22 | |
| 18 | Ruta Weinert | D45 | 58:23 | 7:43 | 9:31 | 18:17 | 28:24 | 33:24 | 36:12 | 41:09 | 44:02 | 50:22 | 51:11 | 55:36 | 57:55 | 58:23 | |
| | Post SV Dresden | | | 7:43 | 1:48 | 8:46 | 10:07 | 5:00 | 2:48 | 4:57 | 2:53 | 6:20 | 0:49 | 4:25 | 2:19 | 0:28 | |
| 19 | Patrick Korstjens | H55 | 60:25 | 8:49 | 10:43 | 20:35 | 29:49 | 34:26 | 37:12 | 41:37 | 45:00 | 51:56 | 53:05 | 57:54 | 59:58 | 60:25 | |
| | Kempische O-Iopers | | | 8:49 | 1:54 | 9:52 | 9:14 | 4:37 | 2:46 | 4:25 | 3:23 | 6:56 | 1:09 | 4:49 | 2:04 | 0:27 | |
| 20 | Hanne Tiesters | D18 | 63:16 | 7:24 | 10:06 | 18:06 | 26:43 | 31:11 | 34:22 | 43:04 | 47:14 | 56:59 | 57:30 | 61:38 | 63:01 | 63:16 | |
| | Omega | | | 7:24 | 2:42 | 8:00 | 8:37 | 4:28 | 3:11 | 8:42 | 4:10 | 9:45 | 0:31 | 4:08 | 1:23 | 0:15 | |
| 21 | Erwin Schramm | H21Ak | 64:20 | 8:22 | 10:12 | 20:59 | 31:48 | 36:33 | 39:13 | 43:44 | 46:40 | 54:27 | 55:13 | 59:57 | 63:53 | 64:20 | |
| | Kaulsdorfer OLV | | | 8:22 | 1:50 | 10:47 | 10:49 | 4:45 | 2:40 | 4:31 | 2:56 | 7:47 | 0:46 | 4:44 | 3:56 | 0:27 | |
| 22 | Henriette Rokkjaer | D45 | 65:51 | 8:07 | 9:59 | 20:26 | 29:55 | 34:53 | 37:23 | 42:25 | 46:10 | 55:37 | 56:46 | 63:24 | 65:21 | 65:51 | |
| | Silkeborg OK | | | 8:07 | 1:52 | 10:27 | 9:29 | 4:58 | 2:30 | 5:02 | 3:45 | 9:27 | 1:09 | 6:38 | 1:57 | 0:30 | |
| 23 | Pim Van Der Wijk | H55 | 66:20 | 6:53 | 10:31 | 20:30 | 37:35 | 42:01 | 44:56 | 49:05 | 51:43 | 58:40 | 60:03 | 63:51 | 65:56 | 66:20 | |
| | OLifant | | | 6:53 | 3:38 | 9:59 | 17:05 | 4:26 | 2:55 | 4:09 | 2:38 | 6:57 | 1:23 | 3:48 | 2:05 | 0:24 | |
| 24 | Dieter Sels | H21Ak | 67:39 | 8:01 | 9:51 | 20:56 | 34:22 | 39:07 | 41:37 | 46:36 | 52:20 | 59:21 | 60:11 | 65:03 | 67:10 | 67:39 | |
| | SAS Orientatie | | | 8:01 | 1:50 | 11:05 | 13:26 | 4:45 | 2:30 | 4:59 | 5:44 | 7:01 | 0:50 | 4:52 | 2:07 | 0:29 | |
| 25 | Sophia Stepf | D45 | 70:13 | 9:23 | 11:27 | 21:02 | 30:55 | 36:07 | 40:21 | 46:07 | 49:35 | 60:06 | 61:13 | 67:32 | 69:47 | 70:13 | |
| | Stepf | | | 9:23 | 2:04 | 9:35 | 9:53 | 5:12 | 4:14 | 5:46 | 3:28 | 10:31 | 1:07 | 6:19 | 2:15 | 0:26 | |
| 26 | Kirstin Zwahlen | D18 | 70:37 | 9:34 | 11:33 | 22:58 | 36:18 | 42:06 | 45:03 | 50:14 | 53:28 | 62:11 | 63:12 | 68:03 | 70:19 | 70:37 | |
| | Zwahlen Seeland | | | 9:34 | 1:59 | 11:25 | 13:20 | 5:48 | 2:57 | 5:11 | 3:14 | 8:43 | 1:01 | 4:51 | 2:16 | 0:18 | |
| 27 | Lukas Bersuck | H21Ak | 71:04 | 8:15 | 10:13 | 21:25 | 31:50 | 37:38 | 40:18 | 47:10 | 51:57 | 61:07 | 62:52 | 68:18 | 70:45 | 71:04 | |
| | Bielefelder TG | | | 8:15 | 1:58 | 11:12 | 10:25 | 5:48 | 2:40 | 6:52 | 4:47 | 9:10 | 1:45 | 5:26 | 2:27 | 0:19 | |
| 28 | Thomas Lindschouw | H55 | 95:01 | 9:18 | 11:08 | 21:59 | 32:03 | 37:16 | 40:21 | 45:50 | 49:33 | 84:56 | 86:18 | 92:03 | 94:26 | 95:01 | |
| | Aalborg OK | | | 9:18 | 1:50 | 10:51 | 10:04 | 5:13 | 3:05 | 5:29 | 3:43 | 35:23 | 1:22 | 5:45 | 2:23 | 0:35 | |
| 29 | Natalia Guskova | D18 | 95:52 | 11:56 | 14:39 | 32:44 | 45:41 | 53:23 | 58:15 | 66:11 | 72:19 | 83:37 | 85:16 | 91:51 | 95:26 | 95:52 | |
| | OLG Siegerland | | | 11:56 | 2:43 | 18:05 | 12:57 | 7:42 | 4:52 | 7:56 | 6:08 | 11:18 | 1:39 | 6:35 | 3:35 | 0:26 | |
| 30 | Robin Verstrepen | H21Ak | 96:43 | 11:08 | 13:41 | 28:59 | 41:40 | 50:06 | 52:39 | 58:11 | 61:56 | 72:38 | 73:26 | 92:59 | 96:23 | 96:43 | |
| | Omega | | | 11:08 | 2:33 | 15:18 | 12:41 | 8:26 | 2:33 | 5:32 | 3:45 | 10:42 | 0:48 | 19:33 | 3:24 | 0:20 | |
| 31 | Daniel Wampfler | H55 | 96:47 | 8:55 | 10:43 | 19:48 | 40:27 | 46:17 | 70:42 | 76:39 | 79:43 | 88:35 | 89:23 | 94:11 | 96:24 | 96:47 | |
| | Wampfler | | | 8:55 | 1:48 | 9:05 | 20:39 | 5:50 | 24:25 | 5:57 | 3:04 | 8:52 | 0:48 | 4:48 | 2:13 | 0:23 | |
| 32 | Hjördis Fischer | D45 | 237:18 | 33:52 | 37:45 | 102:52 | 145:16 | 153:05 | 160:42 | 172:53 | 184:10 | 224:05 | 225:46 | 232:48 | 236:37 | 237:18 | |
| | SG Wintermoor 68 | | | 33:52 | 3:53 | 65:07 | 42:24 | 7:49 | 7:37 | 12:11 | 11:17 | 39:55 | 1:41 | 7:02 | 3:49 | 0:41 | |
| | André Leuenberger | H55 | Fehlst | 9:26 | 11:16 | 21:34 | 34:56 | 40:34 | 43:34 | 51:52 | 60:32 | 132:23 | ----- | 139:50 | 146:07 | 147:04 | |
| | OLG Herzogenbuch | | | 9:26 | 1:50 | 10:18 | 13:22 | 5:38 | 3:00 | 8:18 | 8:40 | 71:51 | ----- | 7:27 | 6:17 | 0:57 | |
| | Olga Zwicker | D45 | N Ang | | | | | | | | | | | | | | |
| | Argus | | | | | | | | | | | | | | | | |
| Bahn 6 (41) | | | | 4,3 km 130 Hm | 13 P | | | | | | | | | | | | |
| | | | | 1(75) | 2(73) | 3(72) | 4(44) | 5(55) | 6(78) | 7(51) | 8(62) | 9(79) | 10(63) | 11(74) | 12(52) | 13(100) | Ziel |
| 1 | Wiet Laenen | H60 | 35:28 | 1:55 | 6:26 | 7:20 | 11:55 | 16:46 | 18:01 | 21:32 | 25:31 | 29:02 | 30:01 | 32:39 | 33:43 | 34:57 | 35:28 |
| | TROL Belgium | | | 1:55 | 4:31 | 0:54 | 4:35 | 4:51 | 1:15 | 3:31 | 3:59 | 3:31 | 0:59 | 2:38 | 1:04 | 1:14 | 0:31 |
| 2 | Luc Melis | H60 | 36:10 | 3:40 | 7:58 | 8:55 | 13:18 | 16:49 | 18:05 | 21:50 | 26:00 | 30:01 | 30:58 | 33:39 | 34:26 | 35:47 | 36:10 |
| | Hamok | | | 3:40 | 4:18 | 0:57 | 4:23 | 3:31 | 1:16 | 3:45 | 4:10 | 4:01 | 0:57 | 2:41 | 0:47 | 1:21 | 0:23 |
| 3 | Michael Bohsmann | H60 | 39:09 | 2:48 | 7:06 | 8:14 | 12:33 | 17:13 | 18:23 | 22:22 | 27:29 | 32:05 | 32:55 | 36:08 | 37:04 | 38:49 | 39:09 |
| | OL-Team Filder | | | 2:48 | 4:18 | 1:08 | 4:19 | 4:40 | 1:10 | 3:59 | 5:07 | 4:36 | 0:50 | 3:13 | 0:56 | 1:45 | 0:20 |
| 4 | Pavel Ditrych | H60 | 40:01 | 2:31 | 7:16 | 8:30 | 13:24 | 17:20 | 18:42 | 22:39 | 27:08 | 32:51 | 33:54 | 37:12 | 38:08 | 39:39 | 40:01 |
| | OL Regio Burgdorf | | | 2:31 | 4:45 | 1:14 | 4:54 | 3:56 | 1:22 | 3:57 | 4:29 | 5:43 | 1:03 | 3:18 | 0:56 | 1:31 | 0:22 |
| 5 | Henning Bruns | H60 | 42:22 | 2:20 | 7:22 | 8:25 | 13:07 | 17:11 | 18:51 | 22:58 | 27:48 | 35:01 | 36:01 | 39:41 | 40:26 | 42:00 | 42:22 |
| | MTK Bad Harzburg | | | 2:20 | 5:02 | 1:03 | 4:42 | 4:04 | 1:40 | 4:07 | 4:50 | 7:13 | 1:00 | 3:40 | 0:45 | 1:34 | 0:22 |
| 6 | Marianne Lynge Kro | D50 | 43:27 | 2:43 | 7:53 | 9:09 | 13:40 | 17:55 | 19:33 | 25:53 | 32:07 | 36:41 | 37:38 | 40:49 | 41:36 | 43:06 | 43:27 |
| | Kolding OK | | | 2:43 | 5:10 | 1:16 | 4:31 | 4:15 | 1:38 | 6:20 | 6:14 | 4:34 | 0:57 | 3:11 | 0:47 | 1:30 | 0:21 |
| | | | | | 24:54 | | | | | | | | | | | | |
| | | | | | *65 | | | | | | | | | | | | |
| 7 | Michael Schwien | H60 | 46:39 | 3:40 | 8:02 | 9:36 | 17:54 | 21:18 | 22:47 | 27:26 | 32:01 | 39:37 | 40:39 | 44:03 | 44:58 | 46:19 | 46:39 |
| | SC Klecken | | | 3:40 | 4:22 | 1:34 | 8:18 | 3:24 | 1:29 | 4:39 | | | | | | | |

| Pl | Name | Kat | Zeit | | | | | | | | | | | | | | Ziel |
|--------------------|---------------------|-------|--------|---------------|---------------|-------------|-------|-------|-----------------|-------|-------|--------|--------|---------|--------|---------|--------|
| Bahn 6 (41) | | | | 4,3 km | 130 Hm | 13 P | | | (Forts.) | | | | | | | | |
| | | | | 1(75) | 2(73) | 3(72) | 4(44) | 5(55) | 6(78) | 7(51) | 8(62) | 9(79) | 10(63) | 11(74) | 12(52) | 13(100) | |
| 11 | Henning Mindstrup | H60 | 54:56 | 3:28 | 8:54 | 10:19 | 16:04 | 20:28 | 22:05 | 27:38 | 34:04 | 44:36 | 45:47 | 51:10 | 52:14 | 54:28 | 54:56 |
| | Horsens OK | | | 3:28 | 5:26 | 1:25 | 5:45 | 4:24 | 1:37 | 5:33 | 6:26 | 10:32 | 1:11 | 5:23 | 1:04 | 2:14 | 0:28 |
| 12 | Erik Warncke | H60 | 55:46 | 3:42 | 9:48 | 10:52 | 17:01 | 22:14 | 24:37 | 30:02 | 36:25 | 46:26 | 47:41 | 52:23 | 53:22 | 55:21 | 55:46 |
| | Horsens OK | | | 3:42 | 6:06 | 1:04 | 6:09 | 5:13 | 2:23 | 5:25 | 6:23 | 10:01 | 1:15 | 4:42 | 0:59 | 1:59 | 0:25 |
| 13 | Evi Drese | D50 | 56:43 | 2:59 | 7:52 | 9:08 | 14:27 | 18:51 | 20:34 | 25:06 | 30:59 | 37:43 | 38:41 | 50:02 | 54:29 | 56:14 | 56:43 |
| | OLV Uslar | | | 2:59 | 4:53 | 1:16 | 5:19 | 4:24 | 1:43 | 4:32 | 5:53 | 6:44 | 0:58 | 11:21 | 4:27 | 1:45 | 0:29 |
| | | | | 44:20 | | | | | | | | | | | | | |
| | | | | *47 | | | | | | | | | | | | | |
| 14 | Lada Konstantynov | D16 | 58:00 | 2:57 | 10:05 | 11:21 | 18:12 | 27:03 | 29:15 | 35:22 | 41:44 | 48:27 | 49:53 | 54:45 | 55:44 | 57:37 | 58:00 |
| | SK NORD Charkiw | | | 2:57 | 7:08 | 1:16 | 6:51 | 8:51 | 2:12 | 6:07 | 6:22 | 6:43 | 1:26 | 4:52 | 0:59 | 1:53 | 0:23 |
| 15 | Dieter Wehrhöfer-Be | H60 | 60:29 | 3:21 | 9:34 | 10:55 | 17:23 | 22:52 | 26:43 | 33:36 | 39:54 | 50:00 | 51:23 | 56:42 | 58:21 | 60:04 | 60:29 |
| | Bielefelder TG | | | 3:21 | 6:13 | 1:21 | 6:28 | 5:29 | 3:51 | 6:53 | 6:18 | 10:06 | 1:23 | 5:19 | 1:39 | 1:43 | 0:25 |
| 16 | Erik Krogh | OM | 60:48 | 4:04 | 11:57 | 13:43 | 20:46 | 25:48 | 28:35 | 34:48 | 41:24 | 51:13 | 52:41 | 56:51 | 58:26 | 60:27 | 60:48 |
| | Kolding OK | | | 4:04 | 7:53 | 1:46 | 7:03 | 5:02 | 2:47 | 6:13 | 6:36 | 9:49 | 1:28 | 4:10 | 1:35 | 2:01 | 0:21 |
| 17 | Sonja Kunze | D50 | 60:59 | 3:24 | 12:16 | 14:32 | 20:40 | 25:08 | 26:54 | 32:52 | 40:04 | 51:25 | 52:58 | 57:26 | 58:46 | 60:38 | 60:59 |
| | OLV Uslar | | | 3:24 | 8:52 | 2:16 | 6:08 | 4:28 | 1:46 | 5:58 | 7:12 | 11:21 | 1:33 | 4:28 | 1:20 | 1:52 | 0:21 |
| 18 | Peter Vande Loock | H60 | 61:10 | 3:33 | 11:19 | 12:36 | 22:21 | 28:32 | 30:32 | 38:04 | 45:28 | 52:19 | 53:35 | 57:40 | 59:03 | 60:39 | 61:10 |
| | SAS Orientatie | | | 3:33 | 7:46 | 1:17 | 9:45 | 6:11 | 2:00 | 7:32 | 7:24 | 6:51 | 1:16 | 4:05 | 1:23 | 1:36 | 0:31 |
| 19 | Caroline Knoll | D50 | 61:42 | 3:49 | 11:11 | 13:03 | 20:32 | 26:58 | 29:02 | 37:37 | 44:09 | 51:15 | 53:03 | 58:11 | 59:16 | 61:16 | 61:42 |
| | Bielefelder TG | | | 3:49 | 7:22 | 1:52 | 7:29 | 6:26 | 2:04 | 8:35 | 6:32 | 7:06 | 1:48 | 5:08 | 1:05 | 2:00 | 0:26 |
| 20 | Vanessa Van Breeda | OM | 65:55 | 4:52 | 12:45 | 14:16 | 22:45 | 30:22 | 32:46 | 40:01 | 47:55 | 55:45 | 57:23 | 62:09 | 63:21 | 65:26 | 65:55 |
| | TROL Belgium | | | 4:52 | 7:53 | 1:31 | 8:29 | 7:37 | 2:24 | 7:15 | 7:54 | 7:50 | 1:38 | 4:46 | 1:12 | 2:05 | 0:29 |
| 21 | Harald Friedl | H60 | 66:05 | 3:44 | 11:08 | 12:55 | 21:51 | 28:08 | 31:38 | 37:50 | 46:16 | 54:16 | 56:12 | 61:37 | 63:11 | 65:32 | 66:05 |
| | Stemwede | | | 3:44 | 7:24 | 1:47 | 8:56 | 6:17 | 3:30 | 6:12 | 8:26 | 8:00 | 1:56 | 5:25 | 1:34 | 2:21 | 0:33 |
| 22 | Andreas Thies | H60 | 69:16 | 3:49 | 11:05 | 12:49 | 20:28 | 25:19 | 27:25 | 35:40 | 45:37 | 55:39 | 57:26 | 65:09 | 66:35 | 68:47 | 69:16 |
| | TuS Lübbecke | | | 3:49 | 7:16 | 1:44 | 7:39 | 4:51 | 2:06 | 8:15 | 9:57 | 10:02 | 1:47 | 7:43 | 1:26 | 2:12 | 0:29 |
| 23 | Tommy Jakobsen | H60 | 70:39 | 3:29 | 11:08 | 12:47 | 19:35 | 31:19 | 33:11 | 39:51 | 47:23 | 61:05 | 62:29 | 67:03 | 68:00 | 70:12 | 70:39 |
| | Horsens OK | | | 3:29 | 7:39 | 1:39 | 6:48 | 11:44 | 1:52 | 6:40 | 7:32 | 13:42 | 1:24 | 4:34 | 0:57 | 2:12 | 0:27 |
| 24 | Morris Tschann | OM | 73:59 | 3:07 | 14:04 | 15:19 | 20:08 | 24:06 | 26:04 | 33:09 | 38:03 | 58:01 | 59:38 | 70:46 | 72:08 | 73:42 | 73:59 |
| | Zwahlens Seeland | | | 3:07 | 10:57 | 1:15 | 4:49 | 3:58 | 1:58 | 7:05 | 4:54 | 19:58 | 1:37 | 11:08 | 1:22 | 1:34 | 0:17 |
| 25 | Filipp Thies | OM | 75:07 | 3:29 | 21:46 | 22:53 | 30:44 | 36:33 | 38:22 | 44:36 | 51:16 | 65:50 | 67:22 | 71:52 | 73:04 | 74:45 | 75:07 |
| | TuS Lübbecke | | | 3:29 | 18:17 | 1:07 | 7:51 | 5:49 | 1:49 | 6:14 | 6:40 | 14:34 | 1:32 | 4:30 | 1:12 | 1:41 | 0:22 |
| 26 | Annkathrin Knoll | D16 | 75:34 | 4:18 | 13:44 | 16:14 | 27:28 | 35:46 | 38:41 | 48:51 | 56:01 | 64:02 | 65:48 | 71:35 | 72:52 | 75:07 | 75:34 |
| | Bielefelder TG | | | 4:18 | 9:26 | 2:30 | 11:14 | 8:18 | 2:55 | 10:10 | 7:10 | 8:01 | 1:46 | 5:47 | 1:17 | 2:15 | 0:27 |
| 27 | Sören Sögaard Niels | H60 | 77:37 | 3:35 | 12:47 | 14:12 | 22:46 | 28:45 | 32:22 | 39:27 | 59:39 | 66:15 | 68:00 | 74:15 | 75:16 | 77:07 | 77:37 |
| | Herning OK | | | 3:35 | 9:12 | 1:25 | 8:34 | 5:59 | 3:37 | 7:05 | 20:12 | 6:36 | 1:45 | 6:15 | 1:01 | 1:51 | 0:30 |
| 28 | Angelique De Grand | D50 | 79:52 | 3:53 | 16:33 | 19:34 | 30:16 | 37:32 | 39:34 | 48:09 | 56:31 | 68:32 | 69:53 | 75:37 | 76:50 | 79:25 | 79:52 |
| | Omega | | | 3:53 | 12:40 | 3:01 | 10:42 | 7:16 | 2:02 | 8:35 | 8:22 | 12:01 | 1:21 | 5:44 | 1:13 | 2:35 | 0:27 |
| 29 | Torben Sörensen | H60 | 84:36 | 12:10 | 18:54 | 20:30 | 30:25 | 35:23 | 39:26 | 48:24 | 66:33 | 73:20 | 75:06 | 81:16 | 82:20 | 84:09 | 84:36 |
| | Horsens OK | | | 12:10 | 6:44 | 1:36 | 9:55 | 4:58 | 4:03 | 8:58 | 18:09 | 6:47 | 1:46 | 6:10 | 1:04 | 1:49 | 0:27 |
| 30 | Siv Fredberg | D16 | 88:08 | 4:48 | 14:33 | 16:29 | 26:10 | 40:23 | 43:00 | 56:40 | 67:54 | 77:27 | 79:07 | 84:19 | 85:49 | 87:44 | 88:08 |
| | Silkeborg OK | | | 4:48 | 9:45 | 1:56 | 9:41 | 14:13 | 2:37 | 13:40 | 11:14 | 9:33 | 1:40 | 5:12 | 1:30 | 1:55 | 0:24 |
| 31 | Henning Hansen | H60 | 88:56 | 5:45 | 16:12 | 19:07 | 32:28 | 39:35 | 42:26 | 53:38 | 63:31 | 73:15 | 75:35 | 83:08 | 84:39 | 87:58 | 88:56 |
| | Horsens OK | | | 5:45 | 10:27 | 2:55 | 13:21 | 7:07 | 2:51 | 11:12 | 9:53 | 9:44 | 2:20 | 7:33 | 1:31 | 3:19 | 0:58 |
| 32 | Marit Zwickler | D16 | 94:09 | 2:41 | 18:52 | 20:08 | 38:15 | 46:15 | 48:37 | 55:00 | 69:05 | 80:47 | 81:41 | 90:17 | 91:02 | 93:51 | 94:09 |
| | Argus | | | 2:41 | 16:11 | 1:16 | 18:07 | 8:00 | 2:22 | 6:23 | 14:05 | 11:42 | 0:54 | 8:36 | 0:45 | 2:49 | 0:18 |
| 33 | Marcia Bronckaers | D50 | 104:07 | 6:30 | 19:01 | 22:21 | 34:22 | 42:14 | 45:08 | 68:53 | 76:45 | 89:02 | 91:31 | 98:15 | 100:06 | 103:30 | 104:07 |
| | Kempische O-lopers | | | 6:30 | 12:31 | 3:20 | 12:01 | 7:52 | 2:54 | 23:45 | 7:52 | 12:17 | 2:29 | 6:44 | 1:51 | 3:24 | 0:37 |
| 34 | Thomas Cieslewicz | H60 | 108:36 | 4:29 | 12:07 | 15:38 | 25:30 | 38:48 | 41:30 | 49:24 | 75:22 | 90:20 | 93:02 | 102:25 | 104:28 | 107:52 | 108:36 |
| | TSC Eintracht Dortm | | | 4:29 | 7:38 | 3:31 | 9:52 | 13:18 | 2:42 | 7:54 | 25:58 | 14:58 | 2:42 | 9:23 | 2:03 | 3:24 | 0:44 |
| 35 | Barbara Höwer | OM | 123:29 | 4:19 | 25:19 | 48:45 | 62:29 | 69:04 | 72:20 | 82:03 | 90:23 | 106:58 | 108:30 | 118:31 | 119:58 | 122:59 | 123:29 |
| | DJK Adler 07 Bottro | | | 4:19 | 21:00 | 23:26 | 13:44 | 6:35 | 3:16 | 9:43 | 8:20 | 16:35 | 1:32 | 10:01 | 1:27 | 3:01 | 0:30 |
| | Kees Geers | OM | N Ang | | | | | | | | | | | | | | |
| | Argus | | | | | | | | | | | | | | | | |
| | Katinka Mulder | OM | N Ang | | | | | | | | | | | | | | |
| | Argus | | | | | | | | | | | | | | | | |
| | Martine Hoeksma | D50 | N Ang | | | | | | | | | | | | | | |
| | OLifant | | | | | | | | | | | | | | | | |
| | Kasper Lynge Krogl | OM | N Ang | | | | | | | | | | | | | | |
| | Kolding OK | | | | | | | | | | | | | | | | |
| | Anna Weigert | D16 | N Ang | | | | | | | | | | | | | | |
| | TV Jahn Wolfsburg | | | | | | | | | | | | | | | | |
| | Denis Cuche | H60 | N Ang | | | | | | | | | | | | | | |
| | CARose | | | | | | | | | | | | | | | | |
| Bahn 7 (24) | | | | 3,1 km | 90 Hm | 11 P | | | | | | | | | | Ziel | |
| | | | | 1(70) | 2(57) | 3(73) | 4(72) | 5(65) | 6(62) | 7(79) | 8(63) | 9(74) | 10(52) | 11(100) | | | |
| 1 | Anna Serrallonga Ar | D21A# | 24:56 | 2:37 | 4:35 | 7:07 | 8:18 | 11:36 | 15:31 | 18:43 | 19:37 | 22:32 | 23:24 | 24:38 | 24:56 | 2:11 | |
| | TROL Belgium | | | 2:37 | 1:58 | 2:32 | 1:11 | 3:18 | 3:55 | 3:12 | 0:54 | 2:55 | 0:52 | 1:14 | 0:18 | *75 | |
| | | | | 2:11 | 2:13 | 24:38 | | | | | | | | | | | |
| | | | | *75 | | | | | | | | | | | | | |
| | | | | *100 | | | | | | | | | | | | | |
| 2 | Kirsten Kolbe | D55 | 36:40 | 3:13 | 5:35 | 9:14 | 10:30 | 16:17 | 23:15 | 28:17 | 29:20 | 33:38 | 34:32 | 36:13 | 36:40 | | |
| | TuS Lübbecke | | | 3:13 | 2:22 | 3:39 | 1:16 | 5:47 | 6:58 | 5:02 | 1:03 | 4:18 | 0:54 | 1:41 | 0:27 | | |
| 3 | Friederike Grauman | D21A# | 37:12 | 3:21 | 7:26 | 10:54 | 12:24 | 16:58 | 22:45 | 29:03 | 30:12 | 34:13 | 35:10 | 36:46 | 37:12 | | |
| | ESV Lok Berlin-Schi | | | 3:21 | 4:05 | 3:28 | 1:30 | 4:34 | 5:47 | 6:18 | 1:09 | 4:01 | 0:57 | 1:36 | 0:26 | | |
| 4 | Annelies Vermonder | D21A# | 39:56 | 3:10 | 6:27 | 9:29 | 12:21 | 15:43 | 20:05 | 28:05 | 29:14 | 37:05 | 37:56 | 39:32 | 39:56 | | |
| | TROL Belgium | | | 3:10 | 3:17 | 3:02 | 2:52 | 3:22 | 4:22 | 8:00 | 1:09 | 7:51 | 0:51 | 1:36 | 0:24 | | |

| Pl | Name | Kat | Zeit | | | | | | | | | | | | Ziel | |
|--------------------|--------------------------------------|-------|--------|----------------------|-------------|-------|-------|-----------------|-------|--------|--------|--------|--------|---------|---------|-------|
| Bahn 7 (24) | | | | 3,1 km 90 Hm | 11 P | | | (Forts.) | | | | | | | | |
| | | | | 1(70) | 2(57) | 3(73) | 4(72) | 5(65) | 6(62) | 7(79) | 8(63) | 9(74) | 10(52) | 11(100) | | |
| 5 | Kristine Fritz OL-Team Filder | D55 | 41:13 | 3:32 | 6:43 | 10:23 | 11:35 | 15:28 | 22:01 | 32:13 | 33:34 | 37:42 | 38:45 | 40:50 | 41:13 | |
| | | | | 3:32 | 3:11 | 3:40 | 1:12 | 3:53 | 6:33 | 10:12 | 1:21 | 4:08 | 1:03 | 2:05 | 0:23 | |
| 6 | Lucia Agaard Herning OK | D60 | 43:59 | 3:20 | 9:23 | 14:51 | 16:31 | 21:37 | 27:59 | 35:02 | 36:22 | 40:13 | 41:24 | 43:27 | 43:59 | |
| | | | | 3:20 | 6:03 | 5:28 | 1:40 | 5:06 | 6:22 | 7:03 | 1:20 | 3:51 | 1:11 | 2:03 | 0:32 | |
| 7 | Kathrin Trappe TOLF Berlin | D21A+ | 44:11 | 4:14 | 7:15 | 12:25 | 13:49 | 19:32 | 27:05 | 34:24 | 35:35 | 40:48 | 41:50 | 43:44 | 44:11 | |
| | | | | 4:14 | 3:01 | 5:10 | 1:24 | 5:43 | 7:33 | 7:19 | 1:11 | 5:13 | 1:02 | 1:54 | 0:27 | |
| 8 | Hanne Gylling Aarhus 1900 Oriente | D55 | 51:38 | 3:32 | 9:58 | 14:30 | 16:09 | 22:48 | 32:20 | 39:14 | 40:42 | 47:00 | 48:28 | 51:10 | 51:38 | |
| | | | | 3:32 | 6:26 | 4:32 | 1:39 | 6:39 | 9:32 | 6:54 | 1:28 | 6:18 | 1:28 | 2:42 | 0:28 | |
| 9 | Ulrike Korff SC Achmer | D55 | 52:13 | 3:59 | 7:14 | 11:19 | 12:42 | 18:05 | 36:12 | 42:14 | 43:20 | 48:43 | 49:50 | 51:49 | 52:13 | |
| | | | | 3:59 | 3:15 | 4:05 | 1:23 | 5:23 | 18:07 | 6:02 | 1:06 | 5:23 | 1:07 | 1:59 | 0:24 | |
| 10 | Maria Garrido Osun: COMA | D21A+ | 53:30 | 5:46 | 16:46 | 22:36 | 23:47 | 28:28 | 35:30 | 45:44 | 46:44 | 50:48 | 51:47 | 53:10 | 53:30 | |
| | | | | 5:46 | 11:00 | 5:50 | 1:11 | 4:41 | 7:02 | 10:14 | 1:00 | 4:04 | 0:59 | 1:23 | 0:20 | |
| 11 | Corinne Servais Altair CO | D55 | 53:45 | 5:25 | 11:46 | 16:43 | 18:24 | 24:54 | 32:53 | 42:01 | 43:29 | 48:16 | 51:25 | 53:16 | 53:45 | |
| | | | | 5:25 | 6:21 | 4:57 | 1:41 | 6:30 | 7:59 | 9:08 | 1:28 | 4:47 | 3:09 | 1:51 | 0:29 | |
| 12 | Joke Zoons Hamok | D21A+ | 60:03 | 4:22 | 13:45 | 19:08 | 20:49 | 25:59 | 40:12 | 49:05 | 50:09 | 54:24 | 56:10 | 59:42 | 60:03 | |
| | | | | 4:22 | 9:23 | 5:23 | 1:41 | 5:10 | 14:13 | 8:53 | 1:04 | 4:15 | 1:46 | 3:32 | 0:21 | |
| 13 | Britta Brünings TSV Karlshorst | D55 | 61:26 | 3:54 | 7:08 | 21:35 | 22:35 | 27:23 | 40:14 | 53:07 | 54:18 | 58:20 | 59:28 | 61:01 | 61:26 | |
| | | | | 3:54 | 3:14 | 14:27 | 1:00 | 4:48 | 12:51 | 12:53 | 1:11 | 4:02 | 1:08 | 1:33 | 0:25 | |
| 14 | Greta Mols Hamok | D55 | 61:54 | 7:54 | 15:06 | 22:18 | 24:47 | 31:01 | 44:25 | 51:37 | 53:16 | 57:59 | 59:24 | 61:22 | 61:54 | |
| | | | | 7:54 | 7:12 | 7:12 | 2:29 | 6:14 | 13:24 | 7:12 | 1:39 | 4:43 | 1:25 | 1:58 | 0:32 | |
| 15 | Natalie Zwahlen Zwahlens Seeland | D21A+ | 72:54 | 4:37 | 9:17 | 18:16 | 19:59 | 25:53 | 40:10 | 53:56 | 55:34 | 68:34 | 69:50 | 72:26 | 72:54 | |
| | | | | 4:37 | 4:40 | 8:59 | 1:43 | 5:54 | 14:17 | 13:46 | 1:38 | 13:00 | 1:16 | 2:36 | 0:28 | |
| 16 | Ute Boeck Kaulsdorfer OLV | D55 | 82:36 | 5:29 | 13:50 | 27:32 | 29:36 | 47:29 | 57:35 | 69:29 | 70:59 | 78:07 | 79:36 | 82:06 | 82:36 | |
| | | | | 5:29 | 8:21 | 13:42 | 2:04 | 17:53 | 10:06 | 11:54 | 1:30 | 7:08 | 1:29 | 2:30 | 0:30 | |
| 17 | Anita Baerts Borasca | D60 | 94:27 | 10:57 | 17:25 | 32:05 | 34:26 | 47:26 | 62:05 | 74:37 | 77:45 | 88:11 | 90:13 | 93:42 | 94:27 | |
| | | | | 10:57 | 6:28 | 14:40 | 2:21 | 13:00 | 14:39 | 12:32 | 3:08 | 10:26 | 2:02 | 3:29 | 0:45 | |
| 18 | Miek Bruyninckx TROL Belgium | D60 | 97:06 | 6:00 | 17:44 | 31:06 | 33:51 | 43:18 | 54:07 | 79:53 | 82:41 | 90:48 | 92:57 | 96:27 | 97:06 | |
| | | | | 6:00 | 11:44 | 13:22 | 2:45 | 9:27 | 10:49 | 25:46 | 2:48 | 8:07 | 2:09 | 3:30 | 0:39 | |
| 19 | Noelle Choprix Altair CO | D60 | 113:05 | 8:24 | 17:56 | 34:13 | 38:49 | 52:41 | 64:59 | 95:07 | 98:40 | 106:35 | 108:34 | 112:30 | 113:05 | |
| | | | | 8:24 | 9:32 | 16:17 | 4:36 | 13:52 | 12:18 | 30:08 | 3:33 | 7:55 | 1:59 | 3:56 | 0:35 | |
| 20 | Anne Hanses TuS Bramsche | D60 | 121:44 | 5:19 | 19:04 | 29:42 | 39:39 | 56:12 | 72:17 | 103:02 | 105:10 | 112:43 | 115:00 | 121:07 | 121:44 | |
| | | | | 5:19 | 13:45 | 10:38 | 9:57 | 16:33 | 16:05 | 30:45 | 2:08 | 7:33 | 2:17 | 6:07 | 0:37 | |
| | Heidi Graumann | D55 | N Ang | | | | | | | | | | | | | |
| | ESV Lok Berlin-Schi | | | | | | | | | | | | | | | |
| | Kirsten König | D55 | N Ang | | | | | | | | | | | | | |
| | OLG Ortenau | | | | | | | | | | | | | | | |
| | Claudia Weigert | D21A+ | N Ang | | | | | | | | | | | | | |
| | TV Jahn Wolfsburg | | | | | | | | | | | | | | | |
| | Jen Vanreusel | D60 | N Ang | | | | | | | | | | | | | |
| | SAS Orientatie | | | | | | | | | | | | | | | |
| Bahn 8 (35) | | | | 3,3 km 100 Hm | 12 P | | | | | | | | | | Ziel | |
| | | | | 1(75) | 2(69) | 3(73) | 4(72) | 5(65) | 6(62) | 7(54) | 8(79) | 9(77) | 10(63) | 11(74) | 12(100) | |
| 1 | Franz Wyss OL Regio Olten | H70 | 42:06 | 2:30 | 4:51 | 8:09 | 10:39 | 14:16 | 26:30 | 27:10 | 31:47 | 33:19 | 35:03 | 39:38 | 41:39 | 42:06 |
| | | | | 2:30 | 2:21 | 3:18 | 2:30 | 3:37 | 12:14 | 0:40 | 4:37 | 1:32 | 1:44 | 4:35 | 2:01 | 0:27 |
| 2 | Klaus Held OLV Eifel | H70 | 43:26 | 2:40 | 5:21 | 11:23 | 13:13 | 18:05 | 24:37 | 25:29 | 34:33 | 36:01 | 38:02 | 41:20 | 43:02 | 43:26 |
| | | | | 2:40 | 2:41 | 6:02 | 1:50 | 4:52 | 6:32 | 0:52 | 9:04 | 1:28 | 2:01 | 3:18 | 1:42 | 0:24 |
| 3 | André Aerts Hamok | H65 | 44:31 | 3:28 | 6:39 | 13:26 | 14:34 | 19:09 | 26:44 | 27:34 | 34:12 | 35:49 | 37:50 | 42:33 | 44:10 | 44:31 |
| | | | | 3:28 | 3:11 | 6:47 | 1:08 | 4:35 | 7:35 | 0:50 | 6:38 | 1:37 | 2:01 | 4:43 | 1:37 | 0:21 |
| | | | | 3:00 | | | | | | | | | | | | |
| | | | | *70 | | | | | | | | | | | | |
| 4 | Emil Olesen FIF Hillerod | H70 | 46:54 | 3:00 | 5:39 | 11:24 | 13:10 | 19:44 | 28:00 | 29:02 | 35:06 | 36:52 | 39:41 | 43:57 | 46:27 | 46:54 |
| | | | | 3:00 | 2:39 | 5:45 | 1:46 | 6:34 | 8:16 | 1:02 | 6:04 | 1:46 | 2:49 | 4:16 | 2:30 | 0:27 |
| 5 | Ferdinand Hanses TuS Bramsche | H65 | 46:55 | 3:39 | 6:50 | 12:08 | 14:12 | 19:37 | 27:58 | 29:20 | 35:11 | 37:03 | 39:18 | 44:05 | 46:27 | 46:55 |
| | | | | 3:39 | 3:11 | 5:18 | 2:04 | 5:25 | 8:21 | 1:22 | 5:51 | 1:52 | 2:15 | 4:47 | 2:22 | 0:28 |
| 6 | Hansjörg Graf OLG Pfäffikon | H65 | 49:56 | 4:41 | 7:34 | 11:55 | 13:48 | 19:28 | 26:33 | 27:56 | 36:14 | 38:12 | 41:20 | 46:31 | 49:27 | 49:56 |
| | | | | 4:41 | 2:53 | 4:21 | 1:53 | 5:40 | 7:05 | 1:23 | 8:18 | 1:58 | 3:08 | 5:11 | 2:56 | 0:29 |
| 7 | Frank Czioska OLF Mainz | H65 | 50:45 | 3:18 | 5:58 | 9:32 | 10:48 | 14:44 | 21:11 | 22:04 | 40:49 | 42:21 | 44:24 | 48:13 | 50:22 | 50:45 |
| | | | | 3:18 | 2:40 | 3:34 | 1:16 | 3:56 | 6:27 | 0:53 | 18:45 | 1:32 | 2:03 | 3:49 | 2:09 | 0:23 |
| 8 | Jörgen Jörgensen Silkeborg OK | H70 | 52:26 | 3:29 | 6:22 | 11:50 | 13:22 | 18:15 | 25:49 | 27:01 | 39:25 | 41:13 | 44:20 | 49:08 | 51:45 | 52:26 |
| | | | | 3:29 | 2:53 | 5:28 | 1:32 | 4:53 | 7:34 | 1:12 | 12:24 | 1:48 | 3:07 | 4:48 | 2:37 | 0:41 |
| 9 | Jörgen Münster-Swe Silkeborg OK | H70 | 53:58 | 4:02 | 7:11 | 10:38 | 12:02 | 20:57 | 29:13 | 30:29 | 42:09 | 43:47 | 45:40 | 51:20 | 53:31 | 53:58 |
| | | | | 4:02 | 3:09 | 3:27 | 1:24 | 8:55 | 8:16 | 1:16 | 11:40 | 1:38 | 1:53 | 5:40 | 2:11 | 0:27 |
| 10 | Wilhelm Holz OLV Uslar | H70 | 54:06 | 4:39 | 8:03 | 12:37 | 16:28 | 22:28 | 30:44 | 31:53 | 38:40 | 41:48 | 44:43 | 50:39 | 53:35 | 54:06 |
| | | | | 4:39 | 3:24 | 4:34 | 3:51 | 6:00 | 8:16 | 1:09 | 6:47 | 3:08 | 2:55 | 5:56 | 2:56 | 0:31 |
| 11 | Kurt Fischer OLG Pfäffikon | H70 | 55:07 | 3:15 | 7:25 | 11:16 | 12:50 | 17:40 | 29:54 | 30:54 | 42:16 | 44:06 | 46:40 | 52:07 | 54:43 | 55:07 |
| | | | | 3:15 | 4:10 | 3:51 | 1:34 | 4:50 | 12:14 | 1:00 | 11:22 | 1:50 | 2:34 | 5:27 | 2:36 | 0:24 |
| 12 | Frans Wens TROL Belgium | H70 | 55:37 | 3:16 | 5:47 | 9:19 | 24:05 | 29:39 | 38:32 | 39:29 | 45:30 | 47:12 | 49:22 | 53:28 | 55:14 | 55:37 |
| | | | | 3:16 | 2:31 | 3:32 | 14:46 | 5:34 | 8:53 | 0:57 | 6:01 | 1:42 | 2:10 | 4:06 | 1:46 | 0:23 |
| 13 | Rochus Souan SV Hildesia Diekhol. | H65 | 56:21 | 3:47 | 10:44 | 14:59 | 16:54 | 24:04 | 32:11 | 33:35 | 41:37 | 43:49 | 46:59 | 52:40 | 55:38 | 56:21 |
| | | | | 3:47 | 6:57 | 4:15 | 1:55 | 7:10 | 8:07 | 1:24 | 8:02 | 2:12 | 3:10 | 5:41 | 2:58 | 0:43 |
| 14 | Kai Kaspersen Herning OK | H70 | 57:04 | 3:15 | 5:48 | 9:19 | 13:49 | 20:19 | 36:36 | 37:31 | 45:16 | 47:20 | 49:57 | 54:19 | 56:35 | 57:04 |
| | | | | 3:15 | 2:33 | 3:31 | 4:30 | 6:30 | 16:17 | 0:55 | 7:45 | 2:04 | 2:37 | 4:22 | 2:16 | 0:29 |
| 15 | Robert Zwahlen Zwahlens Seeland | H70 | 57:58 | 3:01 | 5:43 | 9:14 | 10:25 | 14:28 | 23:58 | 24:41 | 45:06 | 46:37 | 49:12 | 54:28 | 57:23 | 57:58 |
| | | | | 3:01 | 2:42 | 3:31 | 1:11 | 4:03 | 9:30 | 0:43 | 20:25 | 1:31 | 2:35 | 5:16 | 2:55 | 0:35 |
| 16 | Bjarne S. Jensen FIF Hillerod | H70 | 58:27 | 4:00 | 8:16 | 15:27 | 17:29 | 23:56 | 32:11 | 33:32 | 43:43 | 45:37 | 49:22 | 55:37 | 58:03 | 58:27 |
| | | | | 4:00 | 4:16 | 7:11 | 2:02 | 6:27 | 8:15 | 1:21 | 10:11 | 1:54 | 3:45 | 6:15 | 2:26 | 0:24 |

| Pl | Name | Kat | Zeit | | | | | | | | | | | | | Ziel | |
|--------------------|----------------------|-----|--------|---------------|---------------|-------------|-------|-----------------|-------|-------|-------|-------|---------|--------|---------|--------|-------|
| Bahn 8 (35) | | | | 3,3 km | 100 Hm | 12 P | | <i>(Forts.)</i> | | | | | | | | | |
| | | | | 1(75) | 2(69) | 3(73) | 4(72) | 5(65) | 6(62) | 7(54) | 8(79) | 9(77) | 10(63) | 11(74) | 12(100) | | |
| 17 | Dieter Schlaefke | H70 | 59:03 | 4:39 | 9:33 | 15:16 | 17:57 | 25:11 | 33:31 | 34:12 | 44:09 | 46:45 | 50:17 | 55:31 | 58:38 | 59:03 | |
| | DJK Adler 07 Bottro | | | 4:39 | 4:54 | 5:43 | 2:41 | 7:14 | 8:20 | 0:41 | 9:57 | 2:36 | 3:32 | 5:14 | 3:07 | 0:25 | |
| 18 | Johan Claes | H65 | 59:47 | 3:24 | 6:59 | 21:09 | 22:27 | 27:50 | 36:45 | 37:52 | 43:43 | 45:50 | 51:14 | 56:45 | 59:15 | 59:47 | |
| | Borasca | | | 3:24 | 3:35 | 14:10 | 1:18 | 5:23 | 8:55 | 1:07 | 5:51 | 2:07 | 5:24 | 5:31 | 2:30 | 0:32 | |
| 19 | Manfred Knörigen | H65 | 63:48 | 4:16 | 14:55 | 18:50 | 20:51 | 32:16 | 40:33 | 41:29 | 50:11 | 52:09 | 56:13 | 60:19 | 63:19 | 63:48 | |
| | HSG Merseburg | | | 4:16 | 10:39 | 3:55 | 2:01 | 11:25 | 8:17 | 0:56 | 8:42 | 1:58 | 4:04 | 4:06 | 3:00 | 0:29 | |
| 20 | Klaus Göhring | H65 | 67:49 | 3:00 | 6:06 | 21:43 | 23:53 | 29:02 | 36:59 | 39:59 | 46:10 | 48:22 | 50:38 | 64:37 | 67:14 | 67:49 | |
| | OLV Weimar | | | 3:00 | 3:06 | 15:37 | 2:10 | 5:09 | 7:57 | 3:00 | 6:11 | 2:12 | 2:16 | 13:59 | 2:37 | 0:35 | |
| 21 | Etienne Vandeghins | H65 | 70:54 | 3:56 | 12:00 | 19:58 | 21:30 | 38:11 | 45:41 | 47:25 | 56:22 | 58:10 | 60:38 | 67:58 | 70:31 | 70:54 | |
| | Altair CO | | | 3:56 | 8:04 | 7:58 | 1:32 | 16:41 | 7:30 | 1:44 | 8:57 | 1:48 | 2:28 | 7:20 | 2:33 | 0:23 | |
| | | | | 31:22 | 65:59 | | | | | | | | | | | | |
| | | | | *51 | *50 | | | | | | | | | | | | |
| 22 | Stephen Round | H70 | 74:38 | 4:16 | 8:26 | 14:15 | 17:59 | 24:57 | 34:41 | 35:55 | 56:23 | 59:05 | 62:46 | 71:13 | 74:10 | 74:38 | |
| | South East Lancs O | | | 4:16 | 4:10 | 5:49 | 3:44 | 6:58 | 9:44 | 1:14 | 20:28 | 2:42 | 3:41 | 8:27 | 2:57 | 0:28 | |
| 23 | Helmut Hansen | H70 | 75:19 | 4:37 | 7:58 | 18:55 | 23:59 | 31:40 | 40:23 | 42:04 | 50:33 | 53:01 | 55:48 | 72:16 | 74:47 | 75:19 | |
| | Herlufsholm OK | | | 4:37 | 3:21 | 10:57 | 5:04 | 7:41 | 8:43 | 1:41 | 8:29 | 2:28 | 2:47 | 16:28 | 2:31 | 0:32 | |
| 24 | Joachim Menn | H65 | 76:41 | 5:27 | 12:15 | 22:29 | 27:31 | 35:57 | 45:59 | 47:42 | 59:33 | 61:54 | 65:55 | 72:26 | 76:04 | 76:41 | |
| | OLG Siegerland | | | 5:27 | 6:48 | 10:14 | 5:02 | 8:26 | 10:02 | 1:43 | 11:51 | 2:21 | 4:01 | 6:31 | 3:38 | 0:37 | |
| 25 | Theo Paesen | H65 | 78:48 | 8:50 | 13:00 | 18:32 | 20:50 | 29:09 | 54:55 | 55:53 | 64:34 | 66:27 | 69:53 | 75:00 | 77:59 | 78:48 | |
| | SAS Orientatie | | | 8:50 | 4:10 | 5:32 | 2:18 | 8:19 | 25:46 | 0:58 | 8:41 | 1:53 | 3:26 | 5:07 | 2:59 | 0:49 | |
| 26 | Knud Vogelius | H70 | 86:45 | 4:20 | 8:48 | 14:00 | 15:57 | 29:51 | 50:31 | 52:16 | 65:39 | 68:10 | 76:16 | 82:38 | 86:08 | 86:45 | |
| | Silkeborg OK | | | 4:20 | 4:28 | 5:12 | 1:57 | 13:54 | 20:40 | 1:45 | 13:23 | 2:31 | 8:06 | 6:22 | 3:30 | 0:37 | |
| 27 | Georges Barbier | H70 | 88:34 | 7:34 | 21:53 | 28:26 | 31:56 | 39:30 | 53:16 | 55:21 | 66:11 | 69:14 | 74:53 | 84:23 | 88:05 | 88:34 | |
| | Altair CO | | | 7:34 | 14:19 | 6:33 | 3:30 | 7:34 | 13:46 | 2:05 | 10:50 | 3:03 | 5:39 | 9:30 | 3:42 | 0:29 | |
| 28 | Wolfgang Mertens | H65 | 89:15 | 4:24 | 9:36 | 16:00 | 19:32 | 28:21 | 47:05 | 48:33 | 61:06 | 64:03 | 69:17 | 81:32 | 88:40 | 89:15 | |
| | Mertens | | | 4:24 | 5:12 | 6:24 | 3:32 | 8:49 | 18:44 | 1:28 | 12:33 | 2:57 | 5:14 | 12:15 | 7:08 | 0:35 | |
| 29 | Uwe Bürger | H65 | 102:35 | 6:01 | 14:45 | 21:05 | 29:08 | 42:17 | 55:10 | 57:12 | 72:14 | 75:21 | 79:58 | 99:14 | 102:10 | 102:35 | |
| | TSC Eintracht Dortr | | | 6:01 | 8:44 | 6:20 | 8:03 | 13:09 | 12:53 | 2:02 | 15:02 | 3:07 | 4:37 | 19:16 | 2:56 | 0:25 | |
| | Gerhard Niederland | H70 | Aufg | 3:46 | 7:45 | 12:49 | 14:37 | 33:24 | 41:53 | 42:37 | ---- | ---- | ---- | ---- | ---- | 79:07 | |
| | TSV Schloss Ricklin | | | 3:46 | 3:59 | 5:04 | 1:48 | 18:47 | 8:29 | 0:44 | | | | | | 36:30 | |
| | Eddie Desmedt | H70 | Aufg | 4:54 | 9:49 | 15:19 | 17:00 | ---- | ---- | ---- | ---- | ---- | ---- | ---- | ---- | 88:12 | |
| | TROL Belgium | | | 4:54 | 4:55 | 5:30 | 1:41 | | | | | | | | | 71:12 | |
| | Johannes Müssen | H70 | Aufg | 11:48 | 25:51 | 45:57 | 51:03 | 77:17 | ---- | ---- | ---- | ---- | ---- | ---- | ---- | 129:02 | |
| | SuS Vehrte | | | 11:48 | 14:03 | 20:06 | 5:06 | 26:14 | | | | | | | | 51:45 | |
| | Jackie Vandijck | H65 | N Ang | | | | | | | | | | | | | | |
| | SAS Orientatie | | | | | | | | | | | | | | | | |
| | Helmut Conrad | H65 | N Ang | | | | | | | | | | | | | | |
| | USV TU Dresden | | | | | | | | | | | | | | | | |
| | Alfred Newerla | H70 | N Ang | | | | | | | | | | | | | | |
| | RSV Hannover | | | | | | | | | | | | | | | | |
| Bahn 9 (21) | | | | 2,4 km | 80 Hm | 10 P | | | | | | | | | | Ziel | |
| | | | | 1(84) | 2(75) | 3(72) | 4(73) | 5(62) | 6(54) | 7(63) | 8(74) | 9(52) | 10(100) | | | | |
| 1 | Wilf Holloway | H75 | 31:29 | 2:54 | 3:57 | 10:55 | 12:46 | 16:59 | 17:52 | 23:14 | 27:31 | 28:41 | 31:08 | 31:29 | | | |
| | Bovender SV | | | 2:54 | 1:03 | 6:58 | 1:51 | 4:13 | 0:53 | 5:22 | 4:17 | 1:10 | 2:27 | 0:21 | | | |
| 2 | Lieve Geens | D70 | 37:58 | 2:52 | 3:58 | 10:45 | 15:36 | 20:49 | 22:26 | 29:11 | 34:06 | 35:28 | 37:28 | 37:58 | | | 32:09 |
| | TROL Belgium | | | 2:52 | 1:06 | 6:47 | 4:51 | 5:13 | 1:37 | 6:45 | 4:55 | 1:22 | 2:00 | 0:30 | | | *47 |
| 3 | Eva Konring Olesen | D65 | 38:16 | 3:04 | 4:24 | 11:22 | 13:45 | 18:48 | 20:18 | 27:37 | 34:05 | 35:30 | 37:44 | 38:16 | | | |
| | FIF Hillerod | | | 3:04 | 1:20 | 6:58 | 2:23 | 5:03 | 1:30 | 7:19 | 6:28 | 1:25 | 2:14 | 0:32 | | | |
| 4 | Dirk Zwikker | H75 | 38:29 | 2:38 | 3:51 | 11:34 | 13:33 | 17:58 | 19:16 | 25:47 | 32:32 | 35:05 | 37:28 | 38:29 | | | |
| | Argus | | | 2:38 | 1:13 | 7:43 | 1:59 | 4:25 | 1:18 | 6:31 | 6:45 | 2:33 | 2:23 | 1:01 | | | |
| 5 | Jos Thys | H75 | 40:50 | 3:11 | 4:28 | 13:01 | 15:20 | 20:24 | 21:36 | 29:22 | 35:33 | 37:53 | 40:20 | 40:50 | | | |
| | Hamok | | | 3:11 | 1:17 | 8:33 | 2:19 | 5:04 | 1:12 | 7:46 | 6:11 | 2:20 | 2:27 | 0:30 | | | |
| 6 | Victor Vanderstraete | H75 | 41:06 | 2:45 | 3:45 | 11:33 | 16:44 | 22:13 | 22:52 | 29:39 | 37:24 | 38:18 | 40:37 | 41:06 | | | |
| | Hamok | | | 2:45 | 1:00 | 7:48 | 5:11 | 5:29 | 0:39 | 6:47 | 7:45 | 0:54 | 2:19 | 0:29 | | | |
| 7 | Christa Zwikker | D70 | 43:48 | 3:19 | 4:42 | 15:07 | 17:22 | 24:27 | 25:27 | 33:00 | 38:49 | 40:23 | 43:17 | 43:48 | | | |
| | Argus | | | 3:19 | 1:23 | 10:25 | 2:15 | 7:05 | 1:00 | 7:33 | 5:49 | 1:34 | 2:54 | 0:31 | | | |
| 8 | Vibeke Vogelius | D70 | 44:14 | 4:00 | 5:37 | 14:19 | 16:37 | 23:06 | 24:36 | 32:46 | 38:39 | 40:17 | 43:40 | 44:14 | | | |
| | Silkeborg OK | | | 4:00 | 1:37 | 8:42 | 2:18 | 6:29 | 1:30 | 8:10 | 5:53 | 1:38 | 3:23 | 0:34 | | | |
| 9 | Marianne Graf | D65 | 44:20 | 3:05 | 4:28 | 14:34 | 22:01 | 27:05 | 28:19 | 35:00 | 40:18 | 41:44 | 43:53 | 44:20 | | | |
| | OLG Pfäffikon | | | 3:05 | 1:23 | 10:06 | 7:27 | 5:04 | 1:14 | 6:41 | 5:18 | 1:26 | 2:09 | 0:27 | | | |
| 10 | Ingrid Müssen | D65 | 49:34 | 3:43 | 5:03 | 16:07 | 18:11 | 24:58 | 26:13 | 35:08 | 44:03 | 45:43 | 48:39 | 49:34 | | | |
| | SuS Vehrte | | | 3:43 | 1:20 | 11:04 | 2:04 | 6:47 | 1:15 | 8:55 | 8:55 | 1:40 | 2:56 | 0:55 | | | |
| 11 | Birgit H. Jensen | D65 | 50:58 | 3:03 | 4:47 | 19:32 | 21:33 | 29:08 | 30:08 | 41:19 | 46:23 | 47:53 | 50:28 | 50:58 | | | |
| | FIF Hillerod | | | 3:03 | 1:44 | 14:45 | 2:01 | 7:35 | 1:00 | 11:11 | 5:04 | 1:30 | 2:35 | 0:30 | | | |
| 12 | Kornelia Mock | D65 | 55:43 | 3:52 | 5:42 | 21:52 | 23:42 | 29:16 | 31:03 | 39:51 | 48:58 | 50:56 | 55:10 | 55:43 | | | |
| | TSC Eintracht Dortr | | | 3:52 | 1:50 | 16:10 | 1:50 | 5:34 | 1:47 | 8:48 | 9:07 | 1:58 | 4:14 | 0:33 | | | |
| 13 | Madlen Zwahlen | D70 | 57:11 | 3:50 | 5:23 | 17:34 | 19:54 | 28:05 | 29:50 | 44:35 | 51:06 | 53:29 | 56:36 | 57:11 | | | 48:34 |
| | Zwahlens Seeland | | | 3:50 | 1:33 | 12:11 | 2:20 | 8:11 | 1:45 | 14:45 | 6:31 | 2:23 | 3:07 | 0:35 | | | *47 |
| 14 | Ruud Schonewille | H75 | 57:15 | 4:59 | 6:42 | 18:08 | 21:33 | 30:19 | 31:45 | 43:22 | 51:10 | 52:50 | 56:33 | 57:15 | | | |
| | KOVZ | | | 4:59 | 1:43 | 11:26 | 3:25 | 8:46 | 1:26 | 11:37 | 7:48 | 1:40 | 3:43 | 0:42 | | | |
| 15 | Jörg Herbrand | H75 | 58:40 | 4:34 | 6:13 | 15:31 | 20:39 | 29:13 | 31:13 | 44:49 | 52:42 | 54:26 | 57:50 | 58:40 | | | |
| | TV Wanheimerort Dt | | | 4:34 | 1:39 | 9:18 | 5:08 | 8:34 | 2:00 | 13:36 | 7:53 | 1:44 | 3:24 | 0:50 | | | |
| 16 | Renate Willmann | D65 | 64:32 | 3:18 | 4:54 | 16:34 | 19:29 | 30:17 | 31:38 | 41:47 | 59:30 | 61:04 | 64:02 | 64:32 | | | |
| | Stemwede | | | 3:18 | 1:36 | 11:40 | 2:55 | 10:48 | 1:21 | 10:09 | 17:43 | 1:34 | 2:58 | 0:30 | | | |
| | Monika Herbrand | D65 | Fehlst | 4:59 | 7:15 | ---- | 25:53 | 35:53 | 38:03 | 50:24 | 65:38 | 71:12 | 75:41 | 76:32 | | | |
| | TV Wanheimerort Dt | | | | | | | | | | | | | | | | |

| Pl Name | Kat | Zeit | | | | | | | | | | | Ziel |
|------------------------|------|---------------|----------------------|-------------|-----------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|-------|
| Bahn 9 (21) | | | 2,4 km 80 Hm | 10 P | <i>(Forts.)</i> | | | | | | | | |
| | | | 1(84) | 2(75) | 3(72) | 4(73) | 5(62) | 6(54) | 7(63) | 8(74) | 9(52) | 10(100) | Ziel |
| Karin Schlaefke | D70 | Aufg | 4:57 | 6:59 | 26:34 | ----- | ----- | ----- | ----- | ----- | ----- | ----- | 79:20 |
| DJK Adler 07 Bottro | | | 4:57 | 2:02 | 19:35 | | | | | | | | 52:46 |
| Lena Hansen | D70 | N Ang | | | | | | | | | | | |
| Herlufsholm OK | | | | | | | | | | | | | |
| Jens Asserbo | H75 | N Ang | | | | | | | | | | | |
| Maribo OK | | | | | | | | | | | | | |
| Monica Djurberg | D70 | N Ang | | | | | | | | | | | |
| OK Tyr | | | | | | | | | | | | | |
| Bahn 10 (3) | | | 1,6 km 50 Hm | 7 P | | | | | | | | | |
| | | | 1(84) | 2(57) | 3(69) | 4(71) | 5(74) | 6(52) | 7(100) | Ziel | | | |
| 1 Holger Mikkelsen | H80 | 27:16 | 3:38 | 8:20 | 11:37 | 16:30 | 22:28 | 23:59 | 26:39 | 27:16 | | | |
| Odense OK | | | 3:38 | 4:42 | 3:17 | 4:53 | 5:58 | 1:31 | 2:40 | 0:37 | | | |
| 2 Herluf Jensen | H80 | 29:24 | 3:35 | 9:14 | 12:31 | 17:55 | 23:40 | 25:48 | 28:51 | 29:24 | | | |
| Svendborg OK | | | 3:35 | 5:39 | 3:17 | 5:24 | 5:45 | 2:08 | 3:03 | 0:33 | | | |
| 3 Gerrit Krause | H80 | 39:56 | 3:02 | 8:39 | 17:52 | 22:29 | 35:31 | 36:59 | 39:24 | 39:56 | | | |
| TSC Eintracht Dortm | | | 3:02 | 5:37 | 9:13 | 4:37 | 13:02 | 1:28 | 2:25 | 0:32 | | | |
| Bahn 11 (19) | | | 3,8 km 120 Hm | 8 P | | | | | | | | | |
| | | | 1(57) | 2(53) | 3(44) | 4(67) | 5(54) | 6(63) | 7(50) | 8(100) | Ziel | | |
| 1 Emil Fredberg | H14 | 29:06 | 2:57 | 5:43 | 11:37 | 14:06 | 20:27 | 24:23 | 27:29 | 28:46 | 29:06 | 26:13 | |
| Silkeborg OK | | | 2:57 | 2:46 | 5:54 | 2:29 | 6:21 | 3:56 | 3:06 | 1:17 | 0:20 | *47 | |
| 2 Thomas Jansen | H14 | 29:24 | 4:16 | 6:41 | 11:28 | 14:03 | 19:22 | 24:37 | 27:31 | 29:07 | 29:24 | | |
| Omega | | | 4:16 | 2:25 | 4:47 | 2:35 | 5:19 | 5:15 | 2:54 | 1:36 | 0:17 | | |
| 3 Mattias Rokkjaer | H14 | 30:49 | 3:16 | 6:01 | 10:37 | 13:20 | 21:11 | 25:55 | 29:24 | 30:33 | 30:49 | 20:08 | |
| Silkeborg OK | | | 3:16 | 2:45 | 4:36 | 2:43 | 7:51 | 4:44 | 3:29 | 1:09 | 0:16 | *62 | |
| 4 Vilhelm Rokkjaer An | H14 | 32:34 | 5:06 | 8:04 | 14:54 | 17:32 | 23:08 | 27:13 | 30:40 | 32:19 | 32:34 | | |
| OK Pan Aarhus | | | 5:06 | 2:58 | 6:50 | 2:38 | 5:36 | 4:05 | 3:27 | 1:39 | 0:15 | | |
| 5 Erik Urzua-Wöhrer | H14 | 33:43 | 3:29 | 6:38 | 12:23 | 15:42 | 23:26 | 28:11 | 31:42 | 33:24 | 33:43 | 30:12 | |
| TV Jahn Wolfsburg | | | 3:29 | 3:09 | 5:45 | 3:19 | 7:44 | 4:45 | 3:31 | 1:42 | 0:19 | *47 | |
| 6 Tim Weinert | H14 | 34:09 | 3:23 | 6:21 | 12:39 | 15:17 | 24:18 | 29:22 | 32:42 | 33:50 | 34:09 | 31:32 | 31:58 |
| Post SV Dresden | | | 3:23 | 2:58 | 6:18 | 2:38 | 9:01 | 5:04 | 3:20 | 1:08 | 0:19 | *47 | *58 |
| 7 Svitlana Konstantyn | D14 | 41:06 | 4:11 | 7:39 | 15:09 | 18:32 | 29:48 | 35:11 | 39:02 | 40:45 | 41:06 | | |
| SK NORD Charkiw | | | 4:11 | 3:28 | 7:30 | 3:23 | 11:16 | 5:23 | 3:51 | 1:43 | 0:21 | | |
| 8 Katharina Rokkjaer | D14 | 44:36 | 4:41 | 8:26 | 18:30 | 21:32 | 31:20 | 37:14 | 42:20 | 44:19 | 44:36 | | |
| OK Pan Aarhus | | | 4:41 | 3:45 | 10:04 | 3:02 | 9:48 | 5:54 | 5:06 | 1:59 | 0:17 | | |
| 9 Olivia Olesen Hinge | D14 | 45:02 | 5:12 | 9:55 | 17:57 | 22:43 | 32:39 | 38:34 | 43:10 | 44:46 | 45:02 | | |
| OK Pan Aarhus | | | 5:12 | 4:43 | 8:02 | 4:46 | 9:56 | 5:55 | 4:36 | 1:36 | 0:16 | | |
| 10 Eskild Stig Nielsen | H14 | 46:57 | 6:07 | 8:41 | 27:42 | 31:27 | 38:07 | 42:07 | 45:33 | 46:41 | 46:57 | 44:09 | |
| Horsens OK | | | 6:07 | 2:34 | 19:01 | 3:45 | 6:40 | 4:00 | 3:26 | 1:08 | 0:16 | *47 | |
| 11 Caroline Andreasen | D21B | 47:59 | 4:11 | 7:36 | 18:33 | 21:46 | 32:55 | 39:45 | 43:57 | 47:34 | 47:59 | | |
| OK Pan Aarhus | | | 4:11 | 3:25 | 10:57 | 3:13 | 11:09 | 6:50 | 4:12 | 3:37 | 0:25 | | |
| 12 William Mc Grail | H14 | 51:56 | 4:52 | 8:20 | 21:01 | 25:52 | 35:53 | 44:23 | 50:14 | 51:40 | 51:56 | | |
| Silkeborg OK | | | 4:52 | 3:28 | 12:41 | 4:51 | 10:01 | 8:30 | 5:51 | 1:26 | 0:16 | | |
| 13 Elin Zwickler | D14 | 56:29 | 4:20 | 8:00 | 15:17 | 27:49 | 42:59 | 49:09 | 53:50 | 56:11 | 56:29 | | |
| Argus | | | 4:20 | 3:40 | 7:17 | 12:32 | 15:10 | 6:10 | 4:41 | 2:21 | 0:18 | | |
| 14 Elise Lüdtke | D21B | 68:33 | 14:45 | 18:20 | 28:09 | 33:22 | 54:13 | 59:34 | 65:21 | 68:09 | 68:33 | | |
| ol norska | | | 14:45 | 3:35 | 9:49 | 5:13 | 20:51 | 5:21 | 5:47 | 2:48 | 0:24 | | |
| 15 Anja Lauckhardt | D21B | 70:03 | 6:42 | 11:34 | 32:41 | 38:26 | 51:26 | 58:30 | 66:53 | 69:33 | 70:03 | | |
| Lauckhardt | | | 6:42 | 4:52 | 21:07 | 5:45 | 13:00 | 7:04 | 8:23 | 2:40 | 0:30 | | |
| Rocio Lanero Rios | D21B | Fehlst | 10:19 | 17:11 | 30:13 | 43:34 | ----- | ----- | 122:24 | 126:44 | 127:52 | | |
| ADOL | | | 10:19 | 6:52 | 13:02 | 13:21 | | | 78:50 | 4:20 | 1:08 | | |
| Nele Rüberg | D14 | N Ang | | | | | | | | | | | |
| OLV Uslar | | | | | | | | | | | | | |
| Lamis Mousa | D14 | N Ang | | | | | | | | | | | |
| OLV Uslar | | | | | | | | | | | | | |
| Jule Weigert | D14 | N Ang | | | | | | | | | | | |
| TV Jahn Wolfsburg | | | | | | | | | | | | | |
| Bahn 12 (17) | | | 2,8 km 70 Hm | 9 P | | | | | | | | | |
| | | | 1(59) | 2(72) | 3(54) | 4(43) | 5(63) | 6(64) | 7(58) | 8(50) | 9(100) | Ziel | |
| 1 Nathan Jansen | H12 | 22:54 | 1:07 | 5:55 | 11:08 | 12:43 | 15:26 | 16:43 | 20:19 | 21:14 | 22:39 | 22:54 | |
| Omega | | | 1:07 | 4:48 | 5:13 | 1:35 | 2:43 | 1:17 | 3:36 | 0:55 | 1:25 | 0:15 | |
| 2 Emil Rokkjaer | H12 | 27:27 | 1:16 | 6:38 | 13:10 | 15:03 | 17:57 | 19:31 | 24:33 | 25:43 | 27:11 | 27:27 | |
| Silkeborg OK | | | 1:16 | 5:22 | 6:32 | 1:53 | 2:54 | 1:34 | 5:02 | 1:10 | 1:28 | 0:16 | |
| 3 Astrid Lykke Nielsen | D12 | 29:43 | 1:15 | 8:41 | 14:24 | 17:31 | 20:58 | 22:31 | 26:32 | 27:43 | 29:27 | 29:43 | 26:08 |
| Horsens OK | | | 1:15 | 7:26 | 5:43 | 3:07 | 3:27 | 1:33 | 4:01 | 1:11 | 1:44 | 0:16 | *47 |
| 4 Jonathan Rokkjaer | H12 | 34:27 | 1:35 | 8:17 | 17:48 | 19:47 | 24:21 | 25:56 | 31:37 | 32:51 | 34:11 | 34:27 | 16:55 |
| OK Pan Aarhus | | | 1:35 | 6:42 | 9:31 | 1:59 | 4:34 | 1:35 | 5:41 | 1:14 | 1:20 | 0:16 | *62 |
| 4 Kobe Deferm | H12 | 34:27 | 1:17 | 8:42 | 18:48 | 21:12 | 25:50 | 27:38 | 31:30 | 32:30 | 34:05 | 34:27 | 17:48 |
| Hamok | | | 1:17 | 7:25 | 10:06 | 2:24 | 4:38 | 1:48 | 3:52 | 1:00 | 1:35 | 0:22 | *62 |
| 6 Domi Korstjens | D12 | 45:10 | 1:18 | 8:02 | 23:25 | 25:49 | 29:51 | 31:37 | 38:43 | 39:58 | 44:46 | 45:10 | |
| Kempische O-lopers | | | 1:18 | 6:44 | 15:23 | 2:24 | 4:02 | 1:46 | 7:06 | 1:15 | 4:48 | 0:24 | |
| 7 Maximilian Loth | H12 | 49:29 | 1:29 | 6:48 | 17:38 | 23:13 | 28:24 | 35:08 | 46:10 | 47:16 | 49:09 | 49:29 | |
| Loth | | | 1:29 | 5:19 | 10:50 | 5:35 | 5:11 | 6:44 | 11:02 | 1:06 | 1:53 | 0:20 | |

| Pl | Name | Kat | Zeit | | | | | | | | | | |
|---------------------|----------------------|-------|--------|---------------|--------------|------------|-----------------|-------|-------|--------|--------|--------|--------|
| Bahn 12 (17) | | | | 2,8 km | 70 Hm | 9 P | <i>(Forts.)</i> | | | | | | |
| | | | | 1(59) | 2(72) | 3(54) | 4(43) | 5(63) | 6(64) | 7(58) | 8(50) | 9(100) | Ziel |
| 8 | Sania Stamer | D12 | 53:31 | 1:33 | 12:35 | 21:17 | 23:52 | 28:46 | 37:11 | 49:10 | 50:58 | 53:09 | 53:31 |
| | MTK Bad Harzburg | | | 1:33 | 11:02 | 8:42 | 2:35 | 4:54 | 8:25 | 11:59 | 1:48 | 2:11 | 0:22 |
| 9 | Noah van der Zande | H12 | 53:56 | 1:39 | 12:35 | 22:02 | 26:12 | 31:08 | 33:51 | 49:15 | 51:03 | 53:37 | 53:56 |
| | OLV Uslar | | | 1:39 | 10:56 | 9:27 | 4:10 | 4:56 | 2:43 | 15:24 | 1:48 | 2:34 | 0:19 |
| 10 | Jutta Steinberg | OS | 62:34 | 2:13 | 15:32 | 30:36 | 35:34 | 41:42 | 44:52 | 53:18 | 56:34 | 62:07 | 62:34 |
| | TuS Lübbecke | | | 2:13 | 13:19 | 15:04 | 4:58 | 6:08 | 3:10 | 8:26 | 3:16 | 5:33 | 0:27 |
| 11 | Lotte Van Boven | OS | 62:36 | 1:59 | 13:09 | 27:43 | 32:34 | 39:07 | 42:24 | 50:19 | 52:35 | 61:57 | 62:36 |
| | TROL Belgium | | | 1:59 | 11:10 | 14:34 | 4:51 | 6:33 | 3:17 | 7:55 | 2:16 | 9:22 | 0:39 |
| 12 | Levi Brauer | H12 | 68:28 | 2:04 | 14:25 | 34:00 | 39:27 | 46:25 | 53:47 | 63:15 | 65:34 | 68:00 | 68:28 |
| | SV Hildesia Diekhof | | | 2:04 | 12:21 | 19:35 | 5:27 | 6:58 | 7:22 | 9:28 | 2:19 | 2:26 | 0:28 |
| 13 | Eva Mena | D12 | 94:31 | 3:21 | 18:34 | 43:00 | 47:46 | 53:17 | 56:01 | 67:34 | 90:53 | 94:06 | 94:31 |
| | ADOL | | | 3:21 | 15:13 | 24:26 | 4:46 | 5:31 | 2:44 | 11:33 | 23:19 | 3:13 | 0:25 |
| 14 | Ama Kalisch | D12 | 98:09 | 1:26 | 13:10 | 20:57 | 24:34 | 30:23 | 35:32 | 94:59 | 96:00 | 97:47 | 98:09 |
| | Volkssport Rostock | | | 1:26 | 11:44 | 7:47 | 3:37 | 5:49 | 5:09 | 59:27 | 1:01 | 1:47 | 0:22 |
| 15 | Hannah Kalisch | D12 | 122:38 | 1:59 | 17:48 | 35:13 | 43:40 | 58:26 | 61:22 | 113:01 | 116:04 | 121:31 | 122:38 |
| | Volkssport Rostock | | | 1:59 | 15:49 | 17:25 | 8:27 | 14:46 | 2:56 | 51:39 | 3:03 | 5:27 | 1:07 |
| | Silke Rabe | OS | Fehlst | 2:23 | 22:26 | ---- | 71:32 | 76:56 | 82:56 | 98:17 | 99:54 | 102:35 | 103:03 |
| | SV Sedlitz BW 90 | | | 2:23 | 20:03 | ---- | 49:06 | 5:24 | 6:00 | 15:21 | 1:37 | 2:41 | 0:28 |
| | Lucas Mc Grail | H12 | Aufg | 2:12 | 15:10 | ---- | ---- | ---- | ---- | ---- | ---- | ---- | 40:30 |
| | Silkeborg OK | | | 2:12 | 12:58 | ---- | ---- | ---- | ---- | ---- | ---- | ---- | 25:20 |
| Bahn 13 (11) | | | | 1,4 km | 40 Hm | 8 P | | | | | | | |
| | | | | 1(59) | 2(43) | 3(46) | 4(47) | 5(58) | 6(50) | 7(52) | 8(100) | Ziel | |
| 1 | Emelie Maier | D/H10 | 12:13 | 1:19 | 3:31 | 4:55 | 5:31 | 6:02 | 8:28 | 9:48 | 11:56 | 12:13 | |
| | OLV Baselland | | | 1:19 | 2:12 | 1:24 | 0:36 | 0:31 | 2:26 | 1:20 | 2:08 | 0:17 | |
| 2 | Victoria Olesen Hinç | D/H10 | 16:56 | 1:54 | 5:13 | 7:48 | 8:43 | 9:45 | 11:08 | 13:45 | 16:36 | 16:56 | |
| | OK Pan Aarhus | | | 1:54 | 3:19 | 2:35 | 0:55 | 1:02 | 1:23 | 2:37 | 2:51 | 0:20 | |
| 3 | Tom Rüschel | D/H10 | 19:55 | 1:26 | 4:01 | 6:48 | 7:43 | 9:19 | 11:46 | 15:54 | 19:33 | 19:55 | |
| | MTV Eschershausen | | | 1:26 | 2:35 | 2:47 | 0:55 | 1:36 | 2:27 | 4:08 | 3:39 | 0:22 | |
| 4 | Emma Renee Reimcl | D/H10 | 20:03 | 1:29 | 4:51 | 7:05 | 8:17 | 9:17 | 11:54 | 15:53 | 19:32 | 20:03 | |
| | MTV Eschershausen | | | 1:29 | 3:22 | 2:14 | 1:12 | 1:00 | 2:37 | 3:59 | 3:39 | 0:31 | |
| 5 | Ylvie Gödde | D/H10 | 21:40 | 1:34 | 6:02 | 8:31 | 9:45 | 11:04 | 13:24 | 17:18 | 21:10 | 21:40 | |
| | DJK Adler 07 Bottro | | | 1:34 | 4:28 | 2:29 | 1:14 | 1:19 | 2:20 | 3:54 | 3:52 | 0:30 | |
| 6 | Hugo Peñaranda Péi | D/H10 | 22:53 | 2:28 | 6:42 | 9:02 | 10:07 | 11:21 | 13:47 | 17:18 | 22:06 | 22:53 | |
| | C.R.D.O.E.L.N. | | | 2:28 | 4:14 | 2:20 | 1:05 | 1:14 | 2:26 | 3:31 | 4:48 | 0:47 | |
| 7 | Kjell Gödde | D/H10 | 28:05 | 1:28 | 4:09 | 5:50 | 6:39 | 7:28 | 13:20 | 15:29 | 27:44 | 28:05 | |
| | DJK Adler 07 Bottro | | | 1:28 | 2:41 | 1:41 | 0:49 | 0:49 | 5:52 | 2:09 | 12:15 | 0:21 | |
| 8 | Finjas Cain | D/H10 | 44:56 | 1:17 | 3:25 | 4:57 | 5:39 | 6:23 | 34:20 | 36:31 | 44:36 | 44:56 | |
| | TSV Karlshorst | | | 1:17 | 2:08 | 1:32 | 0:42 | 0:44 | 27:57 | 2:11 | 8:05 | 0:20 | |
| AK | Robin von Gaza | D/H10 | 32:01 | 1:43 | 3:52 | 5:50 | 7:51 | 13:06 | 19:02 | 22:16 | 25:51 | 32:01 | |
| | OLV Uslar | | | 1:43 | 2:09 | 1:58 | 2:01 | 5:15 | 5:56 | 3:14 | 3:35 | 6:10 | |
| | Hannah Loth | D/H10 | N Ang | | | | | | | | | | |
| | Loth | | | | | | | | | | | | |
| | Eva Ditrych | D/H10 | N Ang | | | | | | | | | | |
| | OL Regio Burgdorf | | | | | | | | | | | | |

38:41
*50