

| Pl | Name | Kat | Zeit | 5,2 km | | 260 Hm | 16 P | 3(34) | 4(35) | 5(47) | 6(36) | 7(37) | 8(38) | 9(39) | 10(40) | 11(41) | 12(42) | 13(43) | 14(44) | |
|--------------------|--|------|-------|---------------|---------|---------------|-------------|-------|-------|-------|-------|-------|--------|--------|--------|---------|--------|---------|--------|--|
| | | | | 1(31) | 2(33) | 3(34) | 4(35) | 5(47) | 6(36) | 7(37) | 8(38) | 9(39) | 10(40) | 11(41) | 12(42) | 13(43) | 14(44) | | | |
| | | | | 15(58) | 16(100) | Ziel | | | | | | | | | | | | | | |
| 1 | Kristian Vad Horsens OK | H21A | 40:23 | 4:49 | 6:56 | 7:54 | 9:41 | 11:17 | 12:30 | 14:09 | 16:13 | 18:24 | 20:21 | 27:18 | 31:50 | 32:51 | 36:57 | | | |
| | | | | 4:49 | 2:07 | 0:58 | 1:47 | 1:36 | 1:13 | 1:39 | 2:04 | 2:11 | 1:57 | 6:57 | 4:32 | 1:01 | 4:06 | | | |
| | | | | 39:20 | 40:02 | 40:23 | | | | | | | | | | | | | | |
| | | | | 2:23 | 0:42 | 0:21 | | | | | | | | | | | | | | |
| 2 | Kristian Blok OK SNAB | H21A | 46:40 | 8:40 | 11:08 | 12:10 | 14:12 | 16:22 | 17:48 | 19:26 | 21:48 | 24:02 | 25:51 | 33:58 | 38:11 | 39:21 | 42:46 | | | |
| | | | | 8:40 | 2:28 | 1:02 | 2:02 | 2:10 | 1:26 | 1:38 | 2:22 | 2:14 | 1:49 | 8:07 | 4:13 | 1:10 | 3:25 | | | |
| | | | | 45:31 | 46:15 | 46:40 | | | | | | | | | | | | | | |
| | | | | 2:45 | 0:44 | 0:25 | | | | | | | | | | | | | | |
| 3 | Yves Laske SV TU Ilmenau | H21A | 46:52 | 4:45 | 7:27 | 8:37 | 10:47 | 12:51 | 14:17 | 16:01 | 18:40 | 21:12 | 23:22 | 31:47 | 36:18 | 37:29 | 42:07 | | | |
| | | | | 4:45 | 2:42 | 1:10 | 2:10 | 2:04 | 1:26 | 1:44 | 2:39 | 2:32 | 2:10 | 8:25 | 4:31 | 1:11 | 4:38 | | | |
| | | | | 45:46 | 46:29 | 46:52 | | | | | | | | | | | | | | |
| | | | | 3:39 | 0:43 | 0:23 | | | | | | | | | | | | | | |
| 4 | Jan Schliebener OLV Uslar | H21A | 48:49 | 4:03 | 6:39 | 7:58 | 9:46 | 12:09 | 13:40 | 15:32 | 18:40 | 21:26 | 23:43 | 33:48 | 38:52 | 40:10 | 44:56 | | | |
| | | | | 4:03 | 2:36 | 1:19 | 1:48 | 2:23 | 1:31 | 1:52 | 3:08 | 2:46 | 2:17 | 10:05 | 5:04 | 1:18 | 4:46 | | | |
| | | | | 47:38 | 48:24 | 48:49 | | | | | | | | | | | | | | |
| | | | | 2:42 | 0:46 | 0:25 | | | | | | | | | | | | | | |
| 5 | Fabian Ulbrich OLV Uslar | H21A | 51:14 | 4:33 | 7:28 | 8:44 | 11:08 | 13:33 | 15:19 | 17:20 | 20:21 | 23:31 | 25:59 | 36:03 | 41:02 | 42:22 | 47:02 | | | |
| | | | | 4:33 | 2:55 | 1:16 | 2:24 | 2:25 | 1:46 | 2:01 | 3:01 | 3:10 | 2:28 | 10:04 | 4:59 | 1:20 | 4:40 | | | |
| | | | | 49:59 | 50:48 | 51:14 | | | | | | | | | | | | | | |
| | | | | 2:57 | 0:49 | 0:26 | | | | | | | | | | | | | | |
| 6 | Jan Delobel Omega | H21A | 52:23 | 8:19 | 11:21 | 12:31 | 14:54 | 17:09 | 18:36 | 20:49 | 23:39 | 26:36 | 28:50 | 37:14 | 41:53 | 43:18 | 48:31 | | | |
| | | | | 8:19 | 3:02 | 1:10 | 2:23 | 2:15 | 1:27 | 2:13 | 2:50 | 2:57 | 2:14 | 8:24 | 4:39 | 1:25 | 5:13 | | | |
| | | | | 51:15 | 51:59 | 52:23 | | | | | | | | | | | | | | |
| | | | | 2:44 | 0:44 | 0:24 | | | | | | | | | | | | | | |
| 7 | Thorsten Weigert Braunschweiger MTV | H21A | 56:36 | 5:05 | 8:13 | 9:21 | 11:10 | 13:36 | 15:03 | 16:43 | 19:33 | 28:47 | 31:08 | 42:02 | 46:25 | 48:51 | 52:58 | | | |
| | | | | 5:05 | 3:08 | 1:08 | 1:49 | 2:26 | 1:27 | 1:40 | 2:50 | 9:14 | 2:21 | 10:54 | 4:23 | 2:26 | 4:07 | | | |
| | | | | 55:30 | 56:17 | 56:36 | | | | | | | | | | | | | | |
| | | | | 2:32 | 0:47 | 0:19 | | | | | | | | | | | | | | |
| 8 | Till Finkenstädt OLV Uslar | H21A | 66:28 | 4:30 | 9:16 | 10:52 | 13:09 | 15:48 | 17:40 | 19:53 | 23:01 | 26:20 | 28:59 | 48:38 | 54:44 | 56:09 | 61:42 | | | |
| | | | | 4:30 | 4:46 | 1:36 | 2:17 | 2:39 | 1:52 | 2:13 | 3:08 | 3:19 | 2:39 | 19:39 | 6:06 | 1:25 | 5:33 | | | |
| | | | | 65:03 | 66:00 | 66:28 | | | | | | | | | | | | | | |
| | | | | 3:21 | 0:57 | 0:28 | | | | | | | | | | | | | | |
| 9 | Gheorghe Cionoiu TV Coburg-Neuses | H21A | 66:47 | 9:24 | 13:26 | 14:38 | 17:28 | 20:47 | 22:45 | 24:48 | 28:26 | 31:27 | 33:47 | 46:33 | 52:09 | 53:38 | 60:55 | | | |
| | | | | 9:24 | 4:02 | 1:12 | 2:50 | 3:19 | 1:58 | 2:03 | 3:38 | 3:01 | 2:20 | 12:46 | 5:36 | 1:29 | 7:17 | | | |
| | | | | 65:37 | 66:20 | 66:47 | | | | | | | | | | | | | | |
| | | | | 4:42 | 0:43 | 0:27 | | | | | | | | | | | | | | |
| 10 | Malte Finkenstädt OLV Uslar | H21A | 71:49 | 6:34 | 10:13 | 11:38 | 14:34 | 17:10 | 19:05 | 21:16 | 24:39 | 30:43 | 33:22 | 47:57 | 55:08 | 56:48 | 62:35 | | | |
| | | | | 6:34 | 3:39 | 1:25 | 2:56 | 2:36 | 1:55 | 2:11 | 3:23 | 6:04 | 2:39 | 14:35 | 7:11 | 1:40 | 5:47 | | | |
| | | | | 68:51 | 70:41 | 71:49 | | | | | | | | | | | | | | |
| | | | | 6:16 | 1:50 | 1:08 | | | | | | | | | | | | | | |
| | Danny Elsner SV TU Ilmenau | H21A | N Ang | | | | | | | | | | | | | | | | | |
| | Asbjörn Hviid Mikkelse O-63 Vordingborg | H21A | N Ang | | | | | | | | | | | | | | | | | |
| Bahn 2 (19) | | | | 4,2 km | | 200 Hm | 13 P | 3(33) | 4(34) | 5(38) | 6(50) | 7(39) | 8(40) | 9(41) | 10(42) | 11(65) | 12(58) | 13(100) | Ziel | |
| | | | | 1(31) | 2(32) | 3(33) | 4(34) | 5(38) | 6(50) | 7(39) | 8(40) | 9(41) | 10(42) | 11(65) | 12(58) | 13(100) | Ziel | | | |
| 1 | Wim Vervoort TROL Belgium | H40 | 35:13 | 4:23 | 7:35 | 8:00 | 9:00 | 11:10 | 12:56 | 14:24 | 16:26 | 23:58 | 28:34 | 31:48 | 34:13 | 34:52 | 35:13 | | | |
| | | | | 4:23 | 3:12 | 0:25 | 1:00 | 2:10 | 1:46 | 1:28 | 2:02 | 7:32 | 4:36 | 3:14 | 2:25 | 0:39 | 0:21 | | | |
| 2 | Wiet Laenen TROL Belgium | H40 | 36:04 | 4:42 | 7:22 | 7:56 | 9:00 | 11:06 | 12:25 | 13:49 | 15:50 | 23:36 | 28:17 | 32:01 | 34:53 | 35:40 | 36:04 | | | |
| | | | | 4:42 | 2:40 | 0:34 | 1:04 | 2:06 | 1:19 | 1:24 | 2:01 | 7:46 | 4:41 | 3:44 | 2:52 | 0:47 | 0:24 | | | |
| 3 | Greet Oeyen hamok | D21A | 37:32 | 4:37 | 7:18 | 7:52 | 9:04 | 12:35 | 13:52 | 15:21 | 17:33 | 25:59 | 30:24 | 33:40 | 36:23 | 37:07 | 37:32 | | | |
| | | | | 4:37 | 2:41 | 0:34 | 1:12 | 3:31 | 1:17 | 1:29 | 2:12 | 8:26 | 4:25 | 3:16 | 2:43 | 0:44 | 0:25 | | | |
| 4 | Hannah Thiels TROL Belgium | D21A | 39:16 | 4:48 | 8:10 | 8:41 | 9:58 | 12:33 | 13:56 | 15:35 | 18:04 | 27:02 | 32:16 | 35:25 | 38:17 | 38:56 | 39:16 | | | |
| | | | | 4:48 | 3:22 | 0:31 | 1:17 | 2:35 | 1:23 | 1:39 | 2:29 | 8:58 | 5:14 | 3:09 | 2:52 | 0:39 | 0:20 | | | |
| 5 | Lars Mikkelsen Herning OK | H40 | 40:41 | 4:55 | 9:05 | 9:30 | 10:52 | 12:56 | 14:48 | 18:14 | 20:40 | 29:24 | 34:13 | 37:27 | 39:45 | 40:25 | 40:41 | | | |
| | | | | 4:55 | 4:10 | 0:25 | 1:22 | 2:04 | 1:52 | 3:26 | 2:26 | 8:44 | 4:49 | 3:14 | 2:18 | 0:40 | 0:16 | | | |
| 6 | Ann-Charlotte Spange TG Münden | D21A | 42:01 | 5:33 | 9:36 | 10:10 | 11:35 | 15:47 | 17:47 | 19:31 | 21:47 | 30:11 | 34:57 | 38:21 | 40:57 | 41:40 | 42:01 | | | |
| | | | | 5:33 | 4:03 | 0:34 | 1:25 | 4:12 | 2:00 | 1:44 | 2:16 | 8:24 | 4:46 | 3:24 | 2:36 | 0:43 | 0:21 | | | |
| 7 | Theresia Meißner ohne Verein, Meißner | D21A | 45:49 | 6:23 | 10:22 | 10:56 | 12:28 | 15:03 | 16:35 | 18:23 | 20:38 | 32:04 | 37:11 | 41:51 | 44:45 | 45:30 | 45:49 | | | |
| | | | | 6:23 | 3:59 | 0:34 | 1:32 | 2:35 | 1:32 | 1:48 | 2:15 | 11:26 | 5:07 | 4:40 | 2:54 | 0:45 | 0:19 | | | |
| 8 | Espen Fyhn Nilsen Stavanger OK | H40 | 45:51 | 6:14 | 9:58 | 10:41 | 12:07 | 14:54 | 16:40 | 18:21 | 21:27 | 31:23 | 37:18 | 41:07 | 44:40 | 45:29 | 45:51 | | | |
| | | | | 6:14 | 3:44 | 0:43 | 1:26 | 2:47 | 1:46 | 1:41 | 3:06 | 9:56 | 5:55 | 3:49 | 3:33 | 0:49 | 0:22 | | | |
| 9 | Inga Löser SC Helsa | D21A | 46:48 | 8:30 | 11:37 | 12:17 | 13:43 | 16:20 | 18:04 | 19:55 | 22:45 | 32:38 | 38:25 | 42:00 | 45:34 | 46:25 | 46:48 | | | |
| | | | | 8:30 | 3:07 | 0:40 | 1:26 | 2:37 | 1:44 | 1:51 | 2:50 | 9:53 | 5:47 | 3:35 | 3:34 | 0:51 | 0:23 | | | |
| 10 | Thomas Krieger TSV Karlshorst | H40 | 49:13 | 7:02 | 10:20 | 11:01 | 12:24 | 15:08 | 16:42 | 18:24 | 20:51 | 31:59 | 37:37 | 42:51 | 47:50 | 48:44 | 49:13 | | | |
| | | | | 7:02 | 3:18 | 0:41 | 1:23 | 2:44 | 1:34 | 1:42 | 2:27 | 11:08 | 5:38 | 5:14 | 4:59 | 0:54 | 0:29 | | | |
| 11 | Sadie Zwicker Argus | OL | 51:01 | 7:17 | 10:45 | 11:18 | 12:38 | 15:37 | 17:26 | 19:10 | 22:45 | 36:42 | 43:02 | 47:22 | 49:55 | 50:35 | 51:01 | | | |
| | | | | 7:17 | 3:28 | 0:33 | 1:20 | 2:59 | 1:49 | 1:44 | 3:35 | 13:57 | 6:20 | 4:20 | 2:33 | 0:40 | 0:26 | | | |
| 12 | Lutz Spranger TSV Karlshorst | H40 | 54:04 | 15:53 | 18:26 | 18:59 | 20:05 | 22:18 | 26:15 | 27:28 | 29:39 | 39:38 | 43:55 | 49:12 | 52:40 | 53:31 | 54:04 | | | |
| | | | | 15:53 | 2:33 | 0:33 | 1:06 | 2:13 | 3:57 | 1:13 | 2:11 | 9:59 | 4:17 | 5:17 | 3:28 | 0:51 | 0:33 | | | |
| 13 | Maike Laske SV TU Ilmenau | OL | 55:40 | 7:59 | 12:10 | 13:21 | 14:50 | 17:51 | 19:42 | 21:40 | 25:35 | 37:37 | 43:50 | 50:12 | 54:13 | 55:09 | 55:40 | | | |
| | | | | 7:59 | 4:11 | 1:11 | 1:29 | 3:01 | 1:51 | 1:58 | 3:55 | 12:02 | 6:13 | 6:22 | 4:01 | 0:56 | 0:31 | | | |
| 14 | Ellen Mols SAS Orientatie | D21A | 61:12 | 10:47 | 15:59 | 16:48 | 18:23 | 21:10 | 22:51 | 24:50 | 28:17 | 42:39 | 49:47 | 55:28 | 60:07 | 60:50 | 61:12 | | | |
| | | | | 10:47 | 5:12 | 0:49 | 1:35 | 2:47 | 1:41 | 1:59 | 3:27 | 14:22 | 7:08 | 5:41 | 4:39 | 0:43 | 0:22 | | | |
| 15 | Kirsten-Ralph Tolksdo TK Hannover | H40 | 68:57 | 27:03 | 31:39 | 32:33 | 33:47 | 37:00 | 38:23 | 40:34 | 43:01 | 56:01 | 61:14 | 64:57 | 67:51 | 68:35 | 68:57 | | | |
| | | | | 27:03 | 4:36 | 0:54 | 1:14 | 3:13 | 1:23 | 2:11 | 2:27 | 13:00 | 5:13 | 3:43 | 2:54 | 0:44 | 0:22 | | | |
| 16 | Sven Buchholz MTK Bad Harzburg | H40 | 73:44 | 6:35 | 22:30 | 23:21 | 25:06 | 29:13 | 32:18 | 34:31 | 41:37 | 55:57 | 62:15 | 68:27 | 72:33 | 73:21 | 73:44 | | | |
| | | | | 6:35 | 15:55 | 0:51 | 1:45 | 4:07 | 3:05 | 2:13 | 7:06 | 14:20 | 6:18 | 6:12 | 4:06 | 0:48 | 0:23 | | | |

| Pl | Name | Kat | Zeit | | | | | | | | | | | | | | |
|--------------------|-----------------------|------|----------------------|-------------|-------------|-------------|-----------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------|
| Bahn 2 (19) | | | 4,2 km 200 Hm | | 13 P | | <i>(Forts.)</i> | | | | | | | | | | |
| | | | 1(31) | 2(32) | 3(33) | 4(34) | 5(38) | 6(50) | 7(39) | 8(40) | 9(41) | 10(42) | 11(65) | 12(58) | 13(100) | Ziel | |
| 17 | Frank Mieske | H40 | 78:38 | 7:17 | 10:23 | 11:21 | 12:58 | 15:39 | 17:27 | 19:28 | 22:22 | 63:29 | 68:48 | 74:05 | 77:14 | 78:15 | 78:38 |
| | Kaulsdorfer OLV | | | 7:17 | 3:06 | 0:58 | 1:37 | 2:41 | 1:48 | 2:01 | 2:54 | 41:07 | 5:19 | 5:17 | 3:09 | 1:01 | 0:23 |
| 18 | Aaron Koch | OL | 100:30 | 10:44 | 15:20 | 16:23 | 18:20 | 26:10 | 28:45 | 31:22 | 35:20 | 54:17 | 60:02 | 92:59 | 98:56 | 100:05 | 100:30 |
| | ohne Verein, Koch | | | 10:44 | 4:36 | 1:03 | 1:57 | 7:50 | 2:35 | 2:37 | 3:58 | 18:57 | 5:45 | 32:57 | 5:57 | 1:09 | 0:25 |
| | Jens Christian Lauers | H40 | Fehlst | 8:02 | 11:45 | 12:14 | 13:36 | 15:39 | 17:15 | 18:38 | 25:47 | ---- | 64:04 | ---- | 69:40 | 70:23 | 70:50 |
| | OK Gorm | | | 8:02 | 3:43 | 0:29 | 1:22 | 2:03 | 1:36 | 1:23 | 7:09 | | 38:17 | | 5:36 | 0:43 | 0:27 |
| Bahn 3 (23) | | | 3,7 km 190 Hm | | 11 P | | | | | | | | | | | | |
| | | | 1(31) | 2(33) | 3(34) | 4(38) | 5(37) | 6(48) | 7(42) | 8(43) | 9(65) | 10(58) | 11(100) | Ziel | | | |
| 1 | Liam Thiels | H16 | 29:31 | 4:32 | 7:06 | 8:11 | 9:49 | 12:22 | 19:17 | 22:25 | 23:40 | 26:14 | 28:37 | 29:14 | 29:31 | | |
| | TROL Belgium | | | 4:32 | 2:34 | 1:05 | 1:38 | 2:33 | 6:55 | 3:08 | 1:15 | 2:34 | 2:23 | 0:37 | 0:17 | | |
| 2 | Martin Nolte | H50 | 32:00 | 4:27 | 7:20 | 8:34 | 10:37 | 13:29 | 19:52 | 23:45 | 25:18 | 28:34 | 30:59 | 31:38 | 32:00 | | |
| | OLV Uslar | | | 4:27 | 2:53 | 1:14 | 2:03 | 2:52 | 6:23 | 3:53 | 1:33 | 3:16 | 2:25 | 0:39 | 0:22 | | |
| 3 | Klaus Hempel | H50 | 33:24 | 5:03 | 8:01 | 9:22 | 11:26 | 14:17 | 19:48 | 24:44 | 25:51 | 29:02 | 32:16 | 32:58 | 33:24 | | |
| | USV TU Dresden | | | 5:03 | 2:58 | 1:21 | 2:04 | 2:51 | 5:31 | 4:56 | 1:07 | 3:11 | 3:14 | 0:42 | 0:26 | | |
| 4 | Thomas Blok | H21A | 33:34 | 4:40 | 7:19 | 8:20 | 10:11 | 15:07 | 21:12 | 24:43 | 27:05 | 30:15 | 32:31 | 33:12 | 33:34 | | |
| | OK SNAB | | | 4:40 | 2:39 | 1:01 | 1:51 | 4:56 | 6:05 | 3:31 | 2:22 | 3:10 | 2:16 | 0:41 | 0:22 | | |
| 5 | Oskar Frenzel | H21A | 34:37 | 7:15 | 10:28 | 11:22 | 13:28 | 16:51 | 23:18 | 27:04 | 28:20 | 31:22 | 33:43 | 34:20 | 34:37 | | |
| | ESV Lok Berlin-Schön | | | 7:15 | 3:13 | 0:54 | 2:06 | 3:23 | 6:27 | 3:46 | 1:16 | 3:02 | 2:21 | 0:37 | 0:17 | | |
| 6 | Erik Van Dyck | H50 | 37:26 | 5:10 | 8:16 | 9:39 | 12:14 | 15:41 | 23:56 | 28:19 | 29:50 | 33:30 | 36:13 | 36:59 | 37:26 | | |
| | TROL Belgium | | | 5:10 | 3:06 | 1:23 | 2:35 | 3:27 | 8:15 | 4:23 | 1:31 | 3:40 | 2:43 | 0:46 | 0:27 | | |
| 7 | Siegfried Liebl | H50 | 38:13 | 6:26 | 9:36 | 11:05 | 13:37 | 17:25 | 24:20 | 28:51 | 30:14 | 33:56 | 36:59 | 37:51 | 38:13 | | |
| | TV Osterhofen | | | 6:26 | 3:10 | 1:29 | 2:32 | 3:48 | 6:55 | 4:31 | 1:23 | 3:42 | 3:03 | 0:52 | 0:22 | | |
| 8 | Matthias Taurit | H50 | 39:01 | 7:53 | 11:07 | 12:23 | 16:00 | 19:18 | 25:42 | 30:08 | 32:21 | 35:34 | 37:59 | 38:42 | 39:01 | | |
| | Phoenix Lübeck | | | 7:53 | 3:14 | 1:16 | 3:37 | 3:18 | 6:24 | 4:26 | 2:13 | 3:13 | 2:25 | 0:43 | 0:19 | | |
| 9 | Andi Kietsch | H21A | 40:24 | 5:56 | 9:30 | 10:48 | 13:27 | 17:01 | 24:08 | 28:16 | 30:00 | 35:04 | 39:17 | 40:01 | 40:24 | | |
| | TK Hannover | | | 5:56 | 3:34 | 1:18 | 2:39 | 3:34 | 7:07 | 4:08 | 1:44 | 5:04 | 4:13 | 0:44 | 0:23 | | |
| 10 | Pasi Kankaanpää | H21A | 40:41 | 7:09 | 10:34 | 12:14 | 14:43 | 19:13 | 26:33 | 30:33 | 32:11 | 35:57 | 39:24 | 40:14 | 40:41 | | |
| | LS 37 | | | 7:09 | 3:25 | 1:40 | 2:29 | 4:30 | 7:20 | 4:00 | 1:38 | 3:46 | 3:27 | 0:50 | 0:27 | | |
| 11 | Jesper Börsting | H50 | 41:12 | 7:07 | 10:43 | 12:15 | 14:56 | 18:42 | 26:03 | 30:36 | 32:34 | 36:13 | 39:56 | 40:45 | 41:12 | | |
| | Herlufsholm | | | 7:07 | 3:36 | 1:32 | 2:41 | 3:46 | 7:21 | 4:33 | 1:58 | 3:39 | 3:43 | 0:49 | 0:27 | | |
| 12 | Serge Baert | H50 | 42:19 | 6:01 | 8:46 | 10:04 | 11:59 | 14:55 | 25:08 | 28:26 | 29:41 | 38:55 | 41:19 | 41:57 | 42:19 | | |
| | NSV Amel | | | 6:01 | 2:45 | 1:18 | 1:55 | 2:56 | 10:13 | 3:18 | 1:15 | 9:14 | 2:24 | 0:38 | 0:22 | | |
| 13 | Christian Harms | H50 | 48:01 | 11:03 | 15:04 | 18:36 | 21:54 | 25:19 | 32:10 | 36:51 | 38:42 | 42:34 | 46:42 | 47:34 | 48:01 | | |
| | WOLF Haltern | | | 11:03 | 4:01 | 3:32 | 3:18 | 3:25 | 6:51 | 4:41 | 1:51 | 3:52 | 4:08 | 0:52 | 0:27 | | |
| 14 | Georg Pregartner | H50 | 53:06 | 10:10 | 15:10 | 16:37 | 19:23 | 23:39 | 33:08 | 37:58 | 40:16 | 44:31 | 51:42 | 52:38 | 53:06 | | 14:12 |
| | OLG Deutsch Kaltenbr | | | 10:10 | 5:00 | 1:27 | 2:46 | 4:16 | 9:29 | 4:50 | 2:18 | 4:15 | 7:11 | 0:56 | 0:28 | | *32 |
| 15 | Harald Friedl | H50 | 54:35 | 9:39 | 14:00 | 16:16 | 19:19 | 23:50 | 35:38 | 41:32 | 44:01 | 48:45 | 53:01 | 54:04 | 54:35 | | |
| | ohne Verein, Friedl | | | 9:39 | 4:21 | 2:16 | 3:03 | 4:31 | 11:48 | 5:54 | 2:29 | 4:44 | 4:16 | 1:03 | 0:31 | | |
| 16 | Erik Kerl | H16 | 59:17 | 21:21 | 27:22 | 30:34 | 33:32 | 36:49 | 44:35 | 48:40 | 51:56 | 55:23 | 58:17 | 58:58 | 59:17 | | |
| | SVG Göttingen | | | 21:21 | 6:01 | 3:12 | 2:58 | 3:17 | 7:46 | 4:05 | 3:16 | 3:27 | 2:54 | 0:41 | 0:19 | | |
| 17 | Troels Trabjerg | H21A | 60:22 | 8:58 | 15:44 | 17:31 | 21:08 | 25:00 | 36:41 | 41:22 | 43:04 | 54:59 | 59:10 | 59:56 | 60:22 | | |
| | Melfar OK | | | 8:58 | 6:46 | 1:47 | 3:37 | 3:52 | 11:41 | 4:41 | 1:42 | 11:55 | 4:11 | 0:46 | 0:26 | | |
| 18 | Steffen Wurzler | H21A | 94:54 | 46:19 | 50:08 | 52:10 | 55:18 | 64:08 | 73:38 | 79:36 | 81:43 | 90:02 | 93:37 | 94:33 | 94:54 | | |
| | Kölnener OL-Team | | | 46:19 | 3:49 | 2:02 | 3:08 | 8:50 | 9:30 | 5:58 | 2:07 | 8:19 | 3:35 | 0:56 | 0:21 | | |
| 19 | Oskar Kaaloy | H50 | 98:17 | 18:48 | 41:37 | 43:10 | 53:54 | 62:50 | 76:06 | 81:06 | 83:38 | 92:12 | 97:01 | 97:54 | 98:17 | | |
| | Sandefjord OK | | | 18:48 | 22:49 | 1:33 | 10:44 | 8:56 | 13:16 | 5:00 | 2:32 | 8:34 | 4:49 | 0:53 | 0:23 | | |
| | Björn Lackschewitz | H16 | Aufg | 21:31 | 28:59 | 31:39 | ---- | ---- | ---- | ---- | ---- | ---- | ---- | ---- | ---- | | |
| | OLV Uslar | | | 21:31 | 7:28 | 2:40 | | | | | | | | | | | |
| | Daniel Hanselmann | H50 | N Ang | | | | | | | | | | | | | | |
| | OLG Welsikon Neften | | | | | | | | | | | | | | | | |
| | Herman Mooij | H21A | N Ang | | | | | | | | | | | | | | |
| | Argus | | | | | | | | | | | | | | | | |
| | Hjalte Hviid (abgem.) | H21A | N Ang | | | | | | | | | | | | | | |
| | O-63 Vordingborg | | | | | | | | | | | | | | | | |
| Bahn 4 (36) | | | 3,2 km 170 Hm | | 12 P | | | | | | | | | | | | |
| | | | 1(46) | 2(32) | 3(33) | 4(34) | 5(35) | 6(64) | 7(59) | 8(49) | 9(65) | 10(45) | 11(58) | 12(100) | Ziel | | |
| 1 | Henning Bruns | H55 | 31:34 | 4:06 | 8:09 | 8:48 | 10:09 | 12:31 | 17:22 | 20:34 | 22:49 | 27:19 | 28:44 | 30:19 | 31:07 | 31:34 | |
| | MTK Bad Harzburg | | | 4:06 | 4:03 | 0:39 | 1:21 | 2:22 | 4:51 | 3:12 | 2:15 | 4:30 | 1:25 | 1:35 | 0:48 | 0:27 | |
| 2 | Solia Stamer | D18 | 32:16 | 4:15 | 8:15 | 8:49 | 9:57 | 12:49 | 18:17 | 20:54 | 23:18 | 28:21 | 29:41 | 31:13 | 31:56 | 32:16 | |
| | MTK Bad Harzburg | | | 4:15 | 4:00 | 0:34 | 1:08 | 2:52 | 5:28 | 2:37 | 2:24 | 5:03 | 1:20 | 1:32 | 0:43 | 0:20 | |
| 3 | Luc Melis | H55 | 33:34 | 3:49 | 7:40 | 8:15 | 9:17 | 11:35 | 15:43 | 21:31 | 24:35 | 28:54 | 30:25 | 32:17 | 33:09 | 33:34 | |
| | TROL Belgium | | | 3:49 | 3:51 | 0:35 | 1:02 | 2:18 | 4:08 | 5:48 | 3:04 | 4:19 | 1:31 | 1:52 | 0:52 | 0:25 | |
| 4 | Friederike Frenzel | D40 | 34:18 | 5:29 | 10:21 | 10:54 | 12:18 | 14:55 | 19:34 | 22:26 | 25:15 | 30:13 | 31:38 | 33:06 | 33:56 | 34:18 | |
| | ESV Lok Berlin-Schön | | | 5:29 | 4:52 | 0:33 | 1:24 | 2:37 | 4:39 | 2:52 | 2:49 | 4:58 | 1:25 | 1:28 | 0:50 | 0:22 | |
| 5 | Esther Stamer | D40 | 34:22 | 4:06 | 8:45 | 9:16 | 10:39 | 12:51 | 17:22 | 19:51 | 22:10 | 29:02 | 31:31 | 33:06 | 33:59 | 34:22 | |
| | MTK Bad Harzburg | | | 4:06 | 4:39 | 0:31 | 1:23 | 2:12 | 4:31 | 2:29 | 2:19 | 6:52 | 2:29 | 1:35 | 0:53 | 0:23 | |
| 6 | Werner Drese | H55 | 37:15 | 5:39 | 10:05 | 10:41 | 11:59 | 14:28 | 19:02 | 21:48 | 25:26 | 30:28 | 33:20 | 35:33 | 36:40 | 37:15 | |
| | OLV Uslar | | | 5:39 | 4:26 | 0:36 | 1:18 | 2:29 | 4:34 | 2:46 | 3:38 | 5:02 | 2:52 | 2:13 | 1:07 | 0:35 | |
| 7 | Pernille Buch | D40 | 37:20 | 4:34 | 8:52 | 9:32 | 11:00 | 13:40 | 18:44 | 25:09 | 27:58 | 33:36 | 34:48 | 36:17 | 36:56 | 37:20 | |
| | OK Gorm | | | 4:34 | 4:18 | 0:40 | 1:28 | 2:40 | 5:04 | 6:25 | 2:49 | 5:38 | 1:12 | 1:29 | 0 | | |

| Pl Name | Kat | Zeit | 3,2 km 170 Hm | | | | | | | | | | | | | Ziel |
|--------------------------------|-----|---------------|---------------|-------------|-----------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|-------------|---------|-------------|------|
| | | | 1(46) | 2(32) | 3(33) | 4(34) | 5(35) | 6(64) | 7(59) | 8(49) | 9(65) | 10(45) | 11(58) | 12(100) | | |
| Bahn 4 (36) | | | | | <i>(Forts.)</i> | | | | | | | | | | | |
| 11 Paulina Strobel | D18 | 40:09 | 8:44 | 12:58 | 13:30 | 14:47 | 17:08 | 23:23 | 26:16 | 28:34 | 35:04 | 36:33 | 39:03 | 39:47 | 40:09 | |
| USV Jena | | | 8:44 | 4:14 | 0:32 | 1:17 | 2:21 | 6:15 | 2:53 | 2:18 | 6:30 | 1:29 | 2:30 | 0:44 | 0:22 | |
| 12 Arne Heikoop | H55 | 40:31 | 5:39 | 10:08 | 10:51 | 12:07 | 14:21 | 20:03 | 28:20 | 31:54 | 36:29 | 37:50 | 39:18 | 40:05 | 40:31 | |
| OC 93 Hune | | | 5:39 | 4:29 | 0:43 | 1:16 | 2:14 | 5:42 | 8:17 | 3:34 | 4:35 | 1:21 | 1:28 | 0:47 | 0:26 | |
| 13 Henning Hansen | H55 | 41:17 | 5:05 | 10:34 | 11:10 | 13:34 | 16:15 | 21:28 | 24:55 | 31:39 | 36:31 | 38:27 | 40:09 | 40:57 | 41:17 | |
| Horsens OK | | | 5:05 | 5:29 | 0:36 | 2:24 | 2:41 | 5:13 | 3:27 | 6:44 | 4:52 | 1:56 | 1:42 | 0:48 | 0:20 | |
| 14 Peter Gierlach | H55 | 42:25 | 6:33 | 11:52 | 12:32 | 14:07 | 17:01 | 23:43 | 26:49 | 30:15 | 36:42 | 38:41 | 40:52 | 41:57 | 42:25 | |
| WOLF Haltern | | | 6:33 | 5:19 | 0:40 | 1:35 | 2:54 | 6:42 | 3:06 | 3:26 | 6:27 | 1:59 | 2:11 | 1:05 | 0:28 | |
| 15 Klaus Prunsche | H55 | 43:53 | 5:49 | 13:06 | 13:48 | 15:30 | 18:50 | 24:03 | 27:14 | 32:07 | 39:10 | 40:35 | 42:26 | 43:22 | 43:53 | |
| TuS Lübbecke | | | 5:49 | 7:17 | 0:42 | 1:42 | 3:20 | 5:13 | 3:11 | 4:53 | 7:03 | 1:25 | 1:51 | 0:56 | 0:31 | |
| 16 Blandine Pierson | D40 | 48:58 | 7:06 | 13:09 | 13:56 | 16:04 | 19:31 | 27:34 | 31:10 | 35:03 | 43:06 | 45:07 | 47:29 | 48:33 | 48:58 | |
| ASMBCO | | | 7:06 | 6:03 | 0:47 | 2:08 | 3:27 | 8:03 | 3:36 | 3:53 | 8:03 | 2:01 | 2:22 | 1:04 | 0:25 | |
| 17 Christian Humpel | H55 | 49:12 | 8:59 | 15:18 | 16:05 | 17:52 | 21:24 | 28:42 | 32:00 | 36:06 | 42:53 | 44:53 | 47:44 | 48:44 | 49:12 | |
| LK Kompass Innsbruc | | | 8:59 | 6:19 | 0:47 | 1:47 | 3:32 | 7:18 | 3:18 | 4:06 | 6:47 | 2:00 | 2:51 | 1:00 | 0:28 | |
| 18 Andreas Thies | H55 | 49:47 | 6:00 | 12:07 | 12:50 | 14:54 | 20:02 | 27:00 | 30:58 | 35:00 | 43:24 | 45:49 | 48:21 | 49:17 | 49:47 | |
| TuS Lübbecke | | | 6:00 | 6:07 | 0:43 | 2:04 | 5:08 | 6:58 | 3:58 | 4:02 | 8:24 | 2:25 | 2:32 | 0:56 | 0:30 | |
| 19 Sophia Stepf | D40 | 49:50 | 6:21 | 12:58 | 13:41 | 15:25 | 18:41 | 26:08 | 30:00 | 37:24 | 44:14 | 45:57 | 48:20 | 49:21 | 49:50 | |
| ohne Verein, Stepf | | | 6:21 | 6:37 | 0:43 | 1:44 | 3:16 | 7:27 | 3:52 | 7:24 | 6:50 | 1:43 | 2:23 | 1:01 | 0:29 | |
| 20 Petra Schneider | D40 | 50:10 | 6:09 | 11:45 | 12:20 | 14:08 | 17:16 | 24:04 | 28:03 | 38:29 | 44:40 | 46:34 | 48:47 | 49:39 | 50:10 | |
| SV Hildesia Dieckholze | | | 6:09 | 5:36 | 0:35 | 1:48 | 3:08 | 6:48 | 3:59 | 10:26 | 6:11 | 1:54 | 2:13 | 0:52 | 0:31 | |
| 21 Kristina Loth | D40 | 51:33 | 8:00 | 14:25 | 15:01 | 16:35 | 19:37 | 25:32 | 29:14 | 41:03 | 46:44 | 48:19 | 49:55 | 50:59 | 51:33 | |
| ohne Verein, Loth | | | 8:00 | 6:25 | 0:36 | 1:34 | 3:02 | 5:55 | 3:42 | 11:49 | 5:41 | 1:35 | 1:36 | 1:04 | 0:34 | |
| 22 Clara Kilper | D18 | 51:44 | 5:39 | 11:35 | 12:15 | 14:10 | 17:15 | 24:25 | 32:09 | 38:30 | 45:36 | 47:31 | 50:23 | 51:16 | 51:44 | |
| USV Jena | | | 5:39 | 5:56 | 0:40 | 1:55 | 3:05 | 7:10 | 7:44 | 6:21 | 7:06 | 1:55 | 2:52 | 0:53 | 0:28 | |
| 23 Franz-Josef Dirkes | H55 | 54:55 | 6:05 | 10:21 | 10:58 | 12:24 | 15:06 | 19:45 | 27:50 | 33:17 | 49:45 | 51:52 | 53:40 | 54:25 | 54:55 | |
| SV Eintracht Neuenkir | | | 6:05 | 4:16 | 0:37 | 1:26 | 2:42 | 4:39 | 8:05 | 5:27 | 16:28 | 2:07 | 1:48 | 0:45 | 0:30 | |
| 24 Peter Treibmann | H55 | 56:54 | 6:32 | 13:37 | 14:22 | 16:25 | 19:50 | 28:27 | 37:41 | 41:27 | 50:46 | 53:02 | 55:37 | 56:31 | 56:54 | |
| OK Leipzig | | | 6:32 | 7:05 | 0:45 | 2:03 | 3:25 | 8:37 | 9:14 | 3:46 | 9:19 | 2:16 | 2:35 | 0:54 | 0:23 | |
| 25 Anna-Lena Engelmann | D18 | 60:13 | 7:54 | 14:24 | 15:05 | 16:52 | 20:16 | 30:04 | 39:22 | 46:55 | 54:09 | 56:31 | 58:42 | 59:42 | 60:13 | |
| TSV Worpsswede | | | 7:54 | 6:30 | 0:41 | 1:47 | 3:24 | 9:48 | 9:18 | 7:33 | 7:14 | 2:22 | 2:11 | 1:00 | 0:31 | |
| 26 Henning Mindstruplu | H55 | 65:03 | 25:47 | 30:41 | 32:17 | 34:19 | 37:38 | 44:33 | 49:08 | 52:32 | 59:13 | 60:59 | 63:55 | 64:41 | 65:03 | |
| Horsens OK | | | 25:47 | 4:54 | 1:36 | 2:02 | 3:19 | 6:55 | 4:35 | 3:24 | 6:41 | 1:46 | 2:56 | 0:46 | 0:22 | |
| 27 Jordan Sophie Meisel | D18 | 77:26 | 7:41 | 22:05 | 23:32 | 25:46 | 30:35 | 42:42 | 48:09 | 61:22 | 70:15 | 73:09 | 76:04 | 76:56 | 77:26 | |
| OLV Uslar | | | 7:41 | 14:24 | 1:27 | 2:14 | 4:49 | 12:07 | 5:27 | 13:13 | 8:53 | 2:54 | 2:55 | 0:52 | 0:30 | |
| 28 Jörg Vogt | H55 | 79:23 | 6:09 | 18:35 | 19:09 | 22:13 | 25:57 | 31:53 | 49:18 | 63:01 | 71:09 | 73:25 | 76:08 | 78:46 | 79:23 | |
| PTSV Munster | | | 6:09 | 12:26 | 0:34 | 3:04 | 3:44 | 5:56 | 17:25 | 13:43 | 8:08 | 2:16 | 2:43 | 2:38 | 0:37 | |
| Tommy Jakobsen | H55 | Fehlst | 7:16 | 13:33 | 14:20 | 16:40 | 19:53 | 27:03 | 31:20 | 35:07 | 43:02 | 47:37 | ---- | 51:06 | 51:27 | |
| Horsens OK | | | 7:16 | 6:17 | 0:47 | 2:20 | 3:13 | 7:10 | 4:17 | 3:47 | 7:55 | 4:35 | | 3:29 | 0:21 | |
| AK Svenja Pabst | D40 | 36:20 | 5:01 | 9:11 | 9:45 | 11:18 | 16:15 | 21:08 | 24:19 | 26:46 | 31:58 | 33:19 | 35:11 | 35:57 | 36:20 | |
| OLV Uslar | | | 5:01 | 4:10 | 0:34 | 1:33 | 4:57 | 4:53 | 3:11 | 2:27 | 5:12 | 1:21 | 1:52 | 0:46 | 0:23 | |
| Claudia Becker (abge | D40 | N Ang | | | | | | | | | | | | | | |
| Berliner TS | | | | | | | | | | | | | | | | |
| Mike Frizzell | H55 | N Ang | | | | | | | | | | | | | | |
| Basingstoke Andover | | | | | | | | | | | | | | | | |
| Wilf Holloway | H55 | N Ang | | | | | | | | | | | | | | |
| MTK Bad Harzburg | | | | | | | | | | | | | | | | |
| Ruedi Metzger | H55 | N Ang | | | | | | | | | | | | | | |
| OLK Frikktal | | | | | | | | | | | | | | | | |
| Alex Bor | H55 | N Ang | | | | | | | | | | | | | | |
| Titan | | | | | | | | | | | | | | | | |
| Sandra Wendt | D40 | N Ang | | | | | | | | | | | | | | |
| TK Hannover | | | | | | | | | | | | | | | | |
| Bahn 5 (37) | | | 3,0 km 140 Hm | | 9 P | | | | | | | | | | | |
| | | | 1(62) | 2(32) | 3(35) | 4(37) | 5(59) | 6(49) | 7(45) | 8(58) | 9(100) | Ziel | | | | |
| 1 Emil Kimmig | H60 | 23:50 | 4:28 | 7:11 | 9:28 | 11:59 | 14:50 | 16:47 | 21:40 | 22:53 | 23:31 | 23:50 | | | | |
| TV Oberkirch | | | 4:28 | 2:43 | 2:17 | 2:31 | 2:51 | 1:57 | 4:53 | 1:13 | 0:38 | 0:19 | | | | |
| 2 Jon Arvid Fossum | H60 | 25:55 | 4:56 | 7:35 | 9:56 | 12:43 | 15:53 | 18:06 | 23:12 | 24:52 | 25:31 | 25:55 | | | | |
| Asker SK | | | 4:56 | 2:39 | 2:21 | 2:47 | 3:10 | 2:13 | 5:06 | 1:40 | 0:39 | 0:24 | | | | |
| 3 Kari Christiansen | D45 | 27:24 | 5:48 | 8:21 | 10:28 | 12:46 | 15:48 | 18:20 | 24:29 | 26:15 | 26:59 | 27:24 | | | | |
| Sandefjord OK | | | 5:48 | 2:33 | 2:07 | 2:18 | 3:02 | 2:32 | 6:09 | 1:46 | 0:44 | 0:25 | | | | |
| 4 Gregers Jorgensen | H60 | 30:08 | 6:02 | 8:50 | 11:22 | 14:09 | 17:50 | 20:26 | 27:17 | 28:51 | 29:42 | 30:08 | | | | |
| Ballerup OK | | | 6:02 | 2:48 | 2:32 | 2:47 | 3:41 | 2:36 | 6:51 | 1:34 | 0:51 | 0:26 | | | | |
| 5 Jackie Vandijck | H60 | 31:15 | 6:14 | 8:55 | 12:07 | 14:57 | 19:39 | 22:42 | 28:28 | 30:07 | 30:51 | 31:15 | | | | |
| SAS Orientatie | | | 6:14 | 2:41 | 3:12 | 2:50 | 4:42 | 3:03 | 5:46 | 1:39 | 0:44 | 0:24 | | | | |
| 6 Christian Cachard | H60 | 32:51 | 6:11 | 8:51 | 11:12 | 14:14 | 19:42 | 22:13 | 27:50 | 31:33 | 32:22 | 32:51 | | 30:03 | | |
| CS de Montagne | | | 6:11 | 2:40 | 2:21 | 3:02 | 5:28 | 2:31 | 5:37 | 3:43 | 0:49 | 0:29 | | *100 | | |
| 7 Veerle Tulleeneers | D45 | 33:24 | 5:31 | 8:29 | 11:14 | 14:39 | 18:02 | 20:21 | 30:52 | 32:13 | 33:02 | 33:24 | | | | |
| TROL Belgium | | | 5:31 | 2:58 | 2:45 | 3:25 | 3:23 | 2:19 | 10:31 | 1:21 | 0:49 | 0:22 | | | | |
| 8 Hans Jörgen Vad | H60 | 33:25 | 6:54 | 10:40 | 13:38 | 17:06 | 20:46 | 23:36 | 30:06 | 32:05 | 32:58 | 33:25 | | | | |
| Horsens OK | | | 6:54 | 3:46 | 2:58 | 3:28 | 3:40 | 2:50 | 6:30 | 1:59 | 0:53 | 0:27 | | | | |
| 9 Johanna Strobel | D16 | 34:10 | 6:22 | 10:24 | 12:57 | 16:07 | 19:59 | 23:27 | 30:56 | 33:06 | 33:49 | 34:10 | | | | |
| USV Jena | | | 6:22 | 4:02 | 2:33 | 3:10 | 3:52 | 3:28 | 7:29 | 2:10 | 0:43 | 0:21 | | | | |
| 10 Peter Föns Knudsen | H60 | 36:08 | 7:55 | 11:35 | 14:34 | 17:56 | 22:08 | 25:48 | 32:11 | 34:36 | 35:41 | 36:08 | | | | |
| OK Gorm | | | 7:55 | 3:40 | 2:59 | 3:22 | 4:12 | 3:40 | 6:23 | 2:25 | 1:05 | 0:27 | | | | |
| 11 Evi Drese | D45 | 37:32 | 6:42 | 10:03 | 13:05 | 16:49 | 22:08 | 25:13 | 33:42 | 35:36 | 36:59 | 37:32 | | | | |
| OLV Uslar | | | 6:42 | 3:21 | 3:02 | 3:44 | 5:19 | 3:05 | 8:29 | 1:54 | 1:23 | 0:33 | | | | |
| 12 Marlen Steinhoff | D16 | 37:34 | 9:23 | | | | | | | | | | | | | |

| Pl | Name | Kat | Zeit | 3,0 km 140 Hm | | | | | | | | | Ziel |
|--------------------|--|-----|--------|---------------------|-------|-------|-------|-------|-------|-------|-------|--------|-------|
| | | | | 1(62) | 2(32) | 3(35) | 4(37) | 5(59) | 6(49) | 7(45) | 8(58) | 9(100) | |
| Bahn 5 (37) | | | | 9 P (Forts.) | | | | | | | | | |
| 13 | Martina Willmann OLV Uslar | D45 | 37:37 | 7:09 | 11:13 | 14:20 | 17:21 | 21:32 | 25:28 | 32:51 | 36:10 | 37:08 | 37:37 |
| 14 | Hansjörg Graf OLG Pfäffikon | H60 | 38:07 | 7:27 | 11:09 | 14:19 | 18:23 | 22:51 | 25:50 | 34:26 | 36:37 | 37:39 | 38:07 |
| 15 | Torben Kristensen Herlufsholm | H60 | 41:46 | 7:27 | 12:42 | 16:10 | 20:14 | 24:40 | 28:40 | 37:55 | 40:24 | 41:18 | 41:46 |
| 16 | Kurt Fischer OLG Pfäffikon | H60 | 42:30 | 11:37 | 17:05 | 19:54 | 23:26 | 28:00 | 32:38 | 39:23 | 41:08 | 42:04 | 42:30 |
| 17 | Hans Rothenbühler OLG Skandia | H60 | 42:52 | 9:27 | 13:23 | 16:40 | 20:50 | 25:44 | 29:24 | 36:56 | 41:13 | 42:23 | 42:52 |
| 18 | Rochus Souan SV Hildesia Diekholze | H60 | 43:26 | 9:28 | 13:11 | 16:32 | 20:45 | 27:05 | 30:41 | 39:06 | 41:39 | 42:48 | 43:26 |
| 19 | Ole Binder OK Gorm | H60 | 43:33 | 8:03 | 13:51 | 16:35 | 19:25 | 22:50 | 32:57 | 40:22 | 42:22 | 43:08 | 43:33 |
| 20 | Gertrud Liebl TV Osterhofen | D45 | 43:50 | 6:34 | 9:55 | 12:57 | 16:32 | 22:31 | 26:18 | 40:10 | 42:16 | 43:18 | 43:50 |
| 21 | Anne Sofie Harfot Horsens OK | D16 | 44:48 | 9:15 | 12:13 | 14:50 | 19:24 | 31:27 | 34:40 | 41:51 | 43:41 | 44:27 | 44:48 |
| 22 | Thomas Pfister OLG Rymenzburg | H60 | 45:25 | 7:44 | 11:27 | 14:28 | 18:44 | 26:54 | 34:51 | 42:22 | 44:09 | 44:55 | 45:25 |
| 23 | André Aerts hamok | H60 | 45:59 | 8:51 | 12:40 | 14:53 | 17:50 | 22:38 | 27:15 | 42:55 | 44:40 | 45:30 | 45:59 |
| 24 | Frank Czioska OLF Mainz | H60 | 47:01 | 12:22 | 15:42 | 18:40 | 27:48 | 32:00 | 35:31 | 42:57 | 45:41 | 46:34 | 47:01 |
| 25 | Tanja Buchholz MTK Bad Harzburg | D45 | 47:42 | 9:16 | 13:06 | 16:39 | 22:10 | 29:22 | 33:43 | 43:10 | 46:11 | 47:11 | 47:42 |
| 26 | Henrik Dagsberg Horsens OK | H60 | 48:04 | 8:10 | 12:11 | 15:30 | 20:25 | 26:44 | 37:43 | 44:26 | 46:39 | 47:40 | 48:04 |
| 27 | Manfred Knörrgen HSG Merseburg | H60 | 48:10 | 14:48 | 18:38 | 21:42 | 26:16 | 30:38 | 35:41 | 44:00 | 46:46 | 47:40 | 48:10 |
| 28 | Mareike Blohm TSV Worpsswede | D16 | 48:30 | 9:30 | 13:35 | 17:18 | 25:01 | 30:11 | 34:31 | 45:32 | 47:14 | 48:05 | 48:30 |
| 29 | Kirsten Röhrich USV Jena | D45 | 50:07 | 10:47 | 14:53 | 18:00 | 24:02 | 30:21 | 34:22 | 46:33 | 48:46 | 49:41 | 50:07 |
| 30 | Ulrike Korff SC Achmer | D45 | 50:08 | 12:06 | 15:52 | 18:52 | 25:23 | 36:38 | 39:43 | 46:54 | 48:45 | 49:36 | 50:08 |
| 31 | Kiana Meisel OLV Uslar | D16 | 54:19 | 11:11 | 16:25 | 21:19 | 29:27 | 35:27 | 40:07 | 49:18 | 53:09 | 53:55 | 54:19 |
| 32 | Brigitte Maget OLG Deutsch Kaltenbr | D45 | 57:27 | 21:22 | 24:35 | 27:26 | 31:20 | 35:25 | 46:17 | 53:48 | 56:20 | 57:03 | 57:27 |
| 33 | Simona Weber Phoenix Lübeck | D45 | 62:11 | 7:58 | 11:09 | 14:04 | 18:16 | 24:39 | 28:39 | 58:35 | 60:53 | 61:49 | 62:11 |
| 34 | Anna Mieske Kaulsdorfer OLV | D16 | 75:53 | 14:46 | 20:28 | 27:36 | 40:04 | 48:58 | 56:46 | 69:18 | 74:15 | 75:22 | 75:53 |
| 35 | Andrea Höhnke Horsens OK | D45 | 76:45 | 10:13 | 15:07 | 19:51 | 25:51 | 37:55 | 53:16 | 68:33 | 75:00 | 76:12 | 76:45 |
| | Greet Mols TROL Belgium | D45 | Fehlst | 16:54 | 20:00 | 22:38 | 27:06 | 33:15 | ---- | 46:28 | 49:49 | 50:54 | 51:28 |
| | Natalia Kunitskaya Titan | D45 | N Ang | 16:54 | 3:06 | 2:38 | 4:28 | 6:09 | | 13:13 | 3:21 | 1:05 | 0:34 |
| Bahn 6 (36) | | | | 9 P | | | | | | | | | |
| | | | | 1(62) | 2(32) | 3(35) | 4(36) | 5(64) | 6(60) | 7(45) | 8(58) | 9(100) | Ziel |
| 1 | Kent Kardell Ljungskile FK | H65 | 26:30 | 5:14 | 8:12 | 10:33 | 13:07 | 15:39 | 21:46 | 23:46 | 25:18 | 26:04 | 26:30 |
| 2 | Håkan Winnberg IK Trenne Ullared | H65 | 29:56 | 7:11 | 9:53 | 12:12 | 14:22 | 17:07 | 24:48 | 26:28 | 28:25 | 29:30 | 29:56 |
| 3 | Poul Erik Buch OK Gorm | H65 | 30:56 | 7:10 | 10:17 | 13:13 | 16:10 | 19:13 | 26:36 | 28:12 | 29:52 | 30:32 | 30:56 |
| 4 | Hans Christian Strib SC Klecken | H65 | 31:15 | 6:43 | 9:51 | 13:03 | 15:31 | 18:33 | 26:24 | 28:21 | 30:08 | 30:51 | 31:15 |
| 5 | Poul Erik Christensen Horsens OK | H65 | 31:21 | 6:49 | 9:59 | 12:41 | 15:05 | 18:11 | 26:10 | 28:13 | 30:03 | 30:55 | 31:21 |
| 6 | Frans Wens TROL Belgium | H65 | 33:08 | 7:50 | 11:31 | 14:13 | 16:32 | 19:50 | 27:44 | 29:41 | 31:52 | 32:44 | 33:08 |
| 7 | Varny Vestergaard Herning OK | H65 | 34:28 | 8:03 | 2:16 | 2:00 | 2:33 | 2:08 | 11:30 | 2:26 | 2:08 | 0:58 | 0:26 |
| 8 | Tobias Gödde DJK Adler 07 Bottrop | OM | 35:29 | 8:15 | 12:27 | 16:09 | 18:44 | 22:21 | 30:03 | 32:23 | 34:12 | 35:08 | 35:29 |
| 9 | Dieter Schlaefke DJK Adler 07 Bottrop | H65 | 36:34 | 8:09 | 3:40 | 3:14 | 4:44 | 3:09 | 8:14 | 2:11 | 2:06 | 0:43 | 0:24 |
| 10 | Dominique Schutjes hamok | H65 | 37:20 | 8:12 | 12:04 | 15:43 | 19:16 | 23:02 | 32:06 | 34:19 | 36:16 | 36:56 | 37:20 |
| 11 | Thomas Schoepf OSC Kassel | H65 | 37:34 | 7:49 | 11:41 | 14:49 | 17:49 | 21:28 | 31:17 | 33:40 | 36:14 | 37:08 | 37:34 |
| 12 | Jörgen Jörgensen Silkeborg OK | H65 | 37:49 | 7:51 | 11:09 | 14:08 | 17:12 | 21:02 | 31:33 | 33:42 | 36:19 | 37:19 | 37:49 |
| 13 | Lech Trzpil OK Sport Warszawa | OM | 38:18 | 10:06 | 13:42 | 16:49 | 19:10 | 22:33 | 32:12 | 34:47 | 36:49 | 37:52 | 38:18 |

| Pl | Name | Kat | Zeit | | | | | | | | | | |
|--------------------|------------------------|-----|--------|---------------|-------|-------|-------|----------|--------|--------|--------|--------|--------|
| | | | | 2,7 km 140 Hm | | 9 P | | (Forts.) | | | | | |
| | | | | 1(62) | 2(32) | 3(35) | 4(36) | 5(64) | 6(60) | 7(45) | 8(58) | 9(100) | Ziel |
| Bahn 6 (36) | | | | | | | | | | | | | |
| 13 | Klaus Held | H65 | 38:18 | 14:29 | 17:38 | 20:19 | 23:04 | 25:50 | 32:47 | 34:36 | 37:00 | 37:47 | 38:18 |
| | OLV Eifel | | | 14:29 | 3:09 | 2:41 | 2:45 | 2:46 | 6:57 | 1:49 | 2:24 | 0:47 | 0:31 |
| 15 | Siegfried May | H65 | 39:03 | 8:15 | 12:09 | 15:25 | 18:37 | 22:17 | 33:36 | 35:25 | 37:41 | 38:36 | 39:03 |
| | RSV Hannover | | | 8:15 | 3:54 | 3:16 | 3:12 | 3:40 | 11:19 | 1:49 | 2:16 | 0:55 | 0:27 |
| 16 | Henrik Henriksen | OM | 40:04 | 13:05 | 15:42 | 18:04 | 23:38 | 26:08 | 35:26 | 36:48 | 38:54 | 39:42 | 40:04 |
| | Horsens OK | | | 13:05 | 2:37 | 2:22 | 5:34 | 2:30 | 9:18 | 1:22 | 2:06 | 0:48 | 0:22 |
| 17 | Lasse Vad | OM | 40:11 | 10:07 | 13:00 | 15:36 | 18:07 | 21:47 | 34:44 | 37:02 | 39:06 | 39:54 | 40:11 |
| | Horsens OK | | | 10:07 | 2:53 | 2:36 | 2:31 | 3:40 | 12:57 | 2:18 | 2:04 | 0:48 | 0:17 |
| 18 | Flemming Sasser | H65 | 41:27 | 9:10 | 13:22 | 16:50 | 20:13 | 24:05 | 33:38 | 36:10 | 39:33 | 40:50 | 41:27 |
| | Herning OK | | | 9:10 | 4:12 | 3:28 | 3:23 | 3:52 | 9:33 | 2:32 | 3:23 | 1:17 | 0:37 |
| 19 | Sven-Olof Larsson | H65 | 42:20 | 7:59 | 11:33 | 14:20 | 16:56 | 20:08 | 36:05 | 38:09 | 40:37 | 41:46 | 42:20 |
| | OK Emmaboda Verda | | | 7:59 | 3:34 | 2:47 | 2:36 | 3:12 | 15:57 | 2:04 | 2:28 | 1:09 | 0:34 |
| 20 | Eddie Desmedt | H65 | 43:20 | 8:48 | 12:26 | 15:01 | 17:40 | 20:51 | 34:54 | 38:50 | 41:12 | 42:31 | 43:20 |
| | TROL Belgium | | | 8:48 | 3:38 | 2:35 | 2:39 | 3:11 | 14:03 | 3:56 | 2:22 | 1:19 | 0:49 |
| 21 | Anders Harfot | OM | 44:37 | 7:48 | 11:04 | 14:16 | 16:55 | 20:03 | 39:25 | 41:17 | 43:19 | 44:11 | 44:37 |
| | Horsens OK | | | 7:48 | 3:16 | 3:12 | 2:39 | 3:08 | 19:22 | 1:52 | 2:02 | 0:52 | 0:26 |
| 22 | Laust Kadziola | OM | 45:24 | 8:04 | 11:46 | 14:44 | 18:26 | 23:06 | 40:46 | 42:45 | 44:24 | 45:03 | 45:24 |
| | Maribo OK | | | 8:04 | 3:42 | 2:58 | 3:42 | 4:40 | 17:40 | 1:59 | 1:39 | 0:39 | 0:21 |
| 23 | Måns Öhman | H65 | 46:44 | 10:26 | 14:47 | 18:09 | 22:17 | 26:13 | 39:09 | 41:35 | 44:57 | 46:13 | 46:44 |
| | Visborgs OK | | | 10:26 | 4:21 | 3:22 | 4:08 | 3:56 | 12:56 | 2:26 | 3:22 | 1:16 | 0:31 |
| 24 | Gerhard Niederland | H65 | 47:13 | 8:46 | 12:29 | 15:39 | 18:33 | 22:52 | 41:47 | 43:36 | 45:55 | 46:42 | 47:13 |
| | TSV Schloß Ricklinge | | | 8:46 | 3:43 | 3:10 | 2:54 | 4:19 | 18:55 | 1:49 | 2:19 | 0:47 | 0:31 |
| 25 | Linnea Kadziola | OM | 49:19 | 6:21 | 9:43 | 12:19 | 14:24 | 17:33 | 44:35 | 46:18 | 47:53 | 48:53 | 49:19 |
| | Maribo OK | | | 6:21 | 3:22 | 2:36 | 2:05 | 3:09 | 27:02 | 1:43 | 1:35 | 1:00 | 0:26 |
| 26 | Martina Harms | OM | 50:40 | 14:22 | 18:33 | 21:59 | 25:59 | 32:58 | 44:42 | 46:51 | 49:16 | 50:15 | 50:40 |
| | WOLF Haltern | | | 14:22 | 4:11 | 3:26 | 4:00 | 6:59 | 11:44 | 2:09 | 2:25 | 0:59 | 0:25 |
| 27 | Dieter Sels | OM | 51:09 | 20:27 | 25:36 | 28:23 | 32:30 | 36:36 | 45:09 | 47:08 | 49:33 | 50:38 | 51:09 |
| | SAS Orientatie | | | 20:27 | 5:09 | 2:47 | 4:07 | 4:06 | 8:33 | 1:59 | 2:25 | 1:05 | 0:31 |
| 28 | Georges Vonck | H65 | 52:41 | 7:06 | 11:14 | 13:59 | 16:17 | 19:37 | 46:27 | 48:26 | 51:04 | 52:02 | 52:41 |
| | TROL Belgium | | | 7:06 | 4:08 | 2:45 | 2:18 | 3:20 | 26:50 | 1:59 | 2:38 | 0:58 | 0:39 |
| 29 | Katrin Gödde | OM | 53:43 | 12:19 | 16:43 | 20:28 | 23:34 | 28:02 | 40:55 | 43:37 | 52:04 | 53:17 | 53:43 |
| | DJK Adler 07 Bottrop | | | 12:19 | 4:24 | 3:45 | 3:06 | 4:28 | 12:53 | 2:42 | 8:27 | 1:13 | 0:26 |
| 30 | Lise Ravnshøj Anders | OM | 54:50 | 13:36 | 16:41 | 20:01 | 24:55 | 31:03 | 40:46 | 51:26 | 53:39 | 54:27 | 54:50 |
| | Herlufsholm | | | 13:36 | 3:05 | 3:20 | 4:54 | 6:08 | 9:43 | 10:40 | 2:13 | 0:48 | 0:23 |
| 31 | Henk Stijkel | OM | 58:17 | 10:49 | 16:05 | 19:53 | 23:59 | 28:18 | 52:24 | 54:37 | 57:01 | 57:57 | 58:17 |
| | Argus | | | 10:49 | 5:16 | 3:48 | 4:06 | 4:19 | 24:06 | 2:13 | 2:24 | 0:56 | 0:20 |
| 32 | Marcel Oeyen | H65 | 63:02 | 8:44 | 13:17 | 16:10 | 18:23 | 21:33 | 55:49 | 58:10 | 61:16 | 62:28 | 63:02 |
| | hamok | | | 8:44 | 4:33 | 2:53 | 2:13 | 3:10 | 34:16 | 2:21 | 3:06 | 1:12 | 0:34 |
| 33 | Helmuth Hansen | H65 | 66:18 | 9:03 | 12:21 | 15:16 | 24:46 | 27:55 | 59:00 | 61:45 | 64:26 | 65:37 | 66:18 |
| | Herlufsholm | | | 9:03 | 3:18 | 2:55 | 9:30 | 3:09 | 31:05 | 2:45 | 2:41 | 1:11 | 0:41 |
| 34 | Johannes Müssen | H65 | 108:46 | 28:42 | 36:59 | 45:26 | 53:41 | 65:08 | 89:42 | 95:37 | 103:10 | 106:28 | 108:46 |
| | SuS Vehrte | | | 28:42 | 8:17 | 8:27 | 8:15 | 11:27 | 24:34 | 5:55 | 7:33 | 3:18 | 2:18 |
| 35 | Steffen Sixten Nilsson | H65 | 121:58 | 17:22 | 23:03 | 28:53 | 42:48 | 50:10 | 104:37 | 111:47 | 117:54 | 121:11 | 121:58 |
| | ohne Verein, Nilsson | | | 17:22 | 5:41 | 5:50 | 13:55 | 7:22 | 54:27 | 7:10 | 6:07 | 3:17 | 0:47 |
| | Karst Mooij | H65 | N Ang | | | | | | | | | | |
| | Argus | | | | | | | | | | | | |
| Bahn 7 (29) | | | | | | | | | | | | | |
| | | | | 2,3 km 130 Hm | | 9 P | | | | | | | |
| | | | | 1(46) | 2(47) | 3(36) | 4(63) | 5(51) | 6(65) | 7(45) | 8(58) | 9(100) | Ziel |
| 1 | Karl Kristian Terkelse | H70 | 23:43 | 4:40 | 7:00 | 8:42 | 12:30 | 14:52 | 18:55 | 20:33 | 22:26 | 23:18 | 23:43 |
| | OK Gorm | | | 4:40 | 2:20 | 1:42 | 3:48 | 2:22 | 4:03 | 1:38 | 1:53 | 0:52 | 0:25 |
| 2 | Unni Rye | D55 | 27:38 | 5:38 | 7:46 | 9:45 | 13:37 | 16:14 | 21:05 | 23:17 | 26:04 | 27:07 | 27:38 |
| | Asker SK | | | 5:38 | 2:08 | 1:59 | 3:52 | 2:37 | 4:51 | 2:12 | 2:47 | 1:03 | 0:31 |
| 3 | Annette Bonde | D55 | 28:12 | 5:29 | 8:06 | 10:11 | 14:01 | 17:47 | 23:25 | 24:51 | 26:54 | 27:46 | 28:12 |
| | Ballerup OK | | | 5:29 | 2:37 | 2:05 | 3:50 | 3:46 | 5:38 | 1:26 | 2:03 | 0:52 | 0:26 |
| 4 | Pia Kadziola | D55 | 29:10 | 6:01 | 9:28 | 11:36 | 15:51 | 18:36 | 23:52 | 25:37 | 27:51 | 28:42 | 29:10 |
| | Maribo OK | | | 6:01 | 3:27 | 2:08 | 4:15 | 2:45 | 5:16 | 1:45 | 2:14 | 0:51 | 0:28 |
| 5 | Mike Intgroen | H70 | 29:30 | 5:45 | 9:20 | 11:19 | 15:32 | 18:19 | 23:01 | 26:02 | 28:07 | 29:02 | 29:30 |
| | KOVZ | | | 5:45 | 3:35 | 1:59 | 4:13 | 2:47 | 4:42 | 3:01 | 2:05 | 0:55 | 0:28 |
| 6 | Helmut Fillinger | H70 | 29:39 | 6:23 | 9:01 | 11:30 | 15:55 | 19:11 | 24:18 | 26:07 | 28:10 | 29:11 | 29:39 |
| | SV IHW Alex Berlin | | | 6:23 | 2:38 | 2:29 | 4:25 | 3:16 | 5:07 | 1:49 | 2:03 | 1:01 | 0:28 |
| 7 | Kees Geers | H70 | 32:56 | 6:38 | 10:08 | 12:26 | 17:30 | 20:36 | 26:42 | 28:39 | 30:46 | 32:16 | 32:56 |
| | Argus | | | 6:38 | 3:30 | 2:18 | 5:04 | 3:06 | 6:06 | 1:57 | 2:07 | 1:30 | 0:40 |
| 8 | Jens Asserbo | H70 | 33:28 | 7:57 | 10:56 | 13:18 | 17:48 | 20:57 | 26:38 | 28:44 | 31:35 | 32:51 | 33:28 |
| | Maribo OK | | | 7:57 | 2:59 | 2:22 | 4:30 | 3:09 | 5:41 | 2:06 | 2:51 | 1:16 | 0:37 |
| 9 | Frede Truelsen | H70 | 34:23 | 5:20 | 8:37 | 10:39 | 15:36 | 23:45 | 28:29 | 31:04 | 33:00 | 33:54 | 34:23 |
| | Holstebro OK | | | 5:20 | 3:17 | 2:02 | 4:57 | 8:09 | 4:44 | 2:35 | 1:56 | 0:54 | 0:29 |
| 10 | Vic Vanderstraeten | H70 | 34:33 | 5:03 | 8:28 | 10:42 | 19:57 | 23:10 | 27:59 | 31:22 | 33:20 | 34:07 | 34:33 |
| | hamok | | | 5:03 | 3:25 | 2:14 | 9:15 | 3:13 | 4:49 | 3:23 | 1:58 | 0:47 | 0:26 |
| 11 | Karl Ditlevsen | H70 | 35:51 | 6:25 | 11:40 | 14:22 | 18:56 | 23:07 | 29:24 | 31:42 | 34:10 | 35:26 | 35:51 |
| | Horsens OK | | | 6:25 | 5:15 | 2:42 | 4:34 | 4:11 | 6:17 | 2:18 | 2:28 | 1:16 | 0:25 |
| 12 | Jörg Herbrand | H70 | 37:54 | 8:45 | 12:18 | 14:54 | 20:23 | 24:29 | 30:43 | 32:59 | 35:57 | 37:22 | 37:54 |
| | SK Duisburg | | | 8:45 | 3:33 | 2:36 | 5:29 | 4:06 | 6:14 | 2:16 | 2:58 | 1:25 | 0:32 |
| 13 | Walter Gieseler | H70 | 38:03 | 6:25 | 10:26 | 12:34 | 21:34 | 27:21 | 32:33 | 34:22 | 36:33 | 37:33 | 38:03 |
| | OLG Siegerland | | | 6:25 | 4:01 | 2:08 | 9:00 | 5:47 | 5:12 | 1:49 | 2:11 | 1:00 | 0:30 |
| 14 | Winfried Rode | H70 | 38:05 | 12:06 | 15:35 | 17:45 | 23:40 | 26:17 | 32:15 | 34:08 | 36:26 | 37:34 | 38:05 |
| | SC Helsa | | | 12:06 | 3:29 | 2:10 | 5:55 | 2:37 | 5:58 | 1:53 | 2:18 | 1:08 | 0:31 |
| 15 | Mogens E. Thomsen | H70 | 40:42 | 7:28 | 10:51 | 13:20 | 19:49 | 28:21 | 33:58 | 36:15 | 38:51 | 40:07 | 40:42 |
| | OK Syd | | | 7:28 | 3:23 | 2:29 | 6:29 | 8:32 | 5:37 | 2:17 | 2:36 | 1:16 | 0:35 |

| Pl | Name | Kat | Zeit | | | | | | | | | | |
|--------------------|---|------|----------------------|-------------|-----------------|--------------|--------------|--------------|--------------|--------------|--------------|-------|-------|
| Bahn 7 (29) | | | 2,3 km 130 Hm | 9 P | (Forts.) | | | | | | | | |
| | | | 1(46) | 2(47) | 3(36) | 4(63) | 5(51) | 6(65) | 7(45) | 8(58) | 9(100) | Ziel | |
| 16 | Ruud Schonewille KOVZ | H70 | 40:50 | 12:50 | 16:44 | 19:04 | 23:51 | 28:17 | 34:30 | 36:44 | 39:11 | 40:24 | 40:50 |
| 17 | Henning Vide Peterse Horsens OK | H70 | 42:08 | 8:20 | 11:12 | 21:05 | 25:54 | 28:58 | 34:52 | 37:27 | 40:29 | 41:37 | 42:08 |
| 18 | Helga Wendt SC Helsa | D55 | 44:26 | 8:20 | 2:52 | 9:53 | 4:49 | 3:04 | 5:54 | 2:35 | 3:02 | 1:08 | 0:31 |
| 19 | Lene Kofoed Petersen Horsens OK | D55 | 44:47 | 8:19 | 17:02 | 19:47 | 25:34 | 29:19 | 37:43 | 40:01 | 42:52 | 44:00 | 44:26 |
| 20 | Dirk Zwikker Argus | H70 | 46:04 | 8:19 | 8:43 | 2:45 | 5:47 | 3:45 | 8:24 | 2:18 | 2:51 | 1:08 | 0:26 |
| 21 | Jen Vanreusel SAS Orientatie | D55 | 46:26 | 7:05 | 10:34 | 13:07 | 27:45 | 30:58 | 37:27 | 40:02 | 42:59 | 44:12 | 44:47 |
| 22 | Vinzenz Kneisl OL Brütten | H70 | 57:06 | 7:05 | 3:29 | 2:33 | 14:38 | 3:13 | 6:29 | 2:35 | 2:57 | 1:13 | 0:35 |
| 23 | Lisa Müller-Prunsche TuS Lübbecke | D55 | 57:38 | 5:32 | 8:05 | 10:22 | 17:06 | 31:50 | 37:50 | 40:46 | 44:13 | 45:28 | 46:04 |
| 24 | Claudia Schmidt Tho Horsens OK | D55 | 63:27 | 5:32 | 2:33 | 2:17 | 6:44 | 14:44 | 6:00 | 2:56 | 3:27 | 1:15 | 0:36 |
| 25 | Svend Erik Jensen OK Skärmen | H70 | 86:23 | 6:59 | 10:17 | 13:17 | 25:27 | 33:26 | 39:23 | 41:35 | 43:57 | 45:55 | 46:26 |
| 26 | Maria Gierlach WOLF Haltern | D55 | 94:18 | 6:59 | 3:18 | 3:00 | 12:10 | 7:59 | 5:57 | 2:12 | 2:22 | 1:58 | 0:31 |
| | Bettina Treibmann OK Leipzig | D55 | Fehlst | 22:22 | 9:58 | 2:39 | 5:21 | 4:08 | 5:18 | 2:52 | 2:56 | 1:04 | 0:28 |
| | Katinka Mulder Argus | D55 | N Ang | 19:26 | 23:58 | 27:44 | 34:08 | 39:25 | 47:15 | 50:28 | 55:13 | 57:00 | 57:38 |
| | Britta Ank Pedersen Horsens OK | D55 | N Ang | 19:26 | 4:32 | 3:46 | 6:24 | 5:17 | 7:50 | 3:13 | 4:45 | 1:47 | 0:38 |
| | | | | 7:31 | 34:55 | 37:29 | 46:08 | 48:47 | 56:28 | 58:56 | 61:48 | 62:52 | 63:27 |
| | | | | 7:31 | 27:24 | 2:34 | 8:39 | 2:39 | 7:41 | 2:28 | 2:52 | 1:04 | 0:35 |
| | | | | 9:06 | 39:47 | 44:57 | 56:46 | 68:24 | 75:51 | 79:45 | 84:01 | 85:36 | 86:23 |
| | | | | 9:06 | 30:41 | 5:10 | 11:49 | 11:38 | 7:27 | 3:54 | 4:16 | 1:35 | 0:47 |
| | | | | 24:40 | 32:57 | 38:15 | 56:16 | 62:34 | 79:52 | 84:39 | 92:05 | 93:25 | 94:18 |
| | | | | 24:40 | 8:17 | 5:18 | 18:01 | 6:18 | 17:18 | 4:47 | 7:26 | 1:20 | 0:53 |
| | | | | 16:45 | 18:56 | 20:41 | 25:30 | ----- | 36:25 | 39:43 | 42:17 | 43:01 | 43:26 |
| | | | | 16:45 | 2:11 | 1:45 | 4:49 | | 10:55 | 3:18 | 2:34 | 0:44 | 0:25 |
| Bahn 8 (23) | | | 2,0 km 100 Hm | 7 P | | | | | | | | | |
| | | | 1(46) | 2(64) | 3(57) | 4(65) | 5(45) | 6(58) | 7(100) | Ziel | | | |
| 1 | Berit Harfort Horsens OK | D21A | 22:51 | 5:39 | 9:06 | 13:19 | 17:47 | 19:35 | 21:37 | 22:26 | 22:51 | 0:25 | |
| 2 | Elin Fossum Rye Asker SK | D21A | 25:53 | 5:39 | 3:27 | 4:13 | 4:28 | 1:48 | 2:02 | 0:49 | 0:25 | 0:25 | |
| 3 | Sandra Pfister OLG Rymenzburg | D21A | 26:45 | 8:53 | 4:32 | 3:45 | 4:17 | 1:34 | 1:42 | 0:45 | 0:25 | 0:25 | |
| 4 | Uta Hillebrand TK Hannover | D21A | 26:47 | 7:39 | 11:06 | 16:01 | 21:00 | 22:56 | 25:11 | 26:22 | 26:45 | 26:45 | |
| 5 | Olga Zwikker Argus | D21A | 27:09 | 7:39 | 3:27 | 4:55 | 4:59 | 1:56 | 2:15 | 1:11 | 0:23 | 0:23 | |
| 6 | Mogens Hansen OK Skärmen | H75 | 27:20 | 4:56 | 8:27 | 11:58 | 18:47 | 23:38 | 25:39 | 26:26 | 26:47 | 26:47 | |
| 7 | Erik Anders Jensen Silkeborg OK | H75 | 29:39 | 7:14 | 11:13 | 15:08 | 20:34 | 22:29 | 25:26 | 26:46 | 27:09 | 27:09 | |
| 8 | Gerrit Krause SV Bayer Wuppertal | H75 | 31:25 | 7:14 | 3:59 | 3:55 | 5:26 | 1:55 | 2:57 | 1:20 | 0:23 | 0:23 | |
| 9 | Günter Gohde TK Hannover | H75 | 31:43 | 6:27 | 10:26 | 14:17 | 22:04 | 23:49 | 25:56 | 26:51 | 27:20 | 27:20 | |
| 10 | Jörgen Thyssen Horsens OK | H75 | 32:19 | 6:27 | 3:59 | 3:51 | 7:47 | 1:45 | 2:07 | 0:55 | 0:29 | 0:29 | |
| 11 | Siegfried Geldanowsk Waldfreunde Langent | H75 | 34:17 | 6:34 | 10:53 | 15:07 | 21:53 | 25:33 | 27:58 | 29:10 | 29:39 | 29:39 | |
| 12 | Ingrid Müssen SuS Vehrte | D60 | 34:18 | 6:34 | 4:19 | 4:14 | 6:46 | 3:40 | 2:25 | 1:12 | 0:29 | 0:29 | |
| 13 | Marianne Graf OLG Pfäffikon | D60 | 34:51 | 11:32 | 15:37 | 19:58 | 25:22 | 27:29 | 29:53 | 30:53 | 31:25 | 31:25 | |
| 14 | Palle Möller Nielsen Odense OK | H75 | 35:03 | 11:32 | 4:05 | 4:21 | 5:24 | 2:07 | 2:24 | 1:00 | 0:32 | 0:32 | |
| 15 | Vreni Rothenbühler OLG Skandia | D60 | 36:01 | 8:23 | 12:14 | 17:37 | 25:22 | 27:48 | 30:11 | 31:11 | 31:43 | 31:43 | |
| 16 | Ingrid Fossum Rye Asker SK | D21A | 37:14 | 8:23 | 3:51 | 5:23 | 7:45 | 2:26 | 2:23 | 1:00 | 0:32 | 0:32 | |
| 17 | Miriam Ferrari OLF Mainz | D21A | 39:43 | 7:12 | 12:43 | 17:51 | 24:57 | 27:43 | 30:38 | 31:46 | 32:19 | 32:19 | |
| 18 | Ann-Britt Winnberg IK Trenne Ullared | D60 | 41:17 | 7:12 | 5:31 | 5:08 | 7:06 | 2:46 | 2:55 | 1:08 | 0:33 | 0:33 | |
| 19 | Siv Larsson OK Emmaboda Verda | D60 | 42:32 | 12:56 | 17:51 | 22:42 | 28:14 | 30:21 | 32:40 | 33:50 | 34:17 | 34:17 | |
| 20 | Monika Herbrand SK Duisburg | D60 | 42:32 | 10:42 | 15:08 | 19:53 | 26:59 | 29:46 | 32:36 | 33:51 | 34:18 | 34:18 | |
| 21 | Renate Willmann ohne Verein, Willman | D60 | 55:17 | 10:42 | 4:26 | 4:45 | 7:06 | 2:47 | 2:50 | 1:15 | 0:27 | 0:27 | |
| | Melanie Günther Köln OL-Team | D21A | Fehlst | 12:52 | 17:33 | 22:43 | 28:48 | 30:56 | 33:20 | 34:21 | 34:51 | 34:51 | |
| | Finn Hother Madsen OK PAN Aarhus | H75 | Fehlst | 12:52 | 4:41 | 5:10 | 6:05 | 2:08 | 2:24 | 1:01 | 0:30 | 0:30 | |
| | | | | 8:15 | 13:29 | 19:13 | 26:45 | 29:22 | 33:05 | 34:31 | 35:03 | 35:03 | |
| | | | | 8:15 | 5:14 | 5:44 | 7:32 | 2:37 | 3:43 | 1:26 | 0:32 | 0:32 | |
| | | | | 9:13 | 12:54 | 22:20 | 28:46 | 31:20 | 34:28 | 35:30 | 36:01 | 36:01 | |
| | | | | 9:13 | 3:41 | 9:26 | 6:26 | 2:34 | 3:08 | 1:02 | 0:31 | 0:31 | |
| | | | | 4:55 | 9:28 | 14:50 | 31:42 | 33:36 | 36:02 | 36:53 | 37:14 | 37:14 | |
| | | | | 4:55 | 4:33 | 5:22 | 16:52 | 1:54 | 2:26 | 0:51 | 0:21 | 0:21 | |
| | | | | 7:12 | 14:04 | 21:56 | 30:23 | 35:20 | 37:57 | 39:09 | 39:43 | 39:43 | |
| | | | | 7:12 | 6:52 | 7:52 | 8:27 | 4:57 | 2:37 | 1:12 | 0:34 | 0:34 | |
| | | | | 5:54 | 17:32 | 26:14 | 33:26 | 37:05 | 39:39 | 40:44 | 41:17 | 41:17 | |
| | | | | 5:54 | 11:38 | 8:42 | 7:12 | 3:39 | 2:34 | 1:05 | 0:33 | 0:33 | |
| | | | | 10:05 | 15:40 | 22:33 | 33:43 | 37:29 | 40:43 | 41:58 | 42:32 | 42:32 | |
| | | | | 10:05 | 5:35 | 6:53 | 11:10 | 3:46 | 3:14 | 1:15 | 0:34 | 0:34 | |
| | | | | 9:45 | 16:23 | 22:44 | 32:18 | 35:48 | 40:14 | 41:51 | 42:32 | 42:32 | |
| | | | | 9:45 | 6:38 | 6:21 | 9:34 | 3:30 | 4:26 | 1:37 | 0:41 | 0:41 | |
| | | | | 20:34 | 25:42 | 32:53 | 42:39 | 50:31 | 53:35 | 54:44 | 55:17 | 55:17 | |
| | | | | 20:34 | 5:08 | 7:11 | 9:46 | 7:52 | 3:04 | 1:09 | 0:33 | 0:33 | |
| | | | | 4:49 | 10:27 | 13:45 | 23:34 | 25:32 | ----- | 27:57 | 28:22 | 28:22 | |
| | | | | 4:49 | 5:38 | 3:18 | 9:49 | 1:58 | | 2:25 | 0:25 | 0:25 | |
| | | | | ----- | ----- | ----- | 42:17 | 44:03 | 46:12 | 47:18 | 47:58 | 47:58 | |
| | | | | | | | 42:17 | 1:46 | 2:09 | 1:06 | 0:40 | 0:40 | |

| Pl | Name | Kat | Zeit | | | | | | | | |
|--------------------|---|------|---------------|---------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
| Bahn 9 (14) | | | 1,8 km | 60 Hm | 7 P | | | | | | |
| | | | 1(63) | 2(51) | 3(65) | 4(45) | 5(55) | 6(58) | 7(100) | Ziel | |
| 1 | Judith Pfister OLG Rymenzburg | D65 | 22:25 | 8:30 | 11:27 | 16:12 | 18:34 | 19:13 | 21:07 | 21:55 | 22:25 |
| | | | | 8:30 | 2:57 | 4:45 | 2:22 | 0:39 | 1:54 | 0:48 | 0:30 |
| 2 | Asta Terkelsen OK Gorm | D70 | 31:05 | 11:18 | 15:27 | 20:47 | 25:50 | 27:10 | 29:32 | 30:31 | 31:05 |
| | | | | 11:18 | 4:09 | 5:20 | 5:03 | 1:20 | 2:22 | 0:59 | 0:34 |
| 3 | Ruth Hansen OK Skärmen | D70 | 34:21 | 13:09 | 17:04 | 25:15 | 29:08 | 30:00 | 32:37 | 33:50 | 34:21 |
| | | | | 13:09 | 3:55 | 8:11 | 3:53 | 0:52 | 2:37 | 1:13 | 0:31 |
| 4 | Helle Truelsen Holstebro OK | D65 | 34:35 | 11:42 | 16:07 | 24:31 | 27:53 | 29:13 | 32:24 | 33:49 | 34:35 |
| | | | | 11:42 | 4:25 | 8:24 | 3:22 | 1:20 | 3:11 | 1:25 | 0:46 |
| 5 | Christa Zwickler Argus | D65 | 35:35 | 8:07 | 21:30 | 27:49 | 30:17 | 31:14 | 34:00 | 35:06 | 35:35 |
| | | | | 8:07 | 13:23 | 6:19 | 2:28 | 0:57 | 2:46 | 1:06 | 0:29 |
| 6 | Merete Ravnshøj Ande Herlufsholm | D65 | 38:10 | 7:36 | 25:29 | 30:34 | 33:12 | 34:08 | 36:33 | 37:42 | 38:10 |
| | | | | 7:36 | 17:53 | 5:05 | 2:38 | 0:56 | 2:25 | 1:09 | 0:28 |
| 7 | Danielle Nolens hamok | D70 | 38:29 | 12:26 | 19:08 | 27:27 | 31:37 | 32:46 | 36:31 | 37:50 | 38:29 |
| | | | | 12:26 | 6:42 | 8:19 | 4:10 | 1:09 | 3:45 | 1:19 | 0:39 |
| 8 | Lisbeth Jensen OK Skärmen | D70 | 38:38 | 17:37 | 21:36 | 27:45 | 31:00 | 33:03 | 36:46 | 38:06 | 38:38 |
| | | | | 17:37 | 3:59 | 6:09 | 3:15 | 2:03 | 3:43 | 1:20 | 0:32 |
| 9 | Monica Roeling KOVZ | D65 | 39:43 | 15:30 | 20:22 | 32:34 | 34:43 | 35:29 | 38:06 | 39:12 | 39:43 |
| | | | | 15:30 | 4:52 | 12:12 | 2:09 | 0:46 | 2:37 | 1:06 | 0:31 |
| 10 | Trille Ditlevsen Horsens OK | D65 | 43:18 | 9:19 | 14:27 | 36:03 | 38:07 | 39:08 | 41:53 | 42:44 | 43:18 |
| | | | | 9:19 | 5:08 | 21:36 | 2:04 | 1:01 | 2:45 | 0:51 | 0:34 |
| 11 | Rosemarie Fillinger SV IHW Alex Berlin | D70 | 43:56 | 10:42 | 30:14 | 35:50 | 38:56 | 40:03 | 42:18 | 43:26 | 43:56 |
| | | | | 10:42 | 19:32 | 5:36 | 3:06 | 1:07 | 2:15 | 1:08 | 0:30 |
| 12 | Jytte Larsen Silkeborg OK | D70 | 47:58 | 13:33 | 26:28 | 36:09 | 39:31 | 41:04 | 45:46 | 47:15 | 47:58 |
| | | | | 13:33 | 12:55 | 9:41 | 3:22 | 1:33 | 4:42 | 1:29 | 0:43 |
| 13 | Lena Hansen Herlufsholm | D65 | 84:39 | 52:37 | 57:22 | 65:25 | 70:36 | 78:14 | 81:53 | 83:47 | 84:39 |
| | | | | 52:37 | 4:45 | 8:03 | 5:11 | 7:38 | 3:39 | 1:54 | 0:52 |
| | Dicky Mooij Argus | D65 | N Ang | | | | | | | | |
| Bahn 10 (8) | | | 1,6 km | 50 Hm | 7 P | | | | | | |
| | | | 1(56) | 2(51) | 3(65) | 4(45) | 5(55) | 6(58) | 7(100) | Ziel | |
| 1 | Horst Mevius Lübecker TS | H80 | 27:10 | 5:15 | 8:38 | 16:11 | 20:49 | 22:05 | 25:20 | 26:38 | 27:10 |
| | | | | 5:15 | 3:23 | 7:33 | 4:38 | 1:16 | 3:15 | 1:18 | 0:32 |
| 2 | Gunnar Tamberg Ballerup OK | H80 | 31:55 | 8:25 | 12:26 | 20:17 | 24:41 | 25:53 | 29:33 | 31:07 | 31:55 |
| | | | | 8:25 | 4:01 | 7:51 | 4:24 | 1:12 | 3:40 | 1:34 | 0:48 |
| 3 | Wolfgang Wittiber Bielefelder SC | H80 | 35:16 | 5:50 | 11:37 | 20:57 | 24:39 | 26:50 | 32:36 | 34:30 | 35:16 |
| | | | | 5:50 | 5:47 | 9:20 | 3:42 | 2:11 | 5:46 | 1:54 | 0:46 |
| 4 | Edit Thomsen OK Syd | D75 | 36:48 | 5:21 | 9:03 | 25:38 | 29:25 | 31:00 | 34:46 | 36:08 | 36:48 |
| | | | | 5:21 | 3:42 | 16:35 | 3:47 | 1:35 | 3:46 | 1:22 | 0:40 |
| 5 | Eisbeth Haslinger OL Brütten | D75 | 37:34 | 5:42 | 16:37 | 25:19 | 29:25 | 30:37 | 35:08 | 36:56 | 37:34 |
| | | | | 5:42 | 10:55 | 8:42 | 4:06 | 1:12 | 4:31 | 1:48 | 0:38 |
| 6 | Susan Tamberg Ballerup OK | D75 | 37:37 | 6:31 | 11:18 | 21:40 | 26:12 | 27:56 | 34:19 | 36:33 | 37:37 |
| | | | | 6:31 | 4:47 | 10:22 | 4:32 | 1:44 | 6:23 | 2:14 | 1:04 |
| 7 | Aase Thyssen Horsens OK | D75 | 37:51 | 5:46 | 16:18 | 24:47 | 27:56 | 29:39 | 35:14 | 37:08 | 37:51 |
| | | | | 5:46 | 10:32 | 8:29 | 3:09 | 1:43 | 5:35 | 1:54 | 0:43 |
| 8 | Rudolf Taurit Phoenix Lübeck | H80 | 52:35 | 8:21 | 17:12 | 31:22 | 37:00 | 39:09 | 47:28 | 50:59 | 52:35 |
| | | | | 8:21 | 8:51 | 14:10 | 5:38 | 2:09 | 8:19 | 3:31 | 1:36 |
| Bahn 11 (9) | | | 3,2 km | 130 Hm | 8 P | | | | | | |
| | | | 1(61) | 2(35) | 3(50) | 4(59) | 5(43) | 6(65) | 7(58) | 8(100) | Ziel |
| 1 | Oliver Hillebrandt RW Allershausen | H21B | 28:26 | 4:18 | 8:20 | 10:35 | 15:51 | 20:39 | 24:16 | 27:17 | 28:03 |
| | | | | 4:18 | 4:02 | 2:15 | 5:16 | 4:48 | 3:37 | 3:01 | 0:46 |
| 2 | Daniel Cionoiu TV Coburg-Neuses | H14 | 32:50 | 4:53 | 9:56 | 12:31 | 19:08 | 25:13 | 28:46 | 31:27 | 32:50 |
| | | | | 4:53 | 5:03 | 2:35 | 6:37 | 6:05 | 3:33 | 2:41 | 1:01 |
| 3 | Tino Nijst Omega | H21B | 33:42 | 4:59 | 10:19 | 13:44 | 20:10 | 24:42 | 28:52 | 32:26 | 33:42 |
| | | | | 4:59 | 5:20 | 3:25 | 6:26 | 4:32 | 4:10 | 3:34 | 0:52 |
| 4 | Weihang Huang Berliner TS | H14 | 34:35 | 6:13 | 11:17 | 13:46 | 19:53 | 24:35 | 28:07 | 33:20 | 34:13 |
| | | | | 6:13 | 5:04 | 2:29 | 6:07 | 4:42 | 3:32 | 5:13 | 0:53 |
| 5 | Michael Peukert SV IHW Alex Berlin | H21B | 52:44 | 6:17 | 17:06 | 20:12 | 32:00 | 41:16 | 45:59 | 51:09 | 52:44 |
| | | | | 6:17 | 10:49 | 3:06 | 11:48 | 9:16 | 4:43 | 5:10 | 1:07 |
| 6 | Olaf Hey MTK Bad Harzburg | H21B | 58:14 | 11:25 | 19:19 | 23:05 | 34:52 | 44:02 | 49:44 | 57:05 | 57:49 |
| | | | | 11:25 | 7:54 | 3:46 | 11:47 | 9:10 | 5:42 | 7:21 | 0:44 |
| 7 | Stig Andersen Herlufsholm | H21B | 71:32 | 11:13 | 21:36 | 26:45 | 40:58 | 53:14 | 60:37 | 68:40 | 71:32 |
| | | | | 11:13 | 10:23 | 5:09 | 14:13 | 12:16 | 7:23 | 8:03 | 1:48 |
| 8 | Jörg Baumann TSV Delliehausen | H21B | 144:50 | 10:48 | 48:29 | 61:42 | 80:49 | 121:39 | 128:48 | 141:11 | 144:05 |
| | | | | 10:48 | 37:41 | 13:13 | 19:07 | 40:50 | 7:09 | 12:23 | 2:54 |
| | Emil von Gaza OLV Uslar | H14 | N Ang | | | | | | | | |
| Bahn 12 (8) | | | 2,5 km | 100 Hm | 9 P | | | | | | |
| | | | 1(61) | 2(36) | 3(37) | 4(59) | 5(43) | 6(65) | 7(55) | 8(58) | 9(100) |
| 1 | Elanor Henriksen Horsens OK | D14 | 27:15 | 4:51 | 7:08 | 9:03 | 15:16 | 19:15 | 22:43 | 24:09 | 25:56 |
| | | | | 4:51 | 2:17 | 1:55 | 6:13 | 3:59 | 3:28 | 1:26 | 1:47 |
| 2 | Chiara Pfromm WOLF Haltern | D14 | 42:34 | 7:36 | 11:22 | 14:35 | 19:39 | 31:04 | 35:52 | 38:08 | 41:00 |
| | | | | 7:36 | 3:46 | 3:13 | 5:04 | 11:25 | 4:48 | 2:16 | 2:52 |
| 3 | Lisa Harms WOLF Haltern | D14 | 42:51 | 4:58 | 7:40 | 10:11 | 16:10 | 34:32 | 38:18 | 39:50 | 41:45 |
| | | | | 4:58 | 2:42 | 2:31 | 5:59 | 18:22 | 3:46 | 1:32 | 1:55 |
| | | | | | | | | | | 0:46 | 0:20 |

| Pl | Name | Kat | Zeit | | | | | | | | | | |
|---------------------|---|------|----------------------|-------------|-------------|-------------|-----------------|--------------|--------------|--------------|--------------|-------|-------|
| Bahn 12 (8) | | | 2,5 km 100 Hm | | 9 P | | (Forts.) | | | | | | |
| | | | 1(61) | 2(36) | 3(37) | 4(59) | 5(43) | 6(65) | 7(55) | 8(58) | 9(100) | Ziel | |
| 4 | Sonja Kunze OLV Uslar | D21B | 44:14 | 5:35 | 9:12 | 11:49 | 16:39 | 26:50 | 38:07 | 40:14 | 42:43 | 43:49 | 44:14 |
| | | | | 5:35 | 3:37 | 2:37 | 4:50 | 10:11 | 11:17 | 2:07 | 2:29 | 1:06 | 0:25 |
| 5 | Tinka Kankaanpää LS 37 | D14 | 44:15 | 7:32 | 12:40 | 16:17 | 23:20 | 30:10 | 36:16 | 38:59 | 42:37 | 43:45 | 44:15 |
| | | | | 7:32 | 5:08 | 3:37 | 7:03 | 6:50 | 6:06 | 2:43 | 3:38 | 1:08 | 0:30 |
| 6 | Nina Erstling Melfar OK | D21B | 48:35 | 7:15 | 11:46 | 14:04 | 17:56 | 23:55 | 41:41 | 44:25 | 46:47 | 48:10 | 48:35 |
| | | | | 7:15 | 4:31 | 2:18 | 3:52 | 5:59 | 17:46 | 2:44 | 2:22 | 1:23 | 0:25 |
| 7 | Kirsten Rauff OK Gorm | D21B | 66:59 | 9:42 | 26:08 | 30:11 | 41:14 | 51:27 | 59:33 | 62:24 | 65:29 | 66:33 | 66:59 |
| | | | | 9:42 | 16:26 | 4:03 | 11:03 | 10:13 | 8:06 | 2:51 | 3:05 | 1:04 | 0:26 |
| 8 | Claudia Weigert Braunschweiger MTV | D21B | 67:27 | 5:54 | 10:11 | 13:37 | 22:43 | 43:03 | 58:55 | 61:42 | 65:42 | 66:49 | 67:27 |
| | | | | 5:54 | 4:17 | 3:26 | 9:06 | 20:20 | 15:52 | 2:47 | 4:00 | 1:07 | 0:38 |
| Bahn 13 (8) | | | 1,6 km 70 Hm | | 7 P | | | | | | | | |
| | | | 1(52) | 2(56) | 3(57) | 4(54) | 5(55) | 6(58) | 7(100) | Ziel | | | |
| 1 | Emil Hempel USV TU Dresden | H12 | 18:57 | 2:32 | 3:50 | 8:59 | 13:06 | 15:20 | 17:41 | 18:31 | 18:57 | | |
| | | | | 2:32 | 1:18 | 5:09 | 4:07 | 2:14 | 2:21 | 0:50 | 0:26 | | |
| 2 | Astrid Denk SV Handwerk Erfurt | OK | 20:18 | 2:26 | 3:39 | 9:12 | 14:28 | 16:24 | 18:41 | 19:56 | 20:18 | | |
| | | | | 2:26 | 1:13 | 5:33 | 5:16 | 1:56 | 2:17 | 1:15 | 0:22 | | |
| 3 | Marit Zwikker Argus | D12 | 24:41 | 2:31 | 3:42 | 7:51 | 18:14 | 20:54 | 23:26 | 24:20 | 24:41 | | |
| | | | | 2:31 | 1:11 | 4:09 | 10:23 | 2:40 | 2:32 | 0:54 | 0:21 | | |
| 4 | Sean Nitsche OLV Uslar | H12 | 26:22 | 3:16 | 4:19 | 10:41 | 17:38 | 22:14 | 25:03 | 25:50 | 26:22 | | |
| | | | | 3:16 | 1:03 | 6:22 | 6:57 | 4:36 | 2:49 | 0:47 | 0:32 | | |
| 5 | Anna Weigert Braunschweiger MTV | D12 | 30:14 | 2:48 | 3:56 | 14:18 | 22:36 | 26:15 | 28:45 | 29:47 | 30:14 | | |
| | | | | 2:48 | 1:08 | 10:22 | 8:18 | 3:39 | 2:30 | 1:02 | 0:27 | | |
| 6 | Marco Urzua Wöhrer TV Jahn Wolfsburg | H12 | 30:55 | 11:52 | 13:02 | 20:34 | 25:11 | 27:34 | 29:46 | 30:33 | 30:55 | | |
| | | | | 11:52 | 1:10 | 7:32 | 4:37 | 2:23 | 2:12 | 0:47 | 0:22 | | |
| 7 | Erna Elisabeth Germa Horsens OK | OK | 53:15 | 30:43 | 32:05 | 37:09 | 43:48 | 46:51 | 50:15 | 51:37 | 53:15 | | |
| | | | | 30:43 | 1:22 | 5:04 | 6:39 | 3:03 | 3:24 | 1:22 | 1:38 | | |
| AK | Jorgo Hey MTK Bad Harzburg | H12 | 44:33 | 4:35 | 7:16 | 18:38 | 27:30 | 30:47 | 41:59 | 43:50 | 44:33 | 43:51 | |
| | | | | 4:35 | 2:41 | 11:22 | 8:52 | 3:17 | 11:12 | 1:51 | 0:43 | *100 | |
| Bahn 14 (19) | | | 1,3 km 30 Hm | | 6 P | | | | | | | | |
| | | | 1(52) | 2(53) | 3(54) | 4(55) | 5(58) | 6(100) | Ziel | | | | |
| 1 | Fidel Cain TSV Karlshorst | H10 | 11:09 | 1:55 | 3:08 | 4:50 | 7:18 | 9:39 | 10:44 | 11:09 | | | |
| | | | | 1:55 | 1:13 | 1:42 | 2:28 | 2:21 | 1:05 | 0:25 | | | |
| 2 | Julius Flach TSV Karlshorst | H10 | 11:32 | 2:28 | 3:26 | 5:12 | 7:12 | 9:59 | 11:08 | 11:32 | | | |
| | | | | 2:28 | 0:58 | 1:46 | 2:00 | 2:47 | 1:09 | 0:24 | | | |
| 3 | Kiara Nijst Omega | DH10 | 12:46 | 2:33 | 3:40 | 5:50 | 8:55 | 11:29 | 12:21 | 12:46 | | | |
| | | | | 2:33 | 1:07 | 2:10 | 3:05 | 2:34 | 0:52 | 0:25 | | | |
| 4 | Elin Zwikker Argus | DH10 | 12:50 | 2:43 | 4:07 | 6:18 | 9:00 | 11:33 | 12:27 | 12:50 | | | |
| | | | | 2:43 | 1:24 | 2:11 | 2:42 | 2:33 | 0:54 | 0:23 | | | |
| 5 | Esther Henriksen Horsens OK | D10 | 13:39 | 3:56 | 5:15 | 7:12 | 10:01 | 12:27 | 13:14 | 13:39 | | | |
| | | | | 3:56 | 1:19 | 1:57 | 2:49 | 2:26 | 0:47 | 0:25 | | | |
| 6 | Aron Pfister OLG Rymenzburg | DH10 | 15:37 | 2:49 | 4:24 | 7:01 | 10:10 | 13:12 | 15:07 | 15:37 | | | |
| | | | | 2:49 | 1:35 | 2:37 | 3:09 | 3:02 | 1:55 | 0:30 | | | |
| 7 | Jule Weigert Braunschweiger MTV | D10 | 15:56 | 2:39 | 3:48 | 7:23 | 9:57 | 13:45 | 15:29 | 15:56 | | | |
| | | | | 2:39 | 1:09 | 3:35 | 2:34 | 3:48 | 1:44 | 0:27 | | | |
| 8 | Matthias Harms WOLF Haltern | DH10 | 16:12 | 3:20 | 5:26 | 7:54 | 10:37 | 14:37 | 15:45 | 16:12 | | | |
| | | | | 3:20 | 2:06 | 2:28 | 2:43 | 4:00 | 1:08 | 0:27 | | | |
| 9 | Julian Stijkel Argus | DH10 | 16:13 | 2:57 | 4:28 | 6:46 | 10:40 | 14:28 | 15:51 | 16:13 | | | |
| | | | | 2:57 | 1:31 | 2:18 | 3:54 | 3:48 | 1:23 | 0:22 | | | |
| 10 | Maximilian Loth ohne Verein, Loth | DH10 | 17:53 | 2:52 | 4:15 | 6:56 | 10:01 | 16:03 | 17:22 | 17:53 | | | |
| | | | | 2:52 | 1:23 | 2:41 | 3:05 | 6:02 | 1:19 | 0:31 | | | |
| 11 | Nelly Flach TSV Karlshorst | DH10 | 18:55 | 3:20 | 5:00 | 7:56 | 12:46 | 16:43 | 18:08 | 18:55 | | | |
| | | | | 3:20 | 1:40 | 2:56 | 4:50 | 3:57 | 1:25 | 0:47 | | | |
| 12 | Erik Urzua Wöhrer TV Jahn Wolfsburg | H10 | 20:19 | 2:20 | 6:09 | 8:36 | 15:24 | 18:30 | 19:52 | 20:19 | | | |
| | | | | 2:20 | 3:49 | 2:27 | 6:48 | 3:06 | 1:22 | 0:27 | | | |
| 13 | Luise Hempel USV TU Dresden | D10 | 20:33 | 2:39 | 10:26 | 12:51 | 16:24 | 19:06 | 20:05 | 20:33 | | | |
| | | | | 2:39 | 7:47 | 2:25 | 3:33 | 2:42 | 0:59 | 0:28 | | | |
| 14 | Sania Stamer und Fite MTK Bad Harzburg | DH10 | 24:33 | 3:27 | 5:17 | 8:39 | 14:56 | 21:39 | 24:04 | 24:33 | | | |
| | | | | 3:27 | 1:50 | 3:22 | 6:17 | 6:43 | 2:25 | 0:29 | | | |
| 15 | Kjell Gödde DJK Adler 07 Bottrop | DH10 | 28:20 | 5:10 | 7:45 | 12:34 | 18:14 | 25:43 | 27:35 | 28:20 | | | |
| | | | | 5:10 | 2:35 | 4:49 | 5:40 | 7:29 | 1:52 | 0:45 | | | |
| 16 | Irene Hey MTK Bad Harzburg | D10 | 33:39 | 4:10 | 7:13 | 11:43 | 16:23 | 20:26 | 33:14 | 33:39 | | | |
| | | | | 4:10 | 3:03 | 4:30 | 4:40 | 4:03 | 12:48 | 0:25 | | | |
| 17 | Martin Knörger HSG Merseburg | DH10 | 33:47 | 3:39 | 5:40 | 23:04 | 26:07 | 31:15 | 33:18 | 33:47 | | | |
| | | | | 3:39 | 2:01 | 17:24 | 3:03 | 5:08 | 2:03 | 0:29 | | | |
| | Olivia Nitsche | DH10 | N Ang | | | | | | | | | | |
| | OLV Uslar | | | | | | | | | | | | |
| | Laura Knörger | DH10 | N Ang | | | | | | | | | | |
| | HSG Merseburg | | | | | | | | | | | | |