

Pl Name	Kat	Zeit																				
			1(31)	2(41)	3(52)	4(47)	5(32)	6(38)	7(37)	8(49)	9(57)	10(64)	11(69)	12(66)	13(68)	14(67)						
Bahn 1 (13)			5,2 km 230 Hm			19 P																
			15(63)	16(61)	17(58)	18(50)	19(100)	Ziel														
1 Ole Hennseler MTV Seesen	H19L	35:45	1:39	3:05	4:01	4:35	6:12	7:20	8:28	12:10	15:22	21:21	23:50	25:19	26:54	28:17						
			1:39	1:26	0:56	0:34	1:37	1:08	1:08	3:42	3:12	5:59	2:29	1:29	1:35	1:23						
			29:36	31:47	33:33	34:34	35:11	35:45														
2 Bojan Blumenstein OSC Kassel	H19L	39:44	1:19	2:11	1:46	1:01	0:37	0:34														
			2:18	4:03	4:59	5:32	7:10	8:35	9:50	13:25	16:52	23:17	26:18	28:10	30:02	31:31						
			2:18	1:45	0:56	0:33	1:38	1:25	1:15	3:35	3:27	6:25	3:01	1:52	1:52	1:29						
			32:47	34:58	36:35	38:14	39:01	39:44														
3 Sebastian Bergmann OSC Kassel	H19L	42:20	1:16	2:11	1:37	1:39	0:47	0:43														
			2:03	3:56	5:01	5:40	8:07	9:32	10:43	14:54	19:10	25:43	28:44	31:11	33:02	34:25						
			2:03	1:53	1:05	0:39	2:27	1:25	1:11	4:11	4:16	6:33	3:01	2:27	1:51	1:23						
			35:44	38:02	39:44	40:53	41:39	42:20														
4 Sergei Roskop Braunschweiger MTV	H19L	42:31	1:19	2:18	1:42	1:09	0:46	0:41														
			1:59	3:48	5:02	5:36	7:46	9:12	10:22	14:42	19:07	25:32	28:31	30:50	32:41	34:22						
			1:59	1:49	1:14	0:34	2:10	1:26	1:10	4:20	4:25	6:25	2:59	2:19	1:51	1:41						
			35:45	37:17	39:09	40:59	41:58	42:31														
5 Markus Müller OSC Kassel	H19L	42:51	1:23	1:32	1:52	1:50	0:59	0:33			*35	*65	*55									
			1:50	3:28	4:36	5:14	6:54	8:27	9:37	13:38	17:44	24:36	27:51	30:34	32:29	34:03						
			1:50	1:38	1:08	0:38	1:40	1:33	1:10	4:01	4:06	6:52	3:15	2:43	1:55	1:34						
			35:33	38:23	40:17	41:27	42:12	42:51														
6 Björn Frieling RCEH Celle	H35	49:33	1:30	2:50	1:54	1:10	0:45	0:39														
			2:41	4:41	5:52	6:37	8:39	10:10	11:20	15:07	22:04	29:29	32:53	35:44	38:06	39:38						
			2:41	2:00	1:11	0:45	2:02	1:31	1:10	3:47	6:57	7:25	3:24	2:51	2:22	1:32						
			41:32	44:07	46:38	48:00	48:54	49:33														
7 Fabian Ulbrich OLV Uslar	H19L	49:57	1:54	2:35	2:31	1:22	0:54	0:39														
			2:18	4:20	5:41	6:23	8:34	10:26	11:59	16:43	21:05	29:14	32:40	35:03	37:43	39:40						
			2:18	2:02	1:21	0:42	2:11	1:52	1:33	4:44	4:22	8:09	3:26	2:23	2:40	1:57						
			41:41	44:18	46:38	48:18	49:08	49:57														
8 Joachim Stamer MTK Bad Harzburg	H19L	50:07	2:01	2:37	2:20	1:40	0:50	0:49														
			1:59	4:04	5:11	5:46	7:45	9:20	10:35	16:41	21:16	28:43	32:04	34:26	36:45	38:36						
			1:59	2:05	1:07	0:35	1:59	1:35	1:15	6:06	4:35	7:27	3:21	2:22	2:19	1:51						
			40:26	44:21	46:54	48:23	49:17	50:07														
9 Malte Finkenstädt OLV Uslar	H19L	66:36	1:50	3:55	2:33	1:29	0:54	0:50														
			3:33	6:23	7:47	8:50	11:25	13:28	15:31	21:54	31:10	41:28	45:44	49:28	52:21	54:53						
			3:33	2:50	1:24	1:03	2:35	2:03	2:03	6:23	9:16	10:18	4:16	3:44	2:53	2:32						
			56:54	59:37	62:46	64:35	65:47	66:36														
10 Tobias Meyer ohne Verein, Meyer	H19L	70:07	2:01	2:43	3:09	1:49	1:12	0:49														
			3:14	7:01	8:32	9:29	15:10	17:15	19:00	25:25	31:08	42:32	48:30	51:40	54:08	56:50						
			3:14	3:47	1:31	0:57	5:41	2:05	1:45	6:25	5:43	11:24	5:58	3:10	2:28	2:42						
			59:01	62:59	65:33	67:54	69:12	70:07														
11 Marcel Frank SV Hildesia Diekholzen	H35	84:40	2:11	3:58	2:34	2:21	1:18	0:55			1:08	67:08										
			3:43	6:57	9:24	10:23	14:34	17:48	19:48	26:04	34:41	46:24	50:46	54:01	58:56	62:08						
			3:43	3:14	2:27	0:59	4:11	3:14	2:00	6:16	8:37	11:43	4:22	3:15	4:55	3:12						
			65:45	74:09	78:42	81:55	83:47	84:40														
Paulo Urzua Torres TV Jahn Wolfsburg	H35	Fehlst	3:37	8:24	4:33	3:13	1:52	0:53														
			3:03	5:13	6:31	7:10	9:21	-----	12:50	21:11	26:55	37:24	41:35	45:36	48:41	51:26						
			3:03	2:10	1:18	0:39	2:11	-----	3:29	8:21	5:44	10:29	4:11	4:01	3:05	2:45						
			53:25	59:31	62:32	64:45	66:07	67:07														
Alfonso Cuesta Hernan TV Jahn Wolfsburg	H35	Aufg	1:59	6:06	3:01	2:13	1:22	1:00			10:25	*33										
			40:09	48:22	59:19	60:33	66:25	73:08	77:47	88:14	108:51	-----	-----	-----	-----	-----						
			40:09	8:13	10:57	1:14	5:52	6:43	4:39	10:27	20:37											
			-----	-----	-----	-----	-----															

Pl Name	Kat	Zeit															
			1(31)	2(52)	3(34)	4(42)	5(49)	6(57)	7(64)	8(69)	9(66)	10(67)	11(63)	12(58)	13(50)	14(100)	
Bahn 2 (10)			4,3 km 180 Hm			14 P											
			Ziel														
1 Tom Buchholz MTK Bad Harzburg	H18	36:20	1:50	4:26	9:04	10:56	12:36	16:57	23:25	26:29	28:36	30:41	31:54	33:46	34:56	35:41	
			1:50	2:36	4:38	1:52	1:40	4:21	6:28	3:04	2:07	2:05	1:13	1:52	1:10	0:45	
			36:20														
2 Nilas Stamer MTK Bad Harzburg	H18	37:32	0:39	5:00	7:51	9:07	11:12	15:37	22:58	26:33	28:51	31:25	33:05	35:03	36:16	36:54	
			2:00	3:00	2:51	1:16	2:05	4:25	7:21	3:35	2:18	2:34	1:40	1:58	1:13	0:38	
			37:32														
			0:38														
3 Jan Klose MTV Seesen	H18	39:47	2:42	5:28	9:06	10:27	12:23	17:44	24:57	28:08	30:21	32:39	35:25	37:18	38:28	39:11	
			2:42	2:46	3:38	1:21	1:56	5:21	7:13	3:11	2:13	2:18	2:46	1:53	1:10	0:43	
			39:47														
			0:36														
4 Aaron Wandelt MTV Seesen	H18	40:43	2:16	5:21	8:36	9:51	11:49	17:00	24:49	28:33	30:57	33:25	35:34	37:43	39:13	40:04	
			2:16	3:05	3:15	1:15	1:58	5:11	7:49	3:44	2:24	2:28	2:09	2:09	1:30	0:51	
			40:43														
			0:39														
5 Birte Friedrichs MTV Seesen	D19L	41:34	2:11	5:36	9:09	10:26	12:28	17:12	25:47	29:29	31:48	34:26	35:59	38:22	39:51	40:41	
			2:11	3:25	3:33	1:17	2:02	4:44	8:35	3:42	2:19	2:38	1:33	2:23	1:29	0:50	
			41:34														
			0:53														
6 Esther Stamer MTK Bad Harzburg	D19L	49:36	2:52	6:45	11:09	12:43	15:07	20:45	30:19	34:33	37:45	40:43	42:48	45:34	47:28	48:45	
			2:52	3:53	4:24	1:34	2:24	5:38	9:34	4:14	3:12	2:58	2:05	2:46	1:54	1:17	
			49:36														
			0:51														

Pl Name	Kat	Zeit																
Bahn 2 (10)			4,3 km 180 Hm	14 P	<i>(Forts.)</i>													
			1(31) Ziel	2(52)	3(34)	4(42)	5(49)	6(57)	7(64)	8(69)	9(66)	10(67)	11(63)	12(58)	13(50)	14(100)		
7 Uta Hillebrand TK Hannover	D19L	50:04	2:46 2:46 50:04 0:44	6:33 3:47	10:35 4:02 47:43 *55	11:41 1:06	14:13 2:32	22:19 8:06	31:16 8:57	35:15 3:59	39:21 4:06	42:08 2:47	44:00 1:52	46:13 2:13	48:17 2:04	49:20 1:03		
8 Pia Buchholz MTK Bad Harzburg	D19L	57:42	3:13 3:13 57:42 0:51	7:31 4:18	12:22 4:51	14:15 1:53	17:36 3:21	24:28 6:52	34:44 10:16	39:52 5:08	43:56 4:04	47:13 3:17	49:08 1:55	51:50 2:42	55:48 3:58	56:51 1:03		
9 Melanie Günther Kölnener OL-Team	D19L	57:43	4:14 4:14 57:43 0:51	8:16 4:02	12:46 4:30	14:49 2:03	17:42 2:53	25:17 7:35	36:28 11:11	42:08 5:40	45:41 3:33	48:53 3:12	51:04 2:11	53:38 2:34	55:32 1:54	56:52 1:20		
Svenja Pabst OLV Uslar	D19L	Fehlst	2:56 2:56 52:13 0:53	6:50 3:54	11:17 4:27	12:40 1:23	15:04 2:24	21:36 6:32	31:58 10:22	37:11 5:13	40:24 3:13	43:32 3:08	-----	48:29 4:57	50:19 1:50	51:20 1:01		
Bahn 3 (16)			4,2 km 190 Hm	14 P														
			1(39) Ziel	2(41)	3(52)	4(47)	5(38)	6(37)	7(49)	8(57)	9(64)	10(65)	11(67)	12(63)	13(58)	14(100)		
1 Gerrit Rode TSV Worpsswede	H45	36:38	1:02 1:02 36:38 0:38	3:26 2:24	4:26 1:00	4:57 0:31	8:07 3:10	9:24 1:17	14:36 5:12	18:59 4:23	26:25 7:26	28:52 2:27	30:23 1:31	32:20 1:57	34:19 1:59	36:00 1:41		
2 Rolf Breckle Bovender SV	H45	36:43	0:55 0:55 36:43 0:41	4:01 3:06	5:14 1:13	5:55 0:41	9:25 3:30	10:55 1:30	16:03 5:08	20:31 4:28	28:05 7:34	30:05 2:00	31:23 1:18	32:27 1:04	34:38 2:11	36:02 1:24		
3 Thies Knoll Bielefelder TG	H45	38:39	1:04 1:04 38:39 0:48	3:57 2:53	5:13 1:16	5:46 0:33	9:12 3:26	10:36 1:24	15:22 4:46	20:14 4:52	27:47 7:33	29:57 2:10	31:40 1:43	33:13 1:33	35:20 2:07	37:51 2:31		
4 Martin Hennseler MTV Seesen	H45	38:44	1:10 1:10 38:44 0:42	3:56 2:46	5:14 1:18	5:47 0:33	9:10 3:23	10:33 1:23	14:44 4:11	21:10 6:26	28:44 7:34	30:48 2:04	32:33 1:45	33:55 1:22	35:58 2:03	38:02 2:04		
5 Jan Voigt Eintracht Braunschwei	H45	39:32	1:12 1:12 39:32 0:50	3:58 2:46	5:19 1:21	6:01 0:42	9:18 3:17	10:48 1:30	15:01 4:13	19:27 4:26	27:38 8:11	30:03 2:25	32:42 2:39	34:29 1:47	36:45 2:16	38:42 1:57		
6 Jens Struckmann Braunschweiger MTV	H45	39:40	1:16 1:16 39:40 0:45	4:07 2:51	5:32 1:25	6:15 0:43	9:44 3:29	11:15 1:31	15:31 4:16	20:44 5:13	28:59 8:15	31:13 2:14	33:13 2:00	34:38 1:25	36:49 2:11	38:55 2:06		
7 Matthias Taurit Phoenix Lübeck	H45	44:27	1:19 1:19 44:27 0:54	4:31 3:12	5:48 1:17	6:26 0:38	10:54 4:28	12:22 1:28	17:55 5:33	23:55 6:00	33:35 9:40	35:46 2:11	37:31 1:45	38:57 1:26	41:23 2:26	43:33 2:10		
8 Dirk Strauß SV Hildesia Diekholzen	H45	50:37	1:13 1:13 50:37 0:48	4:49 3:36	6:29 1:40	7:21 0:52	12:43 5:22	14:27 1:44	20:02 5:35	25:28 5:26	37:20 11:52	41:36 4:16	43:41 2:05	45:17 1:36	47:54 2:37	49:49 1:55		
9 Oliver Hillebrandt OLV Uslar	H45	51:02	1:18 1:18 51:02 0:50	4:35 3:17	5:51 1:16	6:45 0:54	10:35 3:50	12:18 1:43	18:22 6:04	25:25 7:03	36:44 11:19	40:00 3:16	42:52 2:52	44:41 1:49	47:28 2:47	50:12 2:44		
10 Sven Buchholz MTK Bad Harzburg	H45	52:48	1:35 1:35 52:48 0:46	5:08 3:33	6:31 1:23	7:25 0:54	12:01 4:36	13:54 1:53	20:14 6:20	27:08 6:54	37:54 10:46	40:33 2:39	44:17 3:44	46:32 2:15	49:34 3:02	52:02 2:28		
11 Pasi Kankaanpää ohne Verein, Kankaanp	H45	54:29	1:11 1:11 54:29 0:52	4:46 3:35	6:25 1:39	7:16 0:51	11:36 4:20	13:24 1:48	22:23 8:59	28:50 6:27	40:34 11:44	43:50 3:16	46:09 2:19	48:48 2:39	51:29 2:41	53:37 2:08		
12 Gunnar Grote OLV Uslar	H45	59:14	3:00 3:00 59:14 1:01	6:25 3:25	9:02 2:37	10:07 1:05	17:08 7:01	18:35 1:27	27:38 9:03	34:34 6:56	45:02 10:28	48:09 3:07	50:31 2:22	53:12 2:41	55:55 2:43	58:13 2:18		
13 Christoph Napp Braunschweiger MTV	H45	66:14	2:02 2:02 66:14 1:01	6:42 4:40	8:35 1:53	9:58 1:23	15:38 5:40	17:57 2:19	25:48 7:51	32:53 7:05	46:04 13:11	51:33 5:29	56:20 4:47	58:56 2:36	62:16 3:20	65:13 2:57		
14 Peter Nödler SC Helsa	H45	67:56	2:57 2:57 67:56 0:55	7:14 4:17	8:55 1:41	9:49 0:54	16:09 6:20	18:32 2:23	26:10 7:38	36:08 9:58	49:05 12:57	53:18 4:13	56:56 3:38	60:03 3:07	63:35 3:32	67:01 3:26		

Pl	Name	Kat	Zeit		12 P										Ziel		
Bahn 6 (23)			3,1 km	120 Hm	1(41)	2(45)	3(34)	4(42)	5(49)	6(51)	7(53)	8(64)	9(63)	10(58)	11(55)	12(100)	Ziel
1	Reinhard In der Stroth Osnabrücker TB	H65	34:48	4:22	5:26	8:58	11:33	14:30	18:05	20:42	25:28	28:37	31:17	32:31	33:53	34:48	
2	Evi Drese OLV Uslar	D45	35:58	4:41	5:36	9:18	10:57	13:28	18:19	21:02	26:08	29:19	32:14	33:21	34:59	35:58	
3	Andrea Finkenstädt OLV Uslar	D45	37:02	4:40	5:57	9:43	11:22	13:58	17:44	20:21	25:12	30:24	33:20	34:42	36:08	37:02	
4	Anke von Gaza OLV Uslar	D45	37:20	5:14	6:04	9:35	11:13	13:30	16:48	19:08	23:50	30:54	33:41	34:58	36:32	37:20	
5	Carolin Bernsdorf MTV Seesen	D16	37:47	4:59	5:52	10:21	12:52	15:34	20:28	22:48	28:39	31:32	34:09	35:18	37:02	37:47	
6	Bernd Höfner OLV Uslar	H65	40:39	4:27	7:39	11:36	14:57	17:49	21:32	24:15	30:22	34:06	36:45	38:12	40:00	40:39	
7	Siegfried May RSV Hannover	H65	42:59	5:34	6:43	11:20	13:02	16:12	20:54	24:14	31:09	35:11	38:45	40:16	41:58	42:59	
8	Ferdinand Hanses TuS Bramsche	H65	43:29	5:53	7:00	11:17	13:22	16:33	22:26	25:26	31:28	35:58	39:18	40:57	42:25	43:29	
9	Lilly Hintz MTV Seesen	D16	44:03	5:21	6:22	10:50	13:15	16:15	20:56	24:11	30:51	34:36	37:58	41:27	43:07	44:03	
10	Tanja Buchholz MTK Bad Harzburg	D45	44:42	5:50	7:05	11:45	13:30	16:33	22:25	25:44	32:59	37:15	40:40	42:14	43:41	44:42	
11	Thomas Schoepf OSC Kassel	H65	46:02	5:24	9:39	14:06	16:02	19:50	24:27	27:37	34:18	38:35	42:07	43:25	44:58	46:02	
12	Gerhard Niederland TSV Schloss Ricklinge	H65	46:14	5:24	4:15	4:27	1:56	3:48	4:37	3:10	6:41	4:17	3:32	1:18	1:33	1:04	
13	Julia Stell TG Münden	D16	46:23	5:36	1:36	5:05	1:46	3:28	4:13	3:32	6:53	7:00	3:14	1:22	1:30	0:59	
14	Sabine Nash TK Hannover	D45	46:52	6:48	9:43	14:25	17:07	19:54	25:54	28:58	34:46	39:30	42:40	44:17	45:57	46:52	
15	Regine Klander-Strauß SV Hildesia Diekholzen	D45	48:52	5:53	7:02	12:08	14:28	17:37	22:37	27:23	34:11	40:05	44:18	45:59	47:42	48:52	
16	Karlheinz Niescken SSV Langenhagen	H65	49:19	10:25	11:30	15:22	17:40	20:41	24:25	27:34	34:24	41:26	44:52	46:40	48:11	49:19	
17	Silke Napp Braunschweiger MTV	D45	50:09	6:17	7:48	13:01	15:18	18:48	27:09	31:02	37:40	41:52	45:48	47:21	49:01	50:09	
18	Simona Weber Phoenix Lübeck	D45	51:37	5:44	6:59	10:57	12:51	16:11	30:37	34:38	40:25	44:26	47:58	49:30	50:55	51:37	
19	Sonja Kunze OLV Uslar	D45	53:31	6:00	7:13	11:39	13:21	23:21	31:31	34:14	40:17	44:49	48:06	51:15	52:40	53:31	
20	Ulrike Breckle Bovender SV	D45	58:20	5:48	12:17	18:08	20:19	23:58	34:50	38:35	46:05	50:14	54:04	55:41	57:14	58:20	
21	Iris Henseler MTV Seesen	D45	65:33	14:15	17:10	21:01	22:47	26:11	33:20	36:19	42:23	54:41	61:12	62:53	64:36	65:33	
	Johannes Müssen SuS Vehrte	H65	Fehlst	14:21	18:19	35:41	41:13	51:18	64:54	73:51	-----	-----	-----	104:22	110:41	114:44	
	Sylke Höfner OLV Uslar	D45	Fehlst	13:36	17:34	32:39	36:41	53:25	67:08	74:39	-----	-----	-----	108:37	112:54	116:03	
Bahn 7 (13)			2,9 km	120 Hm	1(32)	2(38)	3(42)	4(49)	5(51)	6(53)	7(56)	8(57)	9(46)	10(50)	11(55)	12(100)	Ziel
1	Heidrun Finke OLV Uslar	D55	31:27	4:17	6:32	10:08	12:35	16:09	18:54	21:11	24:29	26:20	28:32	29:16	30:32	31:27	
2	Liisa Rihko-Struckman Braunschweiger MTV	D55	39:23	4:19	7:00	10:58	14:01	20:52	23:39	26:00	30:53	32:56	35:45	36:48	38:29	39:23	
3	Ulrike Korff SC Achmer	D55	40:47	5:02	7:38	11:55	15:40	23:20	26:07	28:06	32:23	34:32	37:05	37:57	39:43	40:47	
4	Jordan Sophie Meisel OLV Uslar	D19K	41:34	4:23	7:27	12:33	15:40	20:50	23:57	27:11	31:55	35:33	38:09	38:59	40:37	41:34	
5	Claudia Ducki-Höckner MTK Bad Harzburg	D55	42:12	4:36	7:33	11:50	17:09	21:43	25:00	27:52	32:33	34:47	37:30	39:39	41:15	42:12	
6	Ulrike Friedrichs MTV Seesen	D55	44:03	4:43	7:48	12:15	18:03	22:18	25:14	27:46	34:40	37:18	40:16	41:12	42:57	44:03	
7	Lea Reppnow OLV Uslar	D19K	45:45	5:55	8:35	14:12	19:02	23:37	28:53	31:39	36:06	38:20	42:08	43:04	44:42	45:45	
8	Vivien Helmbrecht OLV Uslar	D19K	49:09	9:08	13:30	18:36	21:56	27:06	30:01	33:13	38:10	41:53	45:24	46:33	48:18	49:09	
9	Katja Eckel OLV Uslar	D19K	53:47	7:42	10:30	14:34	24:24	32:34	35:35	39:15	44:16	47:46	50:17	51:16	52:51	53:47	
10	Kiana Meisel OLV Uslar	D19K	54:47	5:59	10:05	15:51	20:16	30:07	34:36	37:32	42:23	44:58	50:32	51:52	53:45	54:47	
11	Susanne Körber OLV Uslar	D19K	61:08	5:20	12:36	19:29	22:47	32:14	36:25	39:07	47:57	51:08	55:59	58:07	60:15	61:08	
12	Kristine Schulze TV Jahn Wolfsburg	D19K	72:24	12:48	17:45	26:18	31:53	38:47	44:16	49:40	57:04	60:42	66:12	67:41	70:48	72:24	
13	Anne Hanses TuS Bramsche	D55	93:43	12:38	19:18	26:18	32:13	41:46	46:24	50:39	76:20	79:52	87:04	89:22	92:08	93:43	

Pl Name	Kat	Zeit													
Bahn 8 (5)				2,5 km 120 Hm	10 P										
			1(41)	2(47)	3(51)	4(53)	5(56)	6(57)	7(46)	8(50)	9(55)	10(100)	Ziel		
1 Günter Gohde	H75	42:34	6:17	9:29	16:49	20:23	23:17	29:36	32:31	37:13	38:41	41:12	42:34		
TK Hannover			6:17	3:12	7:20	3:34	2:54	6:19	2:55	4:42	1:28	2:31	1:22		
2 Ingrid Müssen	D65	43:19	6:07	8:22	15:27	19:58	23:19	32:27	35:15	38:52	40:00	42:18	43:19		
SuS Vehrte			6:07	2:15	7:05	4:31	3:21	9:08	2:48	3:37	1:08	2:18	1:01		
3 Reinhard Jahn	H75	48:32	6:03	8:09	17:12	21:06	24:05	30:58	34:32	43:37	44:59	47:17	48:32		
Braunschweiger MTV			6:03	2:06	9:03	3:54	2:59	6:53	3:34	9:05	1:22	2:18	1:15		
4 Gudrun In der Stroth	D65	56:32	9:08	12:46	22:34	27:11	31:42	42:41	48:29	51:45	53:24	55:16	56:32		
Osnabrücker TB			9:08	3:38	9:48	4:37	4:31	10:59	5:48	3:16	1:39	1:52	1:16		
5 Dieter Brockfeld	H75	69:59	10:21	14:21	26:22	32:20	37:37	49:39	53:36	59:24	64:02	67:51	69:59		
Osnabrücker TB			10:21	4:00	12:01	5:58	5:17	12:02	3:57	5:48	4:38	3:49	2:08		
Bahn 9 (9)				3,2 km 100 Hm	12 P										
			1(38)	2(34)	3(49)	4(51)	5(53)	6(56)	7(57)	8(44)	9(48)	10(46)	11(59)	12(100)	Ziel
1 Sven-Guido Schulze	H14	46:29	5:09	8:17	12:09	21:33	24:38	27:16	32:27	35:55	37:40	41:31	43:28	45:37	46:29
TV Jahn Wolfsburg			5:09	3:08	3:52	9:24	3:05	2:38	5:11	3:28	1:45	3:51	1:57	2:09	0:52
2 Thore Napp	H14	48:30	4:55	8:46	12:44	20:56	26:02	28:32	33:20	37:03	39:13	43:18	45:49	47:31	48:30
Braunschweiger MTV			4:55	3:51	3:58	8:12	5:06	2:30	4:48	3:43	2:10	4:05	2:31	1:42	0:59
3 Maren Strauß	D14	49:28	3:54	8:33	14:25	22:39	25:32	28:48	33:27	38:09	40:22	44:15	46:46	48:22	49:28
SV Hildesia Diekholzen			3:54	4:39	5:52	8:14	2:53	3:16	4:39	4:42	2:13	3:53	2:31	1:36	1:06
4 Fiona Nash	D14	67:04	5:00	10:13	15:01	24:30	28:20	33:56	40:35	45:28	47:20	52:58	62:14	66:08	67:04
TK Hannover			5:00	5:13	4:48	9:29	3:50	5:36	6:39	4:53	1:52	5:38	9:16	3:54	0:56
			19:34												
			*54												
5 Sophie Kuhn	D14	71:50	9:34	15:05	20:05	29:36	33:23	38:54	45:25	50:41	52:25	58:03	67:19	71:04	71:50
TK Hannover			9:34	5:31	5:00	9:31	3:47	5:31	6:31	5:16	1:44	5:38	9:16	3:45	0:46
			24:11												
			*54												
6 Inigo Cuesta Monterd	H14	117:21	12:21	16:50	24:56	35:23	40:09	50:18	74:18	94:32	100:24	107:04	111:58	115:04	117:21
TV Jahn Wolfsburg			12:21	4:29	8:06	10:27	4:46	10:09	24:00	20:14	5:52	6:40	4:54	3:06	2:17
Luis Meyer-Bertram	H14	Fehlst	11:01	15:54	29:00	----	39:52	43:56	----	----	----	61:23	----	73:47	74:53
OLV Uslar			11:01	4:53	13:06		10:52	4:04				17:27		12:24	1:06
			70:37												
			*50												
Marlene Behling	D14	N Ang													
TK Hannover															
Till Buchberger	H14	N Ang													
MTV Seesen															
Bahn 10 (13)				1,9 km 80 Hm	11 P										
			1(33)	2(34)	3(32)	4(43)	5(35)	6(44)	7(48)	8(62)	9(59)	10(60)	11(100)	Ziel	
1 Daniel Liebing	OfLe	26:37	5:00	9:41	11:08	12:24	14:38	17:13	19:11	23:20	24:01	25:02	25:49	26:37	
Bovender SV			5:00	4:41	1:27	1:16	2:14	2:35	1:58	4:09	0:41	1:01	0:47	0:48	
2 Rut Stark	D12	26:57	2:38	6:29	7:41	8:42	14:14	17:31	19:12	23:34	24:20	25:18	26:07	26:57	
MTV Seesen			2:38	3:51	1:12	1:01	5:32	3:17	1:41	4:22	0:46	0:58	0:49	0:50	
3 Johannes Eckel	H12	28:43	3:00	8:47	9:38	10:36	16:12	19:17	21:06	25:23	26:11	27:10	27:49	28:43	
OLV Uslar			3:00	5:47	0:51	0:58	5:36	3:05	1:49	4:17	0:48	0:59	0:39	0:54	
4 Brandon Nash	H12	31:32	2:53	7:02	8:53	11:34	15:05	18:32	20:51	26:37	27:47	29:14	30:33	31:32	
TK Hannover			2:53	4:09	1:51	2:41	3:31	3:27	2:19	5:46	1:10	1:27	1:19	0:59	
5 Felix Salau	H12	33:43	3:05	6:41	9:17	13:00	15:54	24:22	26:10	30:31	31:14	32:07	32:51	33:43	
MTV Seesen			3:05	3:36	2:36	3:43	2:54	8:28	1:48	4:21	0:43	0:53	0:44	0:52	
6 Ralf Gerling-Becker	OfLe	34:35	5:46	10:20	16:27	18:22	21:25	24:22	26:22	30:19	31:24	32:30	33:28	34:35	
TG Münden			5:46	4:34	6:07	1:55	3:03	2:57	2:00	3:57	1:05	1:06	0:58	1:07	
7 Karla Breckle	D12	35:19	2:16	5:21	6:31	9:40	12:45	21:56	24:51	31:41	33:02	33:52	34:34	35:19	
Bovender SV			2:16	3:05	1:10	3:09	3:05	9:11	2:55	6:50	1:21	0:50	0:42	0:45	
8 Jette Körber	D12	40:12	4:23	10:33	12:20	14:48	19:32	24:28	27:14	34:11	36:35	38:08	39:03	40:12	
OLV Uslar			4:23	6:10	1:47	2:28	4:44	4:56	2:46	6:57	2:24	1:33	0:55	1:09	
9 Lucia Stolze	D12	45:18	2:47	12:18	13:21	19:36	22:41	31:58	34:49	41:30	43:01	43:49	44:33	45:18	
Bovender SV			2:47	9:31	1:03	6:15	3:05	9:17	2:51	6:41	1:31	0:48	0:44	0:45	
10 Ole Siebrecht	H12	46:53	4:48	14:22	15:35	21:38	26:25	31:33	34:14	41:07	43:26	45:05	45:55	46:53	
OLV Uslar			4:48	9:34	1:13	6:03	4:47	5:08	2:41	6:53	2:19	1:39	0:50	0:58	
11 Erik Urzua Wöhrer	H12	52:04	3:00	7:59	13:08	13:44	16:22	19:48	21:14	47:02	48:37	50:11	51:01	52:04	
TV Jahn Wolfsburg			3:00	4:59	5:09	0:36	2:38	3:26	1:26	25:48	1:35	1:34	0:50	1:03	
12 Lamis Mousa	D12	54:28	12:16	18:26	19:40	22:36	25:53	35:06	37:54	45:23	51:58	52:38	53:41	54:28	
OLV Uslar			12:16	6:10	1:14	2:56	3:17	9:13	2:48	7:29	6:35	0:40	1:03	0:47	
Günter Stark	OfLe	Fehlst	20:13	25:27	28:03	33:05	36:44	45:44	49:41	----	62:09	63:32	64:52	66:07	
MTV Seesen			20:13	5:14	2:36	5:02	3:39	9:00	3:57		12:28	1:23	1:20	1:15	
															56:32
															*50
Bahn 11 (8)				1,6 km 30 Hm	8 P										
			1(33)	2(43)	3(36)	4(48)	5(62)	6(59)	7(60)	8(100)	Ziel				
1 Hanna Stark	D/H10	25:00	3:39	5:57	8:42	12:53	19:58	21:38	23:04	24:12	25:00				
MTV Seesen			3:39	2:18	2:45	4:11	7:05	1:40	1:26	1:08	0:48				
2 Espen Liebing	D/H10	27:15	4:34	6:57	10:11	14:25	21:11	22:58	24:34	25:47	27:15				
Bovender SV			4:34	2:23	3:14	4:14	6:46	1:47	1:36	1:13	1:28				
3 Leif Liebing	D/H10	45:43	4:57	6:54	9:36	16:05	37:54	40:41	42:34	43:50	45:43				
Bovender SV			4:57	1:57	2:42	6:29	21:49	2:47	1:53	1:16	1:53				
4 Leonie Lochte	D10	50:43	15:34	19:51	25:12	37:30	44:04	45:57	47:44	48:58	50:43				
SV Hildesia Diekholzen			15:34	4:17	5:21	12:18	6:34	1:53	1:47	1:14	1:45				

Pl Name	Kat	Zeit										
Bahn 11 (8)			1,6 km 30 Hm	8 P	<i>(Forts.)</i>							
			1(33)	2(43)	3(36)	4(48)	5(62)	6(59)	7(60)	8(100)	Ziel	
5 Matias Cuesta Monterd	D/H10	54:31	10:53	14:26	17:23	28:37	39:08	47:40	49:23	52:44	54:31	
TV Jahn Wolfsburg			10:53	3:33	2:57	11:14	10:31	8:32	1:43	3:21	1:47	
Miguel Castilho Marcao	H10	Fehlst	5:22	6:53	9:25	13:56	20:49	-----	22:58	28:52	29:51	
SV Hildesia Diekholzen			5:22	1:31	2:32	4:31	6:53	-----	2:09	5:54	0:59	
Romy Frank	D10	Fehlst	3:22	9:02	11:27	-----	22:59	-----	25:02	30:54	31:54	
SV Hildesia Diekholzen			3:22	5:40	2:25	-----	11:32	-----	2:03	5:52	1:00	
Sania Stamer	D10	Fehlst	3:45	9:29	13:03	21:44	28:42	-----	31:00	36:52	37:49	
SV Hildesia Diekholzen			3:45	5:44	3:34	8:41	6:58	-----	2:18	5:52	0:57	